MOUNTAIN WEATHER INFORMATION SERVICE

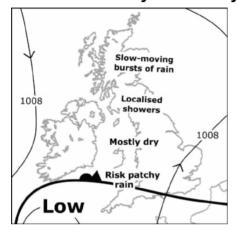
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 5 May, 2024



British Mountain Summary: Based on forecast chart for noon 5 May, 2024

A slack weather pattern with light winds and fairly humid air. A lot of cloud around the mountains with patchy drizzle in the morning. Cloud lifting and breaking a little into the afternoon, but local thundery downpours will form, greatest risk for the Cairngorms area. Some rain moves into Wales from the south.

Headline for The Northwest Highlands

Light winds, varied cloud. Local thundery showers inland/east.

Detailed Forecast for Sunday, 5 May, 2024

How windy? (On the Munros)	Variable or becoming westerly toward west coast 5-10mph, at times calm inland. In and around showers, risk sudden gusts 25mph in east.		
Effect of wind on you?	Mostly small		
How wet?	Drizzle, then local heavy showers, risk a thunderstorm east.		
(Precipitation and its impact)	Pockets of drizzle from dawn into the morning. By afternoon, localised heavy showers forming, mainly inland, localised thunderstorms, greatest risk eastern areas Great Glen to around Ben Wyvis. West coast then more likely dry.		
Cloud on the hills?	Extensive, local breaks as bases slowly rise.		
	Within a humid environment, expect extensive hill fog through the day. Lowest cloud bases in morning, before slow rise into afternoon with local breaks. Ragged patches returning around showers, mainly eastern hills.		
Chance of cloud free Munros?	20%		
Sunshine? Air clarity (below cloud)	Rare sunny glimpses, but locally sunnier for west coasts into afternoon. Hazy, and for periods in the morning murky. Best visibility coasts afternoon.		
How Cold? (at 900m)	6 to 8C, warmest inland towards and into afternoon.		
Freezing Level	Above the summits		

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The Northwest Highlands - Looking Ahead

	Monday 6 May	Tuesday 7 May
How windy? (On the Munros) Effect of wind on you?	Light and variable 5-10mph, but northerly down west coast 15mph. Risk local gusts 25mph inland around heavy showers. Mostly small	Mostly variable 5-10mph or less. Possibly northerly 15-20mph at first. Mostly small
How wet?	Patchy rain, then heavy showers inland.	Mostly dry
(Precipitation and its impact)	Patches of rain here and there in morning, but some areas dry. Then slow-moving scattered heavy showers forming, risk local thunderstorms inland areas in afternoon.	Local pockets of drizzle early in the day fading. Small risk of an isolated shower forming into afternoon.
Cloud on the hills?	Extensive, best breaks coast afternoon.	Breaks to tops
	Extensive banks of low cloud, shrouding hills from lower slopes up in morning. Slow rise in bases, with the best breaks developing for coastal hills afternoon.	Banks of cloud at various heights in the morning, patchy fog in some glens. Will lift toward higher slopes with some breaks forming, increasingly clearing many tops.
Chance of cloud free Munros?	30%	60%
Sunshine? Air clarity (below cloud)	Mostly overcast with rare glimpses of sun. May become sunnier coasts afternoon. Hazy, with rather murky conditions, may improve to become good away from rain.	Mostly cloudy, sun best near west coast in afternoon. Misty in places early in the day, visibility becoming good.
How Cold? (at 900m)	5 to 7C	1 to 3C Ben Hope area, elsewhere 3C rising to 6C.
Freezing Level	Above the summits	Close to freezing around 1000m toward north in the morning, otherwise above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 6 May, 2024

Weather patterns remain slow-moving, but high pressure tends to build into midweek to bring a fair amount of dry weather which may well last through next weekend. Briefly cooler in northern Scotland early in the week, but mostly fairly warm and winds often light. Some rain-bearing fronts may return to northwestern Scotland at times. Occasional scattered showers in the afternoons elsewhere.

Forecast issued at 16:00 on Saturday, 4 May, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.