MOUNTAIN WEATHER INFORMATION SERVICE

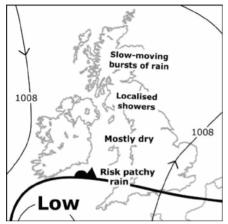
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 5 May, 2024



British Mountain Summary: Based on forecast chart for noon 5 May, 2024

A slack weather pattern with light winds and fairly humid air. A lot of cloud around the mountains with patchy drizzle in the morning. Cloud lifting and breaking a little into the afternoon, but local thundery downpours will form, greatest risk for the Cairngorms area. Some rain moves into Wales from the south.

Headline for Southern Uplands

Light winds, varied cloud. Drizzle, risk local heavy showers.

Detailed Forecast for Sunday, 5 May, 2024

How windy? (On the summits)	Westerly 10 to 15mph.	
Effect of wind on you?	Small	
How wet? (Precipitation and its impact)	Patchy rain or drizzle Patches of rain or drizzle through the day on and off. Periods where dry, but staying cloudy. Risk of one or two heavier showers developing into afternoon, chance an isolated thunderstorm.	
Cloud on the hills?	Extensive, local breaks afternoon Be prepared for extensive hill fog through the day. Lowest bases in the morning, but bases rising into the afternoon to higher slopes, some hills may clear. Ragged patches returning around heavy showers.	
Chance of cloud free summits?	40%	
Sunshine? Air clarity (below cloud)	Little or no sun. Hazy, and for periods in the morning murky.	
How Cold? (at 750m)	Around 7 or 8C, but 5C near Solway at first.	
Freezing Level	Above the summits	

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Southern Uplands - Looking Ahead

	Monday 6 May	Tuesday 7 May
How windy? (On the summits) Effect of wind on you?	Light and variable, 5 to 10mph or at times calm. Risk local sudden gusts of 25mph around heavy showers. Mostly small	Variable 5-10mph or less. Possibly northerly 15mph on Cheviots for a time. Small
How wet? (Precipitation and its impact)	Patchy rain, then thundery showers. Patches of rain here and there in morning, but some areas dry. Then local slow-moving heavy downpours forming, scattered thunderstorms into the afternoon.	Drizzle fades, risk heavy showers later Patchy drizzly rain in the morning, tending to fade out. One or two showers forming into the afternoon, risk locally heavy, chance an isolated thunderstorm.
Cloud on the hills?	Fairly extensive, slow lift in bases. Extensive banks of low cloud, shrouding hills from lower slopes up in morning. Slow rise in bases, with the best breaks developing for coastal hills afternoon.	Lifting toward or above tops Banks of cloud at various heights in the morning, patchy fog in some valleys. Will lift toward higher slopes with breaks to tops away from showers afternoon.
Chance of cloud free summits?	40%	60%
Sunshine? Air clarity (below cloud)	Mostly overcast with rare glimpses of sun. Rather murky conditions, may improve to become good at times, away from rain when visibility will be poor.	Mostly cloudy, glimpses of sun, best near coasts in afternoon. Misty in places early in the day, visibility becoming good.
How Cold? (at 750m)	7 or 8C	6 to 9C.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 6 May, 2024

Weather patterns remain slow-moving, but high pressure tends to build into midweek to bring a fair amount of dry weather which may well last through next weekend. Briefly cooler in northern Scotland early in the week, but mostly fairly warm and winds often light. Some rain-bearing fronts may return to northwestern Scotland at times. Occasional scattered showers in the afternoons elsewhere.

Forecast issued at 16:00 on Saturday, 4 May, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.