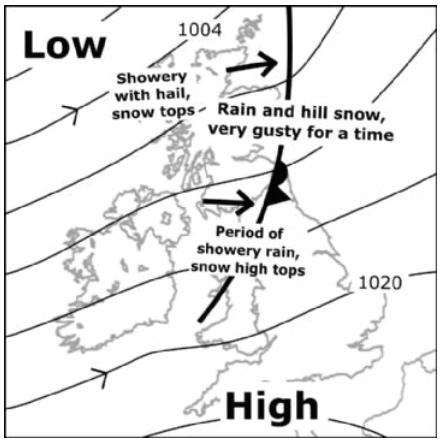
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

If you love Scotland's mountains, join Mountaineering Scotland
www.mountaineering.scot #ThinkWINTER

General Summary for Sunday, 29 November, 2026



British Mountain Summary:
Based on forecast chart for noon 29 November, 2026

Southwesterly winds often gale-force on higher mountains with significant chill factor; more severe gusts for a time. A band of showery rain passes eastwards in the morning, snow on higher tops; showers follow into western areas, some hail mixed in. Snow cover on many Scottish mountains.

Headline for West Highlands

Gales, severe early & late; showery with hail, snow tops.

Detailed Forecast for Sunday, 29 November, 2026

How windy? (On the Munros)	Southwesterly, speeds varying during day, in range 35 to 50mph, but squally gusts 70mph early morning in Lochaber and speeds tending to rise tending to rise again around dusk and significantly after dark.
Effect of wind on you?	**Frequent buffeting over high terrain, more challenging at first and again late afternoon onward, but moderating for a time. Significant wind chill.**
How wet? (Precipitation and its impact)	**Frequent or persistent rain, snow tops** Often raining on western hills, snow mostly above 800m, briefly lower inland; heavy at times, persistent for a few hours from dawn widely, then more showery, but falling frequently near coast; some hail. Wet underfoot lower areas.
Cloud on the hills?	**Extensive higher areas** Varying cloud bases, but often covering many mountains above 800m, some patches to 600m or lower near coast. Fleeting breaks higher up inland Lochaber.
Chance of cloud free Munros?	**20%**
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility very poor in rain, appalling in snow, but occasional improvements.
How Cold? (at 900m)	0 or 1C. Feeling like -12 to -15C in the wind.
Freezing Level	900-1000m, slightly higher near coast and on islands. Rising above all tops into night and Monday.

West Highlands - Looking Ahead

	Monday 30 November	Tuesday 1 December
How windy? (On the Munros)	Southwesterly 60 to 80mph; marked rise of wind speed with increasing height, but some powerful gusts reaching low slopes.	Southwesterly - high uncertainty - risk 50-70mph at least part of the day, but may drop markedly to 25mph or less.
Effect of wind on you?	**Severe conditions all day on high terrain; challenging walking in places on lower hills with significant wind chill.**	**Potentially a substantial improvement to fairly small effects, but beware risk for several hours at least of severe conditions.**
How wet? (Precipitation and its impact)	**Prolonged heavy rain** Raining all day widely across the region, incessant heavy falls, may rarely cease. Very wet underfoot, streams in spate and flooding develops.	**Rain may be slow to clear** Frequent or persistent rain from overnight into the morning, a chance of continuing onward well into the day, tending to clear, leaving showers, of snow above 800m. Streams in spate, flooding likely.
Cloud on the hills?	**Extensive** Shrouding the mountains widely above 600 to 800m, sometimes lower coasts and near sea lochs. Highest breaks toward Creag Meagaidh and east of Rannoch Moor.	**Extensive, but may lift and break** Shrouding the mountains widely from mid-elevations upward during rain, but bases may tend to rise and some breaks form with time, best inland across Lochaber.
Chance of cloud free Munros?	**10%**	**20%**
Sunshine? Air clarity (below cloud)	Overcast and murky. Hazy at best, but generally poor visibility.	Largely cloudy, later a little sun may emerge. Visibility poor in rain, but becoming very good if this clears.
How Cold? (at 900m)	Rising from before dawn up to 6C, may lift slightly further by late in the day. Feeling like -10C in the wind.	8C from dawn possibly until middle of day, then falling quickly toward 0C. Wind chill feeling -5 to -8C, but may vary.
Freezing Level	Well above freezing to highest summits; rapid thawing of previously frozen terrain and snow cover on mountains.	Starting well above the summits, but during the day a rapid drop to 900-1000m, soonest in Lochaber - timing uncertain.

Planning Outlook

All mountain areas of Britain from Monday, 30 November, 2026

A near-total thaw of snow cover early in the new week as southwesterly winds bring much milder air, well above freezing to tops Monday-Tuesday; severe gales widely on the mountains, storm-force higher terrain, accompanied by incessant heavy rain reaching all western mountains of Britain - expect flooding and some routes to be impassable.
Dropping back sub-zero on Scottish tops by Tuesday into Wednesday, with a showery mix of rain, snow and hail. High pressure then builds later in the week - drier conditions for a time, but a mixed west-southwesterly may persist or soon return for Scotland; temperatures varying.

Forecast issued at 7:31 on Sunday, 29 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.