

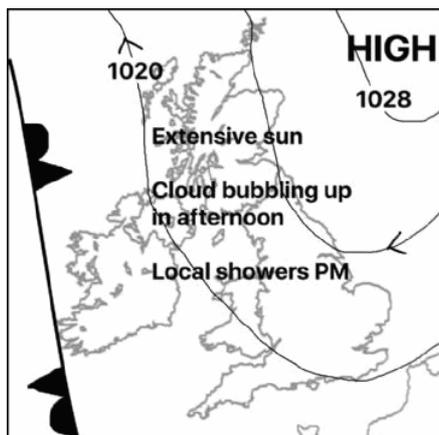
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Thursday, 16 May, 2019



British Mountain Summary:

Based on forecast chart for noon 16 May, 2019

High pressure centred across Scandinavia will continue to dominate the weather bringing further fine, warm and sunny conditions to the hills, although cloud will bubble up through the day to produce a few localised afternoon showers; mainly to NW Scotland. Patches of low cloud some hills around dawn will soon disperse.

Headline for Southern Uplands

Patchy fog soon clearing. Then fine with sunshine. More cloud PM.

Detailed Forecast for Thursday, 16 May, 2019

| | |
|--|--|
| How windy? (On the summits) | Southeasterly 15 to locally 20mph |
| Effect of wind on you? | Small. |
| How wet? (Precipitation and its impact) | Rain very unlikely Small risk of an isolated shower in the west. |
| Cloud on the hills? | Little if any Patches of fog may have formed overnight, eastern hills in Borders, most likely on The Cheviot. This will break up and clear by mid to late morning. |
| Chance of cloud free summits? | Soon greater than 90% |
| Sunshine? Air clarity (below cloud) | Sunshine, particularly morning, although cloud will tend to fill in afternoon. Very good or excellent visibility. |
| How Cold? (at 750m) | Between 6 and 10C, coldest Borders. |
| Freezing Level | Above the summits |

Southern Uplands - Looking Ahead

| | Friday 17 May | Saturday 18 May |
|---|---|---|
| How windy? (On the summits) | Easterly 20 to 30mph, the strongest winds probably afternoon and evening. | Easterly 5-15mph, strongest in the morning. |
| Effect of wind on you? | Will increasingly impede ease of walking and in places sudden gusts will reach lower slopes. | Mostly negligible. |
| How wet? (Precipitation and its impact) | Bursts of rain Often dry; although mainly afternoon and evening, patches of rain will move in from the east. | Showery bursts of rain. Low confidence: Bursts of showery rain will likely come and go through the day; especially across hills east of the M74. |
| Cloud on the hills? | Mostly confined to higher slopes Fog may well shroud higher eastern areas, particularly The Cheviot in the morning and again during and after rain. | Fairly extensive, may clear some tops PM. Low confidence: Fairly extensive low cloud will shroud the hills from dawn, especially in the east. In the afternoon, bases are likely to lift between showers with some temporary clearances possible. |
| Chance of cloud free summits? | 70% | 40% |
| Sunshine? Air clarity (below cloud) | Sunshine only occasionally. Very good or excellent visibility. | Mostly cloudy, but some glimpses of sun between showers, especially in the west. Visibility generally good or very good, but poor at times in rain. |
| How Cold? (at 750m) | 7 to 10C, coldest Borders. | 4 to 8C, lowest in the morning where in cloud. |
| Freezing Level | Above the summits. | Above the summits. |

Planning Outlook**All mountain areas of Britain from Friday, 17 May, 2019**

Easterly winds over the weekend will bring banks of cloud in off the North Sea, often breaking over western mountains. The remnants of rain over central Europe will reach Britain, bringing showers, occasionally heavy, and perhaps one or two areas of more persistent rain. Total rainfall generally small, particularly in Scotland. A slack pressure pattern into early next week with little wind and a mix of sunshine and scattered showers, some perhaps heavy. Marked uncertainty in the evolution from midweek onwards as to whether a dry northeasterly winds will develop or whether west winds will become established for a few days with some rain.

Forecast issued at 15:21 on Wednesday, 15 May, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportsotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.