

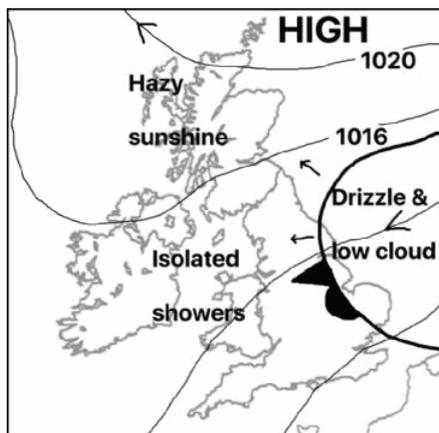
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



**Alpine Exploratory**  
**Trekking holidays in the Alps, Norway and UK based on our research**

## General Summary for Friday, 17 May, 2019



### British Mountain Summary:

**Based on forecast chart for noon 17 May, 2019**

Scotland: Patchy low cloud across some eastern areas at dawn, slowly tending to disperse. Then dry with hazy sunshine for many hours, but becoming cloudy from the east.

England/Wales: Some hazy sun for a time. A few isolated showers in the west. Low cloud/drizzle will arrive over the Pennines later.

### Headline for Southern Uplands

Dry with some hazy sun. Deteriorating later in the east with fog/drizzle.

## Detailed Forecast for Friday, 17 May, 2019

<b>How windy? (On the summits)</b>	Easterly 15 to 25mph.
<b>Effect of wind on you?</b>	May impede walking at times across higher areas.
<b>How wet? (Precipitation and its impact)</b>	<b>Dry morning, risk patchy rain later.</b> Often dry; although later in the afternoon and into the evening, patches of rain will move in from the east.
<b>Cloud on the hills?</b>	<b>Early patches clearing. Deteriorating later.</b> Banks of hill fog eastern areas, particularly The Cheviot, from dawn. These will clear by late morning to leave all hills widely clear. However, later in the afternoon and into the evening, low cloud will spread in from the east and become extensive.
<b>Chance of cloud free summits?</b>	<b>90%, lowering in east to 20% by late PM.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Some hazy sun for a time, but becoming cloudy later in the afternoon. Visibility generally good AM, but slight haze. Becoming poor in east later.
<b>How Cold? (at 750m)</b>	7 to 10C, coldest Borders.
<b>Freezing Level</b>	Above the summits.

## Southern Uplands - Looking Ahead

	<b>Saturday 18 May</b>	<b>Sunday 19 May</b>
<b>How windy? (On the summits)</b>	Easterly 5-15mph, strongest in the morning.	Direction variable, 5-10mph.
<b>Effect of wind on you?</b>	<b>Mostly negligible.</b>	<b>Negligible.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showery bursts of rain.</b> Low confidence: Bursts of showery rain will likely come and go through the day; especially across hills east of the M74.	<b>Slow-moving showers developing.</b> Largely dry in morning, bar the odd isolated patch of rain. In the afternoon, scattered slow-moving showers will develop, giving rain over an hour or two in some locations. Conversely, some areas will miss these and stay dry.
<b>Cloud on the hills?</b>	<b>Fairly extensive, may clear some tops PM.</b> Low confidence: Fairly extensive low cloud will shroud the hills from dawn, especially in the east. In the afternoon, bases are likely to lift between showers with some temporary clearances possible.	<b>Varying in and out of showers.</b> Early in the morning and in showers, cloud will cover higher areas with patches down to some lower slopes, especially in the east. However, away from the showers in the afternoon, cloud will clear tops.
<b>Chance of cloud free summits?</b>	<b>40%</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly cloudy, but some glimpses of sun between showers, especially in the west.  Visibility generally good or very good, but poor at times in rain.	Mostly cloudy, but a few bursts of sun in the afternoon. Marked haze, but tending to lift in the afternoon with visibility becoming good outside showers.
<b>How Cold? (at 750m)</b>	4 to 8C, lowest in the morning where in cloud.	8C
<b>Freezing Level</b>	Above the summits.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Saturday, 18 May, 2019**

Easterly winds over the weekend will bring areas of low cloud in off the North Sea, often breaking over western mountains. The remnants of rain over central Europe will reach Britain, bringing showers, occasionally heavy, and perhaps one or two areas of more persistent rain. Total rainfall generally small, particularly in NW/W Scotland. A slack pressure pattern into next week with little wind and a mix of sunshine and scattered showers, some perhaps heavy.

**Forecast issued at 13:38 on Thursday, 16 May, 2019**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.