

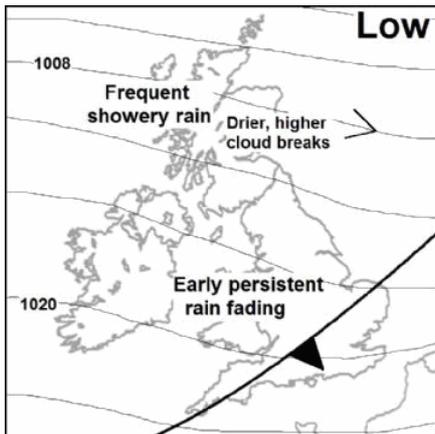
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Wednesday, 11 September, 2019



British Mountain Summary:

Based on forecast chart for noon 11 September, 2019

A weakening cold front clears southwards; early rain fading from the Lakes & Pennines; slower to clear across Wales. For the Highlands, rain on and off in western areas through the day, with smaller amounts in the east. A windy day, although gales tending to ease, except in N Scotland.

Headline for Southern Uplands

Windy, gales at first; little or soon no rain.

Detailed Forecast for Wednesday, 11 September, 2019

How windy? (On the summits)	Westerly, 40-50mph for a few hours from dawn, then typically 30-35mph much of the day, at times 40mph high tops; least wind toward evening.
Effect of wind on you?	Frequent buffeting across the hills through the day; notable wind chill higher tops.
How wet? (Precipitation and its impact)	A little rain clearing from west Overnight rain will make western hills very wet underfoot. Isolated brief showers during daylight, although in Borders the rain not clearing until after dawn.
Cloud on the hills?	Covering tops at times, mostly western hills. Cloud soon lifting from west to mostly above 700m, with breaks to higher summits, frequently across Borders/Cheviots.
Chance of cloud free summits?	80%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mostly Borders. Visibility typically good; slight haze, reduced occasionally in rain.
How Cold? (at 750m)	7 or 8C. Where exposed to wind on tops, feeling like -3C.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Thursday 12 September	Friday 13 September
How windy? (On the summits) Effect of wind on you?	Precise detail/timing uncertain: Southwest veering westerly; 30 to 40mph, may reach 50mph for a few hours. Blustery much of the day, with a risk of difficult conditions for a period. May change quickly.	Southwesterly, 20 to 30mph. Fairly small, but blustery at times on higher terrain.
How wet? (Precipitation and its impact)	Rain or drizzle; some heavy bursts Low confidence: Rain spreading from the west; risk of setting in widely to give many hours rain or drizzle; risk heavy for a time on western hills. Later breaking into showers.	Little or no rain Many hours substantially dry. Chance of brief showery rain now and again west of the M74.
Cloud on the hills?	Extensive During rain, cloud will shroud hills to lower slopes. Bases may rise later from west with some breaks forming.	Mostly confined to higher tops Most cloud above the hills; patches above 700m western hills.
Chance of cloud free summits?	30%	80%
Sunshine? Air clarity (below cloud)	Little if any sun. Visibility very poor due rain and extensive hill fog, occasionally good east.	Occasional sun, most frequent eastern valleys. Visibility typically good; possible slight haze.
How Cold? (at 750m) Freezing Level	8C, then falling to 6C later. Above the summits.	6 or 7C Above the summits.

Planning Outlook**All mountain areas of Britain from Thursday, 12 September, 2019**

West or southwesterly winds will continue to affect Scottish mountains for the rest of the week and into the weekend, gale force for periods, with rain and low cloud commonly affecting western areas. Meanwhile, pressure will build across England & Wales, with generally dry conditions becoming established here, although low cloud may affect western hills at times. High pressure is expected to extend further north with time, leading to several days of fair and warm weather for most places into next week. Winds becoming light, and some morning inversions are possible.

Forecast issued at 7:38 on Wednesday, 11 September, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.