

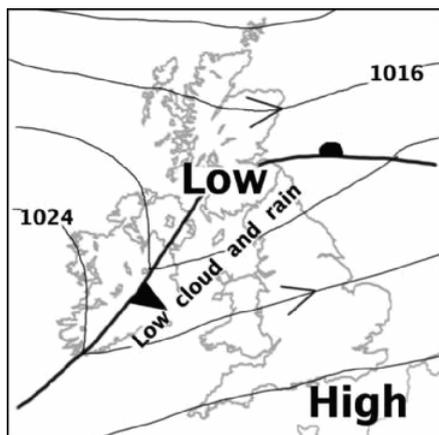
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Thursday, 12 September, 2019



British Mountain Summary:

Based on forecast chart for noon 12 September, 2019

Strong winds, rain and copious low cloud will accompany a wave on a front that will run northeast across Britain. Northern Scotland will be north of this - although still blustery with showers.

Headline for Southern Uplands

Upland wind near gale; rain and low cloud.

Detailed Forecast for Thursday, 12 September, 2019

How windy? (On the summits)	Southwest 30 to 40mph. Into the afternoon from the west, veering westerly; and easing to 20-25mph.
Effect of wind on you?	Walking arduous where exposed on higher areas, becoming fairly small into afternoon.
How wet? (Precipitation and its impact)	Rain or drizzle; some heavy bursts Rain and drizzle widely morning (least rain near the Lothians). Will become more drizzly and increasingly patchy afternoon.
Cloud on the hills?	Extensive and widely very low Fog persistent most mountains for much of the day, toward the Solway and Cheviots often from lower slopes up; although only occasionally covering tops near the Lothians. Will improve, perhaps markedly later afternoon and evening.
Chance of cloud free summits?	20% rising toward evening to 60%
Sunshine? Air clarity (below cloud)	Sunshine will begin to come through mid to late afternoon. Visibility very poor in rain. Will become excellent from west afternoon.
How Cold? (at 750m)	9C.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Friday 13 September	Saturday 14 September
How windy? (On the summits) Effect of wind on you?	Southwesterly, 20 to 25mph. Fairly small.	Southwesterly progressively strengthening during day from around 25mph to 35 or perhaps 40mph higher tops Galloway. Increasing buffeting through the day on higher areas.
How wet? (Precipitation and its impact)	Little or no rain Risk of a little rain now and again near or west of M74. Total rainfall negligible.	No rain
Cloud on the hills? Chance of cloud free summits?	Mostly confined to higher tops Most cloud above the hills; perhaps patches above 700m western hills. 90%	Very little if any 80%
Sunshine? Air clarity (below cloud)	Patches of sun - although often through thin high level cloud. Visibility excellent or superb.	Extensive sunshine although sometimes weak due to high level cloud. Excellent visibility - though more hazy afternoon.
How Cold? (at 750m) Freezing Level	6 or 7C Above the summits.	8C Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 13 September, 2019**

High pressure will develop, initially over southern Britain from this weekend, bringing extensive fine weather with light winds. Sunshine will become extensive. These conditions may well persist most or perhaps all of next week. However, this weekend, Scotland (particularly the W & NW Highlands) will still be windy with rain and low cloud as a front moves slowly southward.

Forecast issued at 14:58 on Wednesday, 11 September, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.