

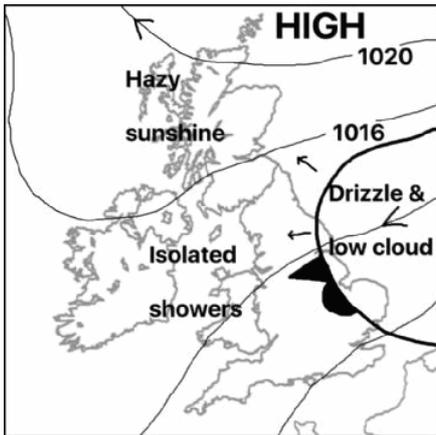
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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## General Summary for Friday, 17 May, 2019



### British Mountain Summary:

#### Based on forecast chart for noon 17 May, 2019

Scotland: Patchy low cloud across some eastern areas at dawn, slowly tending to disperse. Then dry with hazy sunshine for many hours, but becoming cloudy from the east.

England/Wales: Some hazy sun for a time. A few isolated showers in the west. Low cloud/drizzle will arrive over the Pennines later.

### Headline for West Highlands

Largely fine with hazy sun. Beware of sunburn and dehydration.

## Detailed Forecast for Friday, 17 May, 2019

<b>How windy? (On the Munros)</b>	Easterly 15 to 20mph, although may strengthen toward 25mph, possibly 30mph Loch Lomond NP and Arran.
<b>Effect of wind on you?</b>	Mostly small
<b>How wet? (Precipitation and its impact)</b>	<b>No rain expected.</b> Risk occasional bursts of rain afternoon and evening.
<b>Cloud on the hills?</b>	<b>Early patches soon clearing.</b> Patches may have formed central highlands, Loch Lomond NP and Arran above 500m overnight. However, these will soon disperse leaving hills widely clear once again.
<b>Chance of cloud free Munros?</b>	<b>Greater than 90%.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Sunshine, mainly morning. Cloud will tend to increase from the east in the afternoon. Visibility generally good, but slight haze.
<b>How Cold? (at 900m)</b>	4 to 9C, lowest in morning where in cloud.
<b>Freezing Level</b>	Above the summits.

## West Highlands - Looking Ahead

	<b>Saturday 18 May</b>	<b>Sunday 19 May</b>
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Easterly 15 to 20mph at dawn, becoming 10mph or less, and variable in direction, by the afternoon. <b>May impede walking on higher areas at first with marked wind chill, but soon becoming negligible.</b>	East to southeasterly, 5-10mph. <b>Negligible.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patches of rain, especially in the east.</b> Low confidence: Patches of rain will likely drift in from the east through the day; perhaps fairly persistent over a few hours in the central Highlands.	<b>Isolated rain AM, developing into showers.</b> Isolated patches of rain here and there from dawn. These will break up into showers from late morning onwards. By afternoon, a scattering of locally heavy showers. However, hills within a few miles lie of the coast will likely miss these.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Areas of low cloud, mainly in the east.</b>  Low confidence in precise detail: Banks of low cloud will shroud some hills from dawn, most extensively across central Highlands where it may linger on high slopes most of the day. Across western hills, bases will lift and likely often clear the tops in the afternoon. <b>50%</b>	<b>Fairly extensive AM, breaking PM.</b>  Cloud will shroud the hills fairly extensively from dawn. Mainly on higher slopes, but in the east often down to lower slopes. Into the afternoon, bases will become more ragged and confined to higher slopes; some tops clearing between showers. <b>50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Rare patches of sun, mostly across western hills.  Visibility mostly good, but at times poor in patchy rain; mainly in the east.	Mostly cloudy, but a few patches of sun in the afternoon.  Visibility fairly poor morning, but becoming good/very good outside showers PM.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	4 to 8C, lowest in morning in the east.  Above the summits.	6-8C; warmest in afternoon.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Saturday, 18 May, 2019**

Easterly winds over the weekend will bring areas of low cloud in off the North Sea, often breaking over western mountains. The remnants of rain over central Europe will reach Britain, bringing showers, occasionally heavy, and perhaps one or two areas of more persistent rain. Total rainfall generally small, particularly in NW/W Scotland. A slack pressure pattern into next week with little wind and a mix of sunshine and scattered showers, some perhaps heavy.

**Forecast issued at 13:38 on Thursday, 16 May, 2019**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.