

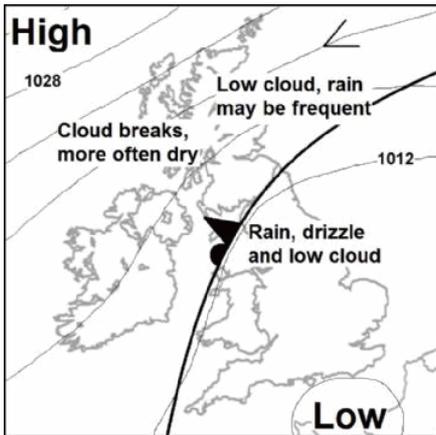
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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## General Summary for Wednesday, 12 June, 2019



### British Mountain Summary:

#### Based on forecast chart for noon 12 June, 2019

A front will be pivoting slowly westwards across Britain, with low cloud, rain and drizzle affecting many areas through the day. Some heavy bursts, the most persistent rain concentrated on eastern hills. Largely dry toward NW Scotland. Cold & windy - gale force across tops in the Highlands much of day. Less windy Wales, S Pennines.

### Headline for West Highlands

Gales on the mountains. Patchy rain. Cloud breaks best west.

## Detailed Forecast for Wednesday, 12 June, 2019

<b>How windy? (On the Munros)</b>	Northeasterly, 35 to 50mph, at times may top 60mph, particularly in gusts.
<b>Effect of wind on you?</b>	<b>Difficult walking conditions across the hills. Powerful gusts locally through passes and to lower slopes. Significant wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Occasional rain; mostly very little western Lochaber.</b> Many hours may well remain substantially dry, particularly hills west of Loch Linnhe. Patches of rain are expected to spread erratically westwards across the region, and may become fairly persistent over a few hours. Risk becoming wetter later.
<b>Cloud on the hills?</b>	<b>Covering higher tops, occasionally lower; breaks west.</b> Banks of cloud occasionally covering higher slopes, focused on hills around Ben Nevis and Glen Spean. Patches elsewhere lowering below 800m around rain, but many tops often clear around west coast from Mull to Arran.
<b>Chance of cloud free Munros?</b>	<b>40% NE Lochaber, also central highlands; 70% near west coast.</b>
<b>Sunshine? Air clarity (below cloud)</b>	A little weak sun near west coast through high cloud, but most places often overcast. Visibility good, but a slight haze, and reduced further where rain occurs.
<b>How Cold? (at 900m)</b>	3 to 6C, highest near west coast; only small drop of temperature with increasing height on the Munros. In exposure, wind chill feeling close to -10C.
<b>Freezing Level</b>	Generally above freezing up to highest summits, but close to zero on higher slopes in Lochaber early in day.

## West Highlands - Looking Ahead

	Thursday 13 June	Friday 14 June
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Low confidence in the forecast detail: North to northeasterly, 25 to 40mph, perhaps stronger for periods. <b>Expect considerable buffeting and wind chill across the hills throughout the day.</b>	Confidence of detail remains low: Variable, becoming southwesterly, some lulls, up to 20-30mph. <b>Varied, at times small, may give blustery conditions for periods.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Risk of persistent rain</b> Very low confidence: A zone of rain or showers is likely to pivot slowly westwards across the Highlands. Little of this may reach west of Loch Linnhe. Sleet or snow on highest tops.	<b>Threat thundery downpours</b> Detail very uncertain, but strong likelihood of clusters of showers, in places some torrential downpours forming with risk of hail, thunder and lightning.
<b>Cloud on the hills?</b>	<b>Breaks mostly west.</b>  Where rain occurs, cloud forming widely on hills. Across central highlands, low cloud more extensive all day. Toward west coast, some breaks likely, perhaps tops often clearing.	<b>Often covering hills</b>  Varied, often capping higher tops, but ragged banks of cloud lowering suddenly during and after rain to form on lower slopes.
<b>Chance of cloud free Munros?</b>	<b>50%</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly little or no sun.  Visibility perhaps often good western hills, but reduced where rain occurs.	Brief glimpses of sun, mostly cloudy.  Visibility good away from rain, but some areas often poor.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	1 to 4C.  Near or just below freezing higher summits in morning, tending to lift above zero.	3 to 6C.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Thursday, 13 June, 2019**

Low pressure will dominate for the rest of this week into the weekend, maintaining unsettled conditions across the British Isles. Periods of rain and some heavy downpours with possible thunder and lightning. Temperatures generally cool, and winds often brisk across the hills. Day-to-day forecast detail will stay very uncertain, with occasional windows of drier weather possible locally. Into next week, generally warmer with winds from the south/southwest. Some hints of pressure building at least for a time to give drier weather.

**Forecast issued at 16:35 on Tuesday, 11 June, 2019**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.