

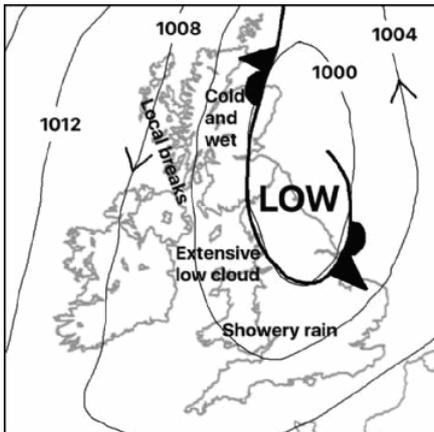
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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## General Summary for Thursday, 13 June, 2019



### British Mountain Summary:

**Based on forecast chart for noon 13 June, 2019**

Low pressure will bring a cold and wet day to most areas with gusty northerly winds and extensive low cloud across many hills. The rain will be focused on E Scotland and NE England. Elsewhere, morning rain breaking into scattered heavy, locally thundery, showers. Far west of Scotland drier with some cloud breaks.

### Headline for West Highlands

Cold and windy. Rain edging in; but very little reaching west coast.

## Detailed Forecast for Thursday, 13 June, 2019

<b>How windy? (On the Munros)</b>	North to northeasterly, 25 to 40mph; will ease by late afternoon to 20mph.
<b>Effect of wind on you?</b>	<b>Expect considerable buffeting and wind chill across the hills in the morning, conditions gradually easing in afternoon.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain edging in from east, little reaching coast.</b> Low confidence: A zone of rain or showers will pivot slowly westwards across the Highlands during the day. Little, or any, of this may reach hills west of Loch Linnhe. Most persistent rain across the central Highlands. Sleet or snow on highest tops.
<b>Cloud on the hills?</b>	<b>Fairly extensive in rain, local breaks in west.</b> Where rain occurs, cloud forming widely on hills. Across central highlands, low cloud more extensive all day above 500-700m. Toward west coast, breaks will occur through the day, perhaps tops often clearing.
<b>Chance of cloud free Munros?</b>	<b>30% central Highlands, 60% west of Loch Linnhe.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Rare glimpses of sun toward west coast, otherwise overcast. Visibility perhaps often good western hills, but reduced where rain occurs.
<b>How Cold? (at 900m)</b>	1 to 4C. Feeling closer to -10C in direct exposure to strongest winds.
<b>Freezing Level</b>	Near or just below freezing higher summits in morning, tending to lift above zero.

## West Highlands - Looking Ahead

	Friday 14 June	Saturday 15 June
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Confidence of detail low: Variable, becoming southwesterly, some lulls, up to 20-30mph. <b>Varied, at times small, may give blustery conditions for periods.</b>	Southeasterly 15-25mph; risk locally 30mph western coastal hills at times. <b>Mostly small, but may impede walking at times across western coastal hills.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Threat thundery downpours</b> Detail very uncertain, but strong likelihood of clusters of showers, in places some torrential downpours forming with risk of hail, thunder and lightning.	<b>Showers developing.</b> Mostly dry start, bar a few coastal showers. Showers likely developing more widely into the afternoon. These perhaps becoming prolonged later in the afternoon/evening with some heavy bursts.
<b>Cloud on the hills?</b>	<b>Often covering hills</b> Varied, often capping higher tops, but ragged banks of cloud lowering suddenly during and after rain to form on lower slopes.	<b>Very little for many hours, lowering in rain.</b> Hills very likely mostly clear much of the day, although patches may come and go across tops near coast. As showers develop later, risk of patches of low cloud lowering onto higher slopes.
<b>Chance of cloud free Munros?</b>	<b>30%</b>	<b>70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Brief glimpses of sun, mostly cloudy. Visibility good away from rain, but some areas often poor.	Visibility often very good, but lowering in showers. Patches of sunshine.
<b>How Cold? (at 900m)</b> <b>Freezing Level</b>	3 to 6C. Above the summits.	4 or 5C lifting to 8C. Above the summits.

**Planning Outlook****All mountain areas of Britain from Friday, 14 June, 2019**

Low pressure will dominate into the weekend, maintaining unsettled conditions across the British Isles. Periods of rain and some heavy downpours with possible thunder and lightning. Temperatures generally cool, and winds often brisk across the hills. Day-to-day forecast detail will stay very uncertain, with occasional windows of drier weather possible locally. Into next week, generally warmer with winds from the south/southwest. Conditions remaining rather cyclonic into next week with further areas of rain or showers, but some hints of pressure building for a time later in the week to give drier weather.

**Forecast issued at 16:35 on Wednesday, 12 June, 2019**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.