

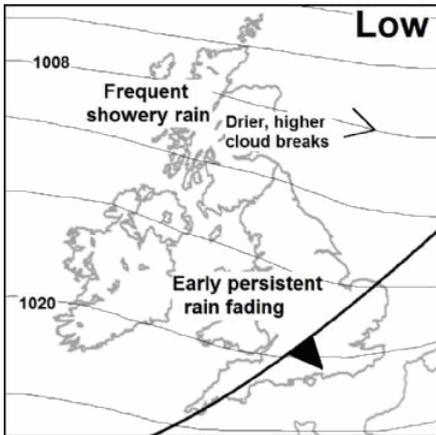
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



**Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!**

## General Summary for Wednesday, 11 September, 2019



### British Mountain Summary:

#### Based on forecast chart for noon 11 September, 2019

A weakening cold front clears southwards; early rain fading from the Lakes & Pennines; slower to clear across Wales. For the Highlands, rain on and off in western areas through the day, with smaller amounts in the east. A windy day, although gales tending to ease, except in N Scotland.

### Headline for West Highlands

Windy, up to gale force; showery rain at times persistent.

## Detailed Forecast for Wednesday, 11 September, 2019

<b>How windy? (On the Munros)</b>	West to southwesterly, 35 to 45mph, typically strongest in morning, occasionally over 50mph higher tops with stronger gusts.
<b>Effect of wind on you?</b>	<b>An arduous day across the hills, difficult at times on higher ridges; significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Often raining</b> Frequent to almost constant rain will come in from the west through the day. A mix of drizzle and some heavier falls. Smaller amounts well inland. Perhaps sleet highest tops. Very wet underfoot.
<b>Cloud on the hills?</b>	<b>Extensive high tops; lowest near west coast.</b> Shrouding most mountains all day, rarely lifting above 600-700m west coastal hills, at times lower. Inland, more often above 800m, with higher breaks more common toward the central highlands.
<b>Chance of cloud free Munros?</b>	<b>10% coast; 30% inland, 50% central highlands.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Rare if any brief sun. A general haze, and visibility reduced further around rain.
<b>How Cold? (at 900m)</b>	4 to 6C. Where exposed to strongest wind, feeling like -7C.
<b>Freezing Level</b>	Just above freezing highest summits.

## West Highlands - Looking Ahead

	Thursday 12 September	Friday 13 September
<b>How windy? (On the Munros)</b>	Precise detail/timing uncertain: Southwest veering westerly; 25 to 40mph.	Southwesterly, 25 to 40mph, strongest northern tops.
<b>Effect of wind on you?</b>	<b>Blustery much of the day.</b>	<b>Blustery again with locally arduous walking conditions over many hours. Notable wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain or drizzle; risk heavy</b> Low confidence: Rain is likely to affect western hills from dawn; likely setting in widely for several hours, some heavy falls possible for a time. Later breaking into showers.	<b>Showery, wettest northwest</b> Rain on and off most of the day near/west of Loch Linnhe, at times persistent over a few hours, sometimes heavy. Further inland and toward south, rain patchier and more often dry.
<b>Cloud on the hills?</b>	<b>Extensive</b>  During rain, cloud will shroud hills to lower slopes. Bases may rise later from west with local breaks forming.	<b>Extensive higher areas</b>  Often shrouding west coastal mountains above 600-800m, lowest around rain. Well inland some breaks above 800-900m. Loch Lomond NP and Arran may clear more often.
<b>Chance of cloud free Munros?</b>	<b>20%</b>	<b>40%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Limited sun, may break through late in day. Visibility reduced by rain, later may become very good.	Glimpses of sun mostly central highlands. A general haze; visibility reduced further in rain; occasionally good well inland.
<b>How Cold? (at 900m)</b>	5C, later dropping to 3C.	4C
<b>Freezing Level</b>	Above the summits; by dusk perhaps close to zero highest tops.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Thursday, 12 September, 2019**

West or southwesterly winds will continue to affect Scottish mountains for the rest of the week and into the weekend, gale force for periods, with rain and low cloud commonly affecting western areas. Meanwhile, pressure will build across England & Wales, with generally dry conditions becoming established here, although low cloud may affect western hills at times. High pressure is expected to extend further north with time, leading to several days of fair and warm weather for most places into next week. Winds becoming light, and some morning inversions are possible.

**Forecast issued at 7:38 on Wednesday, 11 September, 2019**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.