

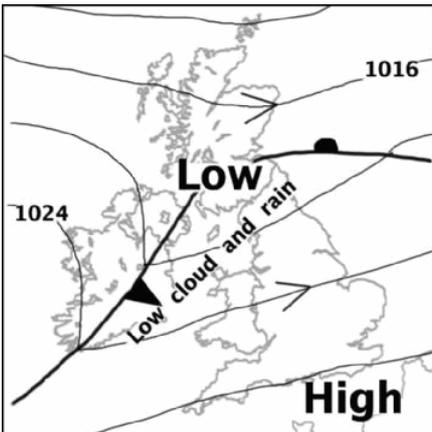
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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General Summary for Thursday, 12 September, 2019



British Mountain Summary:

Based on forecast chart for noon 12 September, 2019

Strong winds, rain and copious low cloud will accompany a wave on a front that will run northeast across Britain. Northern Scotland will be north of this - although still blustery with showers.

Headline for West Highlands

Rain and low cloud before improving progressively middle of day.

Detailed Forecast for Thursday, 12 September, 2019

How windy? (On the Munros)	Westerly; 30, perhaps temporarily 35 or 40mph near Central Belt morning. Will tend to drop to 20-25mph across region in the afternoon.
Effect of wind on you?	Walking often arduous on higher areas morning, although then fairly small.
How wet? (Precipitation and its impact)	Rain and drizzle morning; then clearing to showers Rain frequent or particularly on western mountains and near Central Belt, almost persistent morning. Otherwise, occasional showers.
Cloud on the hills? Chance of cloud free Munros?	Persistently shrouding most or all summits Fog will shroud the hills widely most of daylight; forming from lower slopes up near the coast, and until into the afternoon across Loch Lomond NP. Will improve near and west of Loch Linnhe middle of day, as cloud base lifts to 750 to 1000m (highest well inland). The improvement extending across toward dusk. 10%, rising to 40% from north afternoon/evening
Sunshine? Air clarity (below cloud)	Occasional bursts of sun developing afternoon, mainly well inland in Lochaber. Visibility frequently poor before becoming very good or excellent from north later in the day.
How Cold? (at 900m) Freezing Level	5C. Above the summits.

West Highlands - Looking Ahead

	Friday 13 September	Saturday 14 September
How windy? (On the Munros) Effect of wind on you?	Southwesterly, 25 to 35mph, strongest Lochaber. Only 20mph Arran. Walking arduous where exposed on higher areas, mainly Lochaber.	Southwesterly progressively strengthening during morning to 35-55mph, least wind Arran and lower slopes near Central Belt. Upland gales will increasingly make walking very difficult. Significant wind chill.
How wet? (Precipitation and its impact)	Rain and drizzle, mainly Lochaber Rain on and off near/west of Loch Linnhe, perhaps persistent for a few hours. Further inland and toward central belt, rain patchier. Very little if any rain Arran.	Risk rain, mainly toward Great Glen A few pockets of drizzle, mainly western mountains. Toward evening, increasing threat steadier rain, Mull and near and west of Loch Linnhe.
Cloud on the hills? Chance of cloud free Munros?	Extensive higher areas Often shrouding west coastal mountains above 600-800m, lowest around rain. Well inland some breaks above 800-900m. Loch Lomond NP and Arran may clear more often. 40%	Becoming extensive on higher areas Loch Lomond NP, Mull & central highlands: cloud base 750 to 900m, although may lower slowly through the afternoon. Elsewhere: cloud base 650 to 800m, although in rain will tend to lower slowly. 30%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly central highlands. A general haze; visibility reduced further in rain; occasionally good well inland.	Sunshine rare if any. Increasingly hazy.
How Cold? (at 900m) Freezing Level	4C Above the summits.	4 rising to 8C Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 13 September, 2019**

High pressure will develop, initially over southern Britain from this weekend, bringing extensive fine weather with light winds. Sunshine will become extensive. These conditions may well persist most or perhaps all of next week. However, this weekend, Scotland (particularly the W & NW Highlands) will still be windy with rain and low cloud as a front moves slowly southward.

Forecast issued at 14:58 on Wednesday, 11 September, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.