

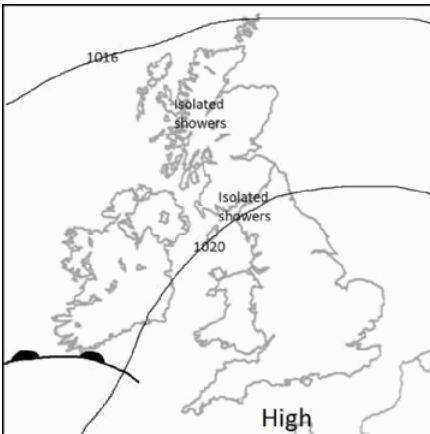
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



**Active Outdoor Pursuits: Snowsports, Winter Skills, Climbing & Ski Touring**  
**Book today at [www.activeoutdoorpursuits.com](http://www.activeoutdoorpursuits.com) or phone 01540 210000 to start your adventure!**

## General Summary for Sunday, 13 August, 2017



**British Mountain Summary:**  
**Based on forecast chart for noon 13 August, 2017**

A transient ridge of high pressure will cross the UK during the day. There will be a few showers over western hills during the morning moving inland by afternoon. Many hills will be cloud free after any early morning low cloud disperses. Fairly light winds across all areas, but with a freshening southerly breeze by evening across western Scotland.

**Headline for Cairngorms NP and Monadhliath**

Isolated showers, but many hills cloud free.

## Detailed Forecast for Sunday, 13 August, 2017

<b>How windy? (On the Munros)</b>	Variable 10mph or less.
<b>Effect of wind on you?</b>	<b>Negligible</b>
<b>How wet?</b>	<b>Isolated showers</b> A few showers developing during the day. Many areas will miss these and stay dry.
<b>Cloud on the hills?</b>	<b>Mostly very little</b> Any early banks of low cloud or valley fog will soon lift and disperse to leave all hills clear of cloud by midday.
<b>Chance of cloud free Munros?</b>	<b>70%</b>
<b>Sunshine and air clarity?</b>	Periods of sunshine with excellent visibilities.
<b>How Cold? (at 900m)</b>	6-9C
<b>Freezing Level</b>	Above the summits

## Cairngorms NP and Monadhliath - Looking Ahead

	Monday 14 August	Tuesday 15 August
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Southerly 20-30mph, may reach 35-40mph at times across higher peaks during afternoon and evening. <b>Becoming arduous across higher areas by afternoon.</b>	Southwest veering westerly: 20-30mph <b>Walking arduous at time on exposed higher slopes</b>
<b>How wet?</b>	<b>Rain setting in</b> After a dry start, rain will spread up from the south by late morning, and then continue throughout much of the day.	<b>Rain on and off</b> Spells of rain on and off for much of the day, tending to turn more showery later. Heaviest and most persistent Monadhliath and west of A9. Perhaps drier spells later further east.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Becoming fairly extensive</b>  Most, if not all, hills cloud free at first. However, through the morning cloud will thicken and lower onto the hills and become fairly extensive from late morning. Highest bases will be across the N. Cairngorms will cloud mainly above 900-1050m. <b>40%</b>	<b>Fairly extensive breaking afternoon</b>  Most if not all hills shrouded in cloud morning. Bases tending to lift and break afternoon/evening outside showers, Cairngorms eastwards into Deeside. <b>40%</b>
<b>Sunshine and air clarity?</b>	Any early hazy sunshine soon giving way to cloud laden skies.  Visibility often poor in the rain.	Fairly extensive poor visibility in hill fog morning. Glimpses of sunshine by afternoon with very good visibility developing.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	7 rising to 10C  Above the summits	6 to 8C  Above summits

**Planning Outlook****All mountain areas of Britain from Monday, 14 August, 2017**

A continuation of the current unsettled weather pattern through next week with southwesterly winds bringing bands of low cloud and rain countrywide, although a transient ridge of high pressure will result in an improvement in conditions on Tuesday. From midweek onwards, increasing threat of upland gales and on western mountains heavy rain with areas of low pressure passing close by the UK.

**Forecast issued at 16:06 on Saturday, 12 August, 2017**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2017.