

# Cairngorms NP and Monadhliath

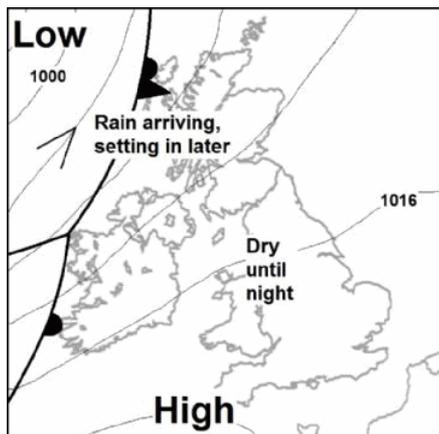
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



sportscotland

Enjoy the great outdoors? So do we. Serve Part-Time in the RAF Regiment at RAF Lossiemouth.  
Search 2622 Sqn or call us on 01343 810776

## General Summary for Wednesday, 13 June, 2018



### British Mountain Summary:

**Based on forecast chart for noon 13 June, 2018**

Fronts moving in from the west will push rain into W & NW Scotland, becoming persistent and heavy later. SE Scotland, plus England & Wales will stay substantially dry until sunset. Southwesterly winds will strengthen, reaching gale force later, then severe upland gales overnight.

### Headline for Cairngorms NP and Monadhliath

Patchy rain, heavier toward night. Upland gales by evening.

## Detailed Forecast for Wednesday, 13 June, 2018

<b>How windy? (On the Munros)</b>	South to southwesterly; strengthening from the west: 15mph at first, 25mph by midday, then 35-45mph by mid-afternoon onward, and 50-60mph toward dusk and overnight.
<b>Effect of wind on you?</b>	<b>Starting small, but walking increasingly arduous later afternoon and more especially evening when locally difficult higher slopes.</b>
<b>How wet?</b>	<b>Largely dry until evening; occasional patchy rain</b> Dry much of the day. However, local patches of rain may occur from the middle of the day onward. Heavier rain will develop west of the A9 toward evening and into the night. Small amounts north & eastern Cairngorms NP.
<b>Cloud on the hills?</b>	<b>Fog clearing by late morning</b> Patches of low cloud here and there, especially across the S. Cairngorms, at varying heights from dawn; these will lift and clear the hills by mid to late morning. Then hills free of cloud for much of the day, although will lower onto hills by dusk where rain sets in.
<b>Chance of cloud free Munros?</b>	<b>70% by mid-morning</b>
<b>Sunshine and air clarity?</b>	A patchwork of sun; clouding over as high cloud thickens into the middle of the day. Visibility mostly very good.
<b>How Cold? (at 900m)</b>	7 to 9C
<b>Freezing Level</b>	Above the summits.

## Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 14 June	Friday 15 June
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Southwesterly changing abruptly westerly; mostly in the range 45 to 60mph, risk 70mph for a few hours. Easing only slightly <b>Buffeting across the hills most or all day. Walking difficult for many hours on higher areas. Significant wind chill.</b>	Southwest backing southerly later, 20 to 25mph, perhaps 30mph at first. <b>Fairly small, but may impede ease of walking some high tops.</b>
<b>How wet?</b>	<b>Rain on and off</b> Overnight rain should move through, but showers coming in from the west may be frequent over a few hours, occasionally heavy; possible sleet high tops.	<b>A few showers</b> Frequently dry, but a risk of rain from time to time. Some heavy bursts locally, these spreading increasingly from the south-west in the afternoon.
<b>Cloud on the hills?</b>	<b>Extensive, base lifting</b> Widely shrouding the mountains at first, patches to low levels. Cloud base tending to lift through the day, with breaks often above 800 to 1000m, or higher in east PM.	<b>Breaks to higher tops</b> Most cloud confined above 800 to 1000m, with breaks forming to most higher tops. Cloud often above the hills toward Deeside and the Lecht. Patches forming below 700m around rain.
<b>Chance of cloud free Munros?</b>	<b>60%</b>	<b>70%</b>
<b>Sunshine and air clarity?</b>	Glimpses of sun, mostly east. Visibility very good at times, but reduced significantly by rain.	Patchwork of sun, although cloud tending to fill in. Visibility mostly very good, briefly reduced by rain.
<b>How Cold? (at 900m)</b> <b>Freezing Level</b>	8C or higher at first, but soon likely dropping toward 4 or 5C. Above the summits, but dropping close to 1300m Cairngorms.	4 rising to 7C. Above the summits.

**Planning Outlook****All mountain areas of Britain from Thursday, 14 June, 2018**

Changeable conditions over the next week or so as frontal systems come in from the Atlantic. Spells of rain, most persistent on western mountains, accompanied by low cloud. Rain tending to focus on western Scotland next week, whilst England, Wales and the eastern Highlands should see just small amounts. Winds varied, but at times blustery, some days up to gale force on the mountains. Temperatures close to average, but cooler than recent times for many, particularly western Scotland.

**Forecast issued at 16:24 on Tuesday, 12 June, 2018**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.