

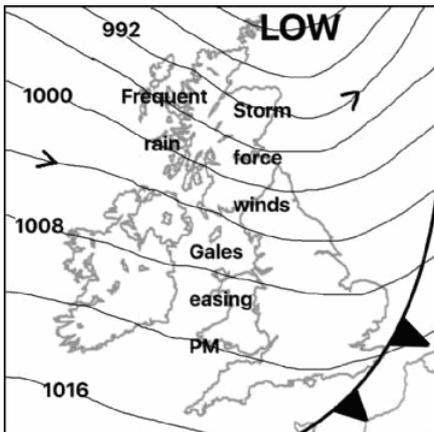
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Thursday, 14 June, 2018



British Mountain Summary:

Based on forecast chart for noon 14 June, 2018

A deep area of low pressure will bring a very windy day with widespread gales; storm-force winds over the hills of Scotland and Northern England. Winds gradually easing during the afternoon; most significantly England and Wales. Showers affecting many areas; these frequent across western Scotland, but easing across southern areas.

Headline for Cairngorms NP and Monadhliath

Very windy; storm-force winds. Showery with significant wind chill.

Detailed Forecast for Thursday, 14 June, 2018

How windy? (On the Munros)	Southwesterly soon veering westerly, in the range 50-80mph; highest in the morning. Easing slowly later in the afternoon and evening.
Effect of wind on you?	Difficult walking conditions from exposed low ground upwards. Higher up any mobility difficult on some exposed areas. You could be blown over. Significant wind chill.
How wet?	Rain on and off The legacy of the overnight rain should clear by dawn, but showers following from the west may be frequent over a few hours, occasionally heavy; possible sleet high tops. Least showers across Desside.
Cloud on the hills?	Extensive, base lifting Widely shrouding the mountains at first, patches to low levels. Cloud base tending to lift through the day, with breaks often above 800 to 1000m, or higher in east PM.
Chance of cloud free Munros?	30% at first; lifting to 60% into the afternoon.
Sunshine and air clarity?	Glimpses of sun, mostly east. Visibility very good at times, but reduced significantly by rain.
How Cold? (at 900m)	8C or higher at first, but soon likely dropping toward 4 or 5C.
Freezing Level	Above the summits, but dropping close to 1300m Cairngorms.

Cairngorms NP and Monadhliath - Looking Ahead

	Friday 15 June	Saturday 16 June
How windy? (On the Munros)	Southwest backing southerly later, 20 to 25mph, perhaps 30mph at first.	Mostly variable in direction 5-10mph or less.
Effect of wind on you?	Fairly small, but may impede ease of walking some high tops.	Negligible
How wet?	A few showers Frequently dry, but a risk of rain from time to time. Some heavy bursts locally, these spreading increasingly from the south-west in the afternoon.	Scattered showers Isolated bursts of rain here and there from dawn. Scattered showers will then develop from late morning onwards; perhaps locally heavy with a risk of thunder. Some areas; especially along the coast, will stay dry.
Cloud on the hills?	Breaks to higher tops Most cloud confined above 800 to 1000m, with breaks forming to most higher tops. Cloud often above the hills toward Deeside and the Lecht. Patches forming below 700m around rain.	Patchy fog clearing by midday Areas of low cloud will shroud the hills from dawn at varying heights, before lifting and breaking from mid to late morning. Most hills will become clear of cloud by midday, at least for a time, before some patches reform in and around showers.
Chance of cloud free Munros?	70%	60%
Sunshine and air clarity?	Patchwork of sun, although cloud tending to fill in. Visibility mostly very good, briefly reduced by rain.	Occasional sunshine breaking through. Visibility generally becoming very good.
How Cold? (at 900m)	4 rising to 7C.	5 lifting to around 8C
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 15 June, 2018**

Changeable conditions over the next week or so as frontal systems come in from the Atlantic. Spells of rain, most persistent on western mountains, accompanied by low cloud. Rain tending to focus on western Scotland next week, whilst England, Wales and the eastern Highlands should see just small amounts. Winds varied, but at times blustery, some days up to gale force on the mountains. Temperatures close to average, but cooler than recent times for many, particularly western Scotland.

Forecast issued at 16:34 on Wednesday, 13 June, 2018

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.