

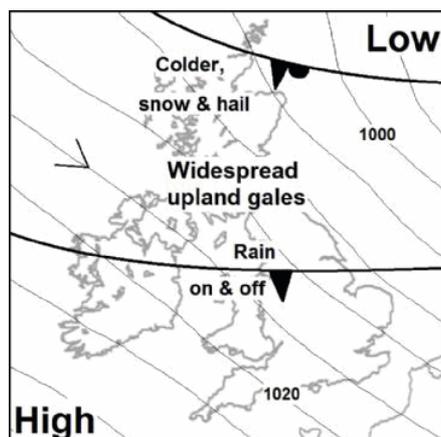
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Sunday, 13 January, 2019



British Mountain Summary:

Based on forecast chart for noon 13 January, 2019

A cold front edges southwards, producing rain for hills of England and Wales. Colder air follows, sub-zero on Scottish Munros, coldest toward the north. Snow or hail focused toward the N & W of the Highlands, frequent precipitation in places. Winds widely gale force on hills.

Headline for Cairngorms NP and Monadhliath

Upland gales. Increasing cold. Snow showers.

Detailed Forecast for Sunday, 13 January, 2019

How windy? (On the Munros)	West to northwesterly, 45 to 65mph, strongest in morning; easing toward 35mph only after dark.
Effect of wind on you?	Walking difficult across higher areas, and locally at times to lower slopes, with significant wind chill.
How wet? (Precipitation and its impact)	Showers, increasingly snow Showers, these fairly frequent for periods across the N Cairngorms & Monadhliath, more scattered toward Glen Garry and Deeside. Progressively falling as snow to 600-700m. Risk of hail.
Cloud on the hills?	Often shrouding higher areas Cloud often shrouding higher areas above 800-1000m; with patches lowering to 600m in precipitation near/west of the A9. Best of the breaks to the tops will be across Deeside.
Chance of cloud free Munros?	30%, or 50% eastern Cairngorms NP.
Sunshine? Air clarity (below cloud)	A few bursts of sunshine developing, most often eastern Cairngorms NP. Visibility generally very good outside precipitation, but slight haze.
How Cold? (at 900m)	Briefly 3C at dawn, lowering to 0C, then sub-zero after dark. Due to wind chill, feeling like -17C.
Freezing Level	1100-1300m at dawn, lowering to 900m.

Cairngorms NP and Monadhliath - Looking Ahead

	Monday 14 January	Tuesday 15 January
How windy? (On the Munros) Effect of wind on you?	Northwest backing westerly, 15 to 20mph, perhaps stronger around dawn. Increasing into the night to gale force. Fairly small much of the day.	Southwesterly, 45 to 60mph, risk over 70mph on higher areas. Marked increase of speed with height, resulting in difficult conditions on higher terrain; significant wind chill.
How wet? (Precipitation and its impact)	Snow flurries Snow flurries from dawn will tend to fade away by the afternoon. After dark, snow then drizzly rain moving in from west.	Rain on and off Rain likely to come and go through the day, most persistent west of the A9. Amounts generally small elsewhere, and east of the Cairngorms may be often dry.
Cloud on the hills? Chance of cloud free Munros?	Occasionally shrouding higher areas Areas of cloud will come and go above 800-1000m mainly in the morning, and most persistent across N Cairngorms. Towards dusk, risk of blanket cloud shrouding hills near and west of the A9 above 700-900m. 50%	Extensive higher areas Covering many mountains above 800-1000m, at times below 700m west of the A9. Breaks may form to higher levels around Deeside and the Lecht. 30%
Sunshine? Air clarity (below cloud)	Bursts of sunshine, becoming cloudier later. Visibility very good away from precipitation.	Glimpses of sun mostly eastern Cairngorms NP. A general slight haze, and visibility reduced by rain.
How Cold? (at 900m) Freezing Level	-4C lifting to -2C, then rising markedly to 2 to 4C overnight. Around 400m lifting to 700m, but most terrain frozen after frost at dawn. Lifting above summits overnight.	4 or 5C; but dropping to 0C then below into the night. Above summits, then overnight lowering from northwest to 800m before dawn on Wednesday.

Planning Outlook

All mountain areas of Britain from Monday, 14 January, 2019

Changeable westerlies early in the new week, with cycles of freeze and thaw on the mountains. Precipitation frequent on western hills, with extensive low cloud. Very wet in W/NW Scotland on Tuesday, plus gales on many mountains.

A cold front passes southwards on Wednesday, and freezing levels will drop markedly. Showers of snow or hail to increasingly low levels Weds-Thurs. A complicated picture toward next weekend as low pressure drifts across the country, with a mix of snow and rain likely. The further outlook favours generally cold conditions becoming established.

Forecast issued at 15:31 on Saturday, 12 January, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.