

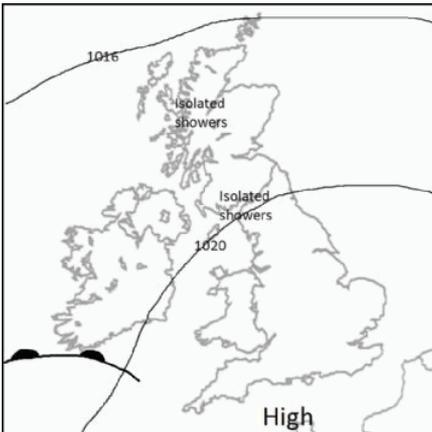
Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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General Summary for Sunday, 13 August, 2017



**British Mountain Summary:
Based on forecast chart for noon 13 August, 2017**

A transient ridge of high pressure will cross the UK during the day. There will be a few showers over Scottish highlands and here cloud will persist on higher western summits. Elsewhere, hills largely cloud free, patches of sun and light and.

Headline for Lake District

Isolated showers, but many hills cloud free.

Detailed Forecast for Sunday, 13 August, 2017

How windy? (On the summits)	Northwesterly 10 to locally 15mph at first, soon becoming variable less than 10mph.
Effect of wind on you?	Soon becoming negligible
How wet?	Isolated showers Isolated, if any showers developing during the day.
Cloud on the hills?	Mostly very little Any early banks of low cloud or valley fog will soon lift and disperse to leave all hills clear of cloud by midday.
Chance of cloud free summits?	70%
Sunshine and air clarity?	Periods of sunshine with excellent visibilities.
How Cold? (at 750m)	8-10C
Freezing Level	Above the summits

Lake District - Looking Ahead

	Monday 14 August	Tuesday 15 August
How windy? (On the summits)	Southerly 20-30mph occasionally 35mph.	Southwest veering westerly: 15-25mph
Effect of wind on you?	May impede walking across higher areas	Mainly small
How wet?	Rain on and off Becoming wet from the southwest at, or soon after dawn with rain spreading across all areas. However, the rain may well ease off, for a few hours during the afternoon, before returning again towards dusk.	Rain on and off Spells of showery rain on and off for much of the day. Heaviest and most persistent western fells and southern lakes.
Cloud on the hills?	Fairly extensive Cloud bases will generally be fairly high during the morning, with some hills clear, but becoming extensive by afternoon, with bases from lower slope upwards over southern Lakes and fells.	Fairly extensive Most if not all fells shrouded in cloud morning, especially western and southern Lakes. Bases tending to lift and perhaps break afternoon/evening outside showers.
Chance of cloud free summits?	30%	30%
Sunshine and air clarity?	Little or no sun. Visibility often poor, but temporally improving in the afternoon.	Fairly extensive poor visibility in hill fog morning. Glimpses of sunshine by afternoon with very good visibility developing.
How Cold? (at 750m)	10-11C	8 to 10C
Freezing Level	Above the summits	Above summits

Planning Outlook**All mountain areas of Britain from Monday, 14 August, 2017**

A continuation of the current unsettled weather pattern through next week with southwesterly winds bringing bands of low cloud and rain countrywide, although a transient ridge of high pressure will result in an improvement in conditions on Tuesday. From midweek onwards, increasing threat of upland gales and on western mountains heavy rain with areas of low pressure passing close by the UK.

Forecast issued at 7:27 on Sunday, 13 August, 2017

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2017.