

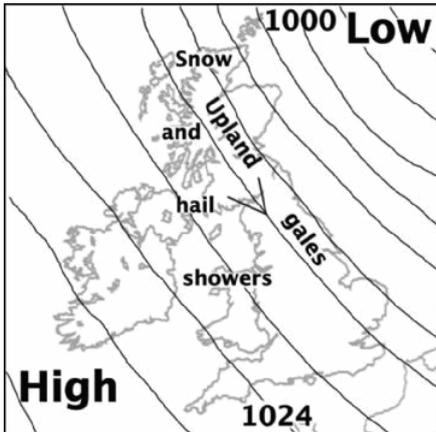
Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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General Summary for Friday, 8 December, 2017



**British Mountain Summary:
Based on forecast chart for noon 8 December, 2017**

Widespread upland northwesterly gales will bring bitterly cold air to all mountain areas. Snow will be frequent many western mountains and in northern Scotland. Elsewhere, only a few flurries. Nearly all terrain will be frozen, although not lower slopes in Wales.

Headline for Lake District

Upland gales. Risk snow flurries. Terrain nearly all frozen.

Detailed Forecast for Friday, 8 December, 2017

How windy? (On the summits)	Northwesterly 40mph.
Effect of wind on you?	Walking difficult on higher areas. Significant wind chill.
How wet?	Risk snow flurries Rare brief snow showers or flurries.
Cloud on the hills?	Little if any Rare patches higher fells only.
Chance of cloud free summits?	Greater than 90%
Sunshine and air clarity?	Bright sunshine. Excellent visibility.
How Cold? (at 750m)	-5C
Freezing Level	Almost all terrain frozen from valleys or just above valleys up.

Lake District - Looking Ahead

	Saturday 9 December	Sunday 10 December
How windy? (On the summits)	Northwesterly 20 to 30mph. Marginal decrease in speed during daylight.	Easterly 20mph to possibly 30mph.
Effect of wind on you?	Walking arduous on many higher areas, particularly near showers. Significant wind chill.	May impede ease of walking on higher areas.
How wet?	Snow showers Snow showers or flurries, but risk, particularly southwestern fells of the snow frequent - resulting in periods of whiteout.	Little or no precipitation Snow showers over the North Sea may reach Pennines. Moderate risk of snow over the Irish Sea south of Cumbria extending across Cumbria to give several hours of constant snow.
Cloud on the hills?	Intermittently shrouding higher tops Continually changing cloud base: near showers, shafts of cloud from a few hundred metres up, perhaps extensively for an hour or two. Between showers breaks, probably frequent, to higher summits.	Summits probably free of cloud There may well be only fragments of cloud on higher tops, most likely Pennines. However, should snow fall, expect fog to shroud the hills, perhaps from lower slopes up.
Chance of cloud free summits?	60%	50%
Sunshine and air clarity?	Bright sunshine, most frequently eastern fells. The air very clear - but sudden appalling visibility in snow and cloud.	Areas of sunshine, although a sheet of high level cloud may make the sun weak. The air very clear indeed, but visibility will be very poor in snow.
How Cold? (at 750m)	-5C	-4C
Freezing Level	Almost all terrain frozen. Only slight thawing lowest sunlit slopes and northwest facing coastal slopes.	Terrain frozen from valleys up.

Planning Outlook**All mountain areas of Britain from Saturday, 9 December, 2017**

Cold throughout the next 10 days, although across mainly Wales, incursions of warmer air will bring freeze thaw cycles to higher areas. Elsewhere, upland areas substantially frozen. Centres of low pressure will track across Britain bringing bouts of sustained upland snowfall (although not all areas will get these). Between, often fine with clear air and light winds.

Forecast issued at 12:14 on Thursday, 7 December, 2017

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2017.