

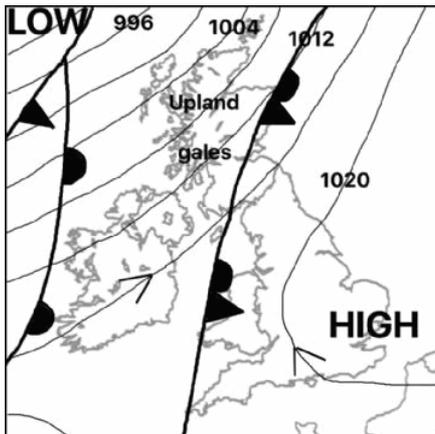
# Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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## General Summary for Sunday, 14 January, 2018



**British Mountain Summary:  
Based on forecast chart for noon 14 January, 2018**

Upland gales soon developing across Scotland with heavy rain/upland snow arriving across the west/northwest Highlands in the afternoon. Elsewhere, a weak front will lie from eastern/southern Scotland into west Wales, bringing low cloud and patchy rain/snow. Eastern Wales and the southern Pennines, many hills clear above valley fog.

**Headline for Lake District**

Extensive hill fog and patches of rain/upland snow. Winds picking up later.

## Detailed Forecast for Sunday, 14 January, 2018

<b>How windy? (On the summits)</b>	South to southwesterly, strengthening from 15 to 25 or possibly 35mph. (Upland gales following overnight.)
<b>Effect of wind on you?</b>	Fairly small during daylight.
<b>How wet?</b>	<b>Occasional rain</b> Drizzly rain, or sleet/snow above 750m, mainly south Lakes. Total rainfall small.
<b>Cloud on the hills?</b>	<b>Extensive, lowest south Lakes</b> South Lakes: Blanket fog across the hills, widely from lower slopes up, possibly confined above 500m Pennine fells. North Lakes, including N Pennines: patches of cloud on higher areas, mostly above 600 to 800m. But some summits may be free of cloud.
<b>Chance of cloud free summits?</b>	<b>30%</b>
<b>Sunshine and air clarity?</b>	Patches of sun north Lakes. Very hazy or murky.
<b>How Cold? (at 750m)</b>	2C
<b>Freezing Level</b>	Close to freezing on highest summits. Terrain frozen some lower slopes after a frost.

## Lake District - Looking Ahead

	<b>Monday 15 January</b>	<b>Tuesday 16 January</b>
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	At and pre-dawn southwesterly 55mph; soon veering westerly 35mph. Particularly gusty near showers afternoon. <b>Walking arduous on higher areas, and in afternoon, increasingly sudden buffeting in gusty winds. Significant wind chill.</b>	Westerly in the range 35-50mph. Sudden gustiness/squalls to valley level near showers. <b>Walking will be arduous, to at times difficult, with significant buffeting and severe wind chill.</b>
<b>How wet?</b>	<b>Snow and hail showers increasingly</b> Overnight rain, finishing as snow on higher fells, will clear by or soon after dawn. Hail & snow showers will follow, increasingly frequent afternoon, when of snow above 300m, resulting in appalling visibility.	<b>Frequent snow and hail showers.</b> Snow and hail showers, often heavy and coming in one after another giving intermittent whiteout from lower slopes up. Risk thunder. Snow will lie into the valleys, except perhaps near the coast.
<b>Cloud on the hills?</b>	<b>Frequently shrouding higher areas</b>  Quickly varying cloud base: shafts of cloud below 450m near precipitation, more often the fog above about 800m, but occasionally clearing higher tops.	<b>Often shrouding higher tops</b>  Rapid changes in cloud base in and out of showers. Cloud briefly down to lower slopes near showers, but often base above 700 to 900m, with occasional clearances to higher tops, especially across the North Pennines.
<b>Chance of cloud free summits?</b>	<b>40%</b>	<b>30%</b>
<b>Sunshine and air clarity?</b>	Bursts of sunshine. Away from precipitation, the air clear - but frequently visibility very poor due to snow.	Glimpses of sun between the showers.  The air very clear, but visibility suddenly deteriorating to near zero in snow and cloud.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	1C dropping erratically to -2C during daylight.  Pre-dawn above summits. After dawn, soon 750m and by dusk 650m.	-3 to -4C  Around 300-400m

**Planning Outlook****All mountain areas of Britain from Monday, 15 January, 2018**

Almost constant strong cold westerly winds, frequently gale force on the mountains next week, will bring copious snowfall to western mountains, concentrated on the W & NW Highlands. The snow and often hail, will be showery in character, and accumulations will drop progressively eastwards. Temperatures only marginally above freezing point lower slopes Scotland, and frequently below freezing above about 600m England and Wales.

Winds will then veer northerly later in the week, maintaining the low freezing levels.

**Forecast issued at 14:28 on Saturday, 13 January, 2018**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.