

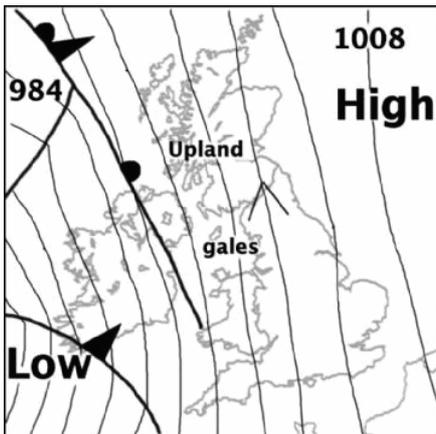
# Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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## General Summary for Wednesday, 14 March, 2018



**British Mountain Summary:**  
Based on forecast chart for noon 14 March, 2018

Widespread upland gales.  
Extensively cloudy but much of the cloud well above the summits.  
Here and there a little rain.  
Thaw of lying snow, except highest summits Scottish Highlands.

### Headline for Lake District

Upland gales. Rain rare if any. Summits extensively cloud free.

## Detailed Forecast for Wednesday, 14 March, 2018

<b>How windy? (On the summits)</b>	South or southeasterly; 35-50mph; gradually strengthening through the day.
<b>Effect of wind on you?</b>	<b>Walking widely arduous on higher areas all day, and increasingly difficult where exposed.</b> <b>Significant wind chill.</b>
<b>How wet?</b>	<b>Rain unlikely</b> Risk of a 'few spots of rain in the wind'.
<b>Cloud on the hills?</b>	<b>Very little</b> Most or all mountains free of cloud by late morning.
<b>Chance of cloud free summits?</b>	<b>90%</b>
<b>Sunshine and air clarity?</b>	Pockets of sun here and there, but extensive high level cloud. Visibility good, but marked haze.
<b>How Cold? (at 750m)</b>	2C. Will feel as cold as minus 11 Celsius directly in the wind.
<b>Freezing Level</b>	Above the summits

## Lake District - Looking Ahead

	Thursday 15 March	Friday 16 March
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southeasterly, up to 50mph after dawn. Will ease through the day, perhaps to 30mph by late afternoon. <b>Widely difficult walking and significant wind chill morning. Conditions may well ease.</b>	Easterly 20 to 40mph; strengthening through the day. Sudden gusts reaching some lower slopes west of major ridges. <b>Walking increasingly difficult and significant wind chill developing where exposed on the hills.</b>
<b>How wet?</b>	<b>Rain, particularly Pennines.</b> Rain on and off throughout the day. Snow highest tops Pennines, mainly Cross Fell.	<b>Rain, increasingly turning to snow</b> Rain on and off, although may be frequent Pennines. May amount to very little west Cumbria. Will turn to snow initially on highest Pennines, but by dusk above 250m Pennines and 500 to 800m west.
<b>Cloud on the hills?</b>	<b>Extensive; very low Pennines/S Lakes</b>  Blanket fog much of region above 300 to 500m, although mostly above 650m north Lakes and western fells elsewhere. There may be an improvement from the south during the day, but this very uncertain.	<b>Extensive, especially Pennines</b>  Persistent fog above 400-600m Pennines. The base will rise westwards: across west Cumbria most cloud above 650m.
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>10%</b>
<b>Sunshine and air clarity?</b>	Little or no sunshine. Very hazy - widely foggy on the fells - most or all day.	Sunshine not expected. Hazy lower slopes and extensive fog higher areas, particularly Pennines.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	1 to 3C; coldest Pennines.  800m near Cross Fells, otherwise just above the summits.	3C dropping from east to 0 to -3C.  Above the summits, but dropping, perhaps abruptly from east to 500-800m by dusk.

**Planning Outlook****All mountain areas of Britain from Thursday, 15 March, 2018**

Turning progressively colder toward and through the weekend. Extensive low cloud and rain, increasingly turning to snow concentrated more eastern mountains toward the weekend (considerable snowfall SE highlands). By the weekend, the snow lying on lower slopes, but very little will fall on western mountains.

Widespread upland gales will ease over the weekend, initially over the Scottish Highlands, to give a period of cold dry weather early next week.

**Forecast issued at 12:08 on Tuesday, 13 March, 2018**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.