

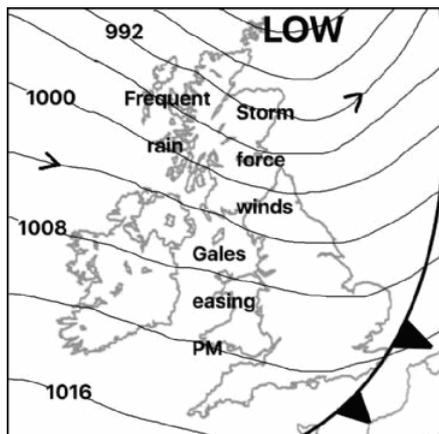
Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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General Summary for Thursday, 14 June, 2018



British Mountain Summary: Based on forecast chart for noon 14 June, 2018

A deep area of low pressure will bring a very windy day with widespread gales; storm-force winds over the hills of Scotland and Northern England. Winds gradually easing during the afternoon; most significantly England and Wales. Showers affecting many areas; these frequent across western Scotland, but easing across southern areas.

Headline for Lake District

Very windy; storm-force winds. Showery with significant wind chill.

Detailed Forecast for Thursday, 14 June, 2018

How windy? (On the summits)	Southwesterly soon veering westerly, in the range 50-80mph; highest in the morning. Easing slowly later in the afternoon to 30-40mph.
Effect of wind on you?	Difficult walking conditions from exposed low ground upwards. Higher up any mobility difficult on some exposed areas. You could be blown over. Significant wind chill. Conditions easing later.
How wet?	Showers; frequent for a time before easing The legacy of overnight rain at dawn will soon clear, but showers following from the west may become frequent over a few hours around midday, briefly heavy. Through the afternoon, often dry as these showers become fewer and further between.
Cloud on the hills?	Extensive at first; lifting and breaking Widely shrouding the fells from dawn, often to low levels. However, the cloud base will gradually lift, with breaks forming to 600m, or higher eastern Lakes & Pennines by midday. Bases will lift further into the afternoon with cloud clearing many tops; although a few patches may linger above 800m in the west.
Chance of cloud free summits?	20% at first; lifting to 60% into the afternoon.
Sunshine and air clarity?	Glimpses of sun developing by afternoon. Visibility poor much of morning, but improving and becoming very good PM.
How Cold? (at 750m)	7 to 9C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 15 June	Saturday 16 June
How windy? (On the summits)	Southwest backing southerly later, around 20mph.	Southwesterly 15-25mph; may drop out and become light and variable during the afternoon.
Effect of wind on you?	Fairly small.	May impede walking locally across higher slopes in the morning.
How wet?	Chance of showers Most or all day dry. Isolated showers may form by afternoon inland and toward the Pennines.	Bursts of rain, some heavy Showery rain will spread in from the west to give rain 'on and off, through much of the day, before easing away later in the evening.
Cloud on the hills?	Breaks to most tops Most cloud confined above 700m by mid-morning, and clearing most higher summits by afternoon, or perhaps sooner toward the Pennines.	Morning fog lifting to higher tops Low cloud will shroud the hills from dawn, perhaps fairly extensively down to lower slopes, before lifting into the afternoon. Some hills will become clear of cloud. However, it may well linger across higher tops, and some may reform to lower slopes where rain persists for an hour or so.
Chance of cloud free summits?	60%	40%
Sunshine and air clarity?	Patchwork of sun, although cloud tending to fill in. Visibility mostly very good, briefly reduced by rain.	Mainly overcast; a few bursts of weak sun possible now and again. Visibility generally poor, but improving from the west in the afternoon.
How Cold? (at 750m)	6 rising to 8 or 9C.	7 rising to 10C
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 15 June, 2018**

Changeable conditions over the next week or so as frontal systems come in from the Atlantic. Spells of rain, most persistent on western mountains, accompanied by low cloud. Rain tending to focus on western Scotland next week, whilst England, Wales and the eastern Highlands should see just small amounts. Winds varied, but at times blustery, some days up to gale force on the mountains. Temperatures close to average, but cooler than recent times for many, particularly western Scotland.

Forecast issued at 16:34 on Wednesday, 13 June, 2018

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.