

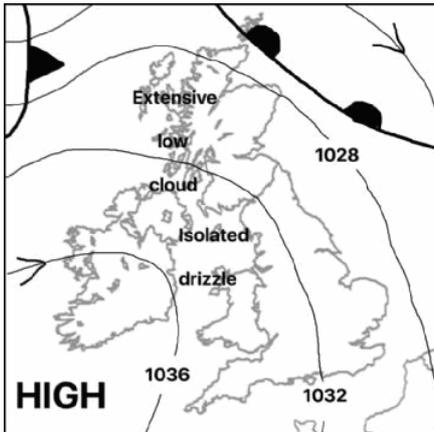
# Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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## General Summary for Friday, 11 January, 2019



**British Mountain Summary:  
Based on forecast chart for noon 11 January, 2019**

Moist and blustery westerly winds will result in extensive cloud shrouding many hills with patches of drizzle; especially across western Scotland. However, little if any drizzle will affect the Pennines where cloud will be confined to higher western tops.

**Headline for Lake District**

Cloud shrouding higher areas, a little drizzle. Breaks in the east.

## Detailed Forecast for Friday, 11 January, 2019

<b>How windy? (On the summits)</b>	Northwest backing westerly, 20 to 25mph.
<b>Effect of wind on you?</b>	Fairly small.
<b>How wet? (Precipitation and its impact)</b>	<b>Rare drizzle</b> A few patches of drizzle west Lakes, otherwise substantially or completely dry.
<b>Cloud on the hills?</b>	<b>Mostly higher areas</b> Most cloud confined above 700m, but may form below 600m at times western and central fells. Breaks to higher tops Pennines and east from Helvellyn.
<b>Chance of cloud free summits?</b>	<b>30%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Glimpses of sun, most frequent eastern areas. Visibility mostly good, or very good toward east.
<b>How Cold? (at 750m)</b>	3C
<b>Freezing Level</b>	Above the summits.

## Lake District - Looking Ahead

	<b>Saturday 12 January</b>	<b>Sunday 13 January</b>
<b>How windy? (On the summits)</b>	Westerly 40mph	West to northwest, 40 to 50mph, risk 60mph for a few hours.
<b>Effect of wind on you?</b>	<b>Walking difficult, and wind chill significant, where exposed on higher areas.</b>	<b>Walking arduous or at times difficult across higher areas with significant wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain and drizzle most of the day</b> Rain and drizzle frequently west Cumbria and occasionally east Cumbria.	<b>Patchy rain, then a few showers</b> A few patches of drizzly rain from dawn, these will tend to clear to leave a few showers for the afternoon.
<b>Cloud on the hills?</b>	<b>Blanket fog across the fells</b>  Blanket fog from lower slopes all western and central fells, and above 450 to 650m elsewhere.	<b>Extensive, lifting to higher slopes.</b>  Extensive low cloud from dawn, fairly widely down to lower slopes. Will tend to lift and break into the afternoon, and become confined above 700-900m.
<b>Chance of cloud free summits?</b>	<b>10%</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine unlikely. Visibility frequently reduced by rain, most significantly toward the coast.	A few glimpses of the sun, mainly across eastern areas.  Visibility fairly poor at first, but improving.
<b>How Cold? (at 750m)</b>	3C.	4 or 5C, lowering to 2C.
<b>Freezing Level</b>	Above the summits	Above the summits.

**Planning Outlook****All mountain areas of Britain from Saturday, 12 January, 2019**

A gradual change this weekend and into next week as a broad band of generally westerly winds becomes established. Precipitation will fall, mainly on western mountains, as fronts come through and upland gales will be frequent, particularly Scottish Highlands.

Temperature wise, a more typical range with freeze thaw cycles on the Scottish Highlands, allowing some accumulation of snow on the Munros. Elsewhere, higher summits occasionally below freezing point, but lying snow, if any, transient.

**Forecast issued at 15:32 on Thursday, 10 January, 2019**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.