

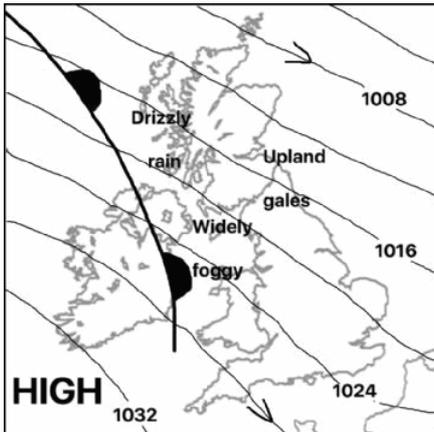
# Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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## General Summary for Saturday, 12 January, 2019



**British Mountain Summary:  
Based on forecast chart for noon 12 January, 2019**

A windy day across all hills with strong to gale force westerly winds resulting in significant chill. Extensive low cloud across many hills, highest bases and best breaks across eastern areas. Patches of drizzly rain; these frequent and later heavy across western Scotland.

**Headline for Lake District**

Upland gales, drizzly showers. Extensive hill fog, bases lowering.

## Detailed Forecast for Saturday, 12 January, 2019

|  |  |
|--|--|
| <b>How windy? (On the summits)</b>             | Westerly 35-50mph  |
| <b>Effect of wind on you?</b>                  | <b>Walking difficult, and wind chill significant, where exposed on higher areas.</b>   |
| <b>How wet? (Precipitation and its impact)</b> | <b>Drizzly showers most of the day</b><br>Drizzly rain frequently west Cumbria and occasionally east Cumbria.  |
| <b>Cloud on the hills?</b>                     | <b>Extensive</b><br>Extensive low cloud will shroud the fells through the day. Through the morning, bases generally around 600-800m; highest well inland with local breaks. However, in the afternoon, bases will lower to around 200-500m, lowest toward coast. |
| <b>Chance of cloud free summits?</b>           | <b>10%</b>   |
| <b>Sunshine? Air clarity (below cloud)</b>     | Glimpses of sun here and there eastern valleys.<br>Visibility frequently reduced by rain, most significantly toward the coast.   |
| <b>How Cold? (at 750m)</b>                     | 3C. Feeling closer to -10C in direct exposure to the wind.   |
| <b>Freezing Level</b>                          | Above the summits  |

## Lake District - Looking Ahead

|   | Sunday 13 January   | Monday 14 January  |
|---|---|--|
| <b>How windy? (On the summits)</b><br><br><b>Effect of wind on you?</b> | West to northwest, 40 to 50mph, risk 60mph for a few hours.<br><br><b>Walking arduous or at times difficult across higher areas with significant wind chill.</b>  | Low confidence in detail of forecast: Northwesterly 20-25mph, but risk 35mph for a few hours around dawn.<br><br><b>Will impede walking for a few hours around dawn with significant wind chill.</b> |
| <b>How wet?</b><br>(Precipitation and its impact)                       | <b>Patchy rain, then a few showers</b><br>A few patches of drizzly rain from dawn, these will tend to clear to leave a few showers for the afternoon.   | <b>Largely dry</b><br>Substantially, or completely, dry through the day.   |
| <b>Cloud on the hills?</b>  | <b>Extensive, lifting to higher slopes.</b><br><br>Extensive low cloud from dawn, fairly widely down to lower slopes. Will tend to lift and break into the afternoon, and become confined above 700-900m. | <b>Mostly very little until late on</b><br><br>A few patches will come and go across the highest tops, mainly in the morning. Towards dusk, risk of blanket of cloud shrouding areas above 600-800m. |
| <b>Chance of cloud free summits?</b>                                    | <b>30%</b>  | <b>60%</b>   |
| <b>Sunshine?</b><br>Air clarity (below cloud)                           | A few glimpses of the sun, mainly across eastern areas.<br><br>Visibility fairly poor at first, but improving.  | Patches of sun, becoming overcast later.<br><br>Visibility very good or excellent.   |
| <b>How Cold? (at 750m)</b><br><br><b>Freezing Level</b>                 | 4 or 5C, lowering to 2C.<br><br>Above the summits.  | -2C lifting to 2C<br><br>Around 500m, lifting above summits into afternoon, but some eastern valleys staying close to zero into the afternoon.   |

**Planning Outlook****All mountain areas of Britain from Sunday, 13 January, 2019**

A gradual change into next week as a broad band of generally westerly winds becomes established. Precipitation will fall, mainly on western mountains, as fronts come through and upland gales will be frequent, particularly Scottish Highlands. Temperature wise, a more typical range with freeze thaw cycles on the Scottish Highlands, allowing some accumulation of snow on the Munros. Elsewhere, higher summits occasionally below freezing point, but lying snow, if any, transient.

**Forecast issued at 15:53 on Friday, 11 January, 2019**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.