

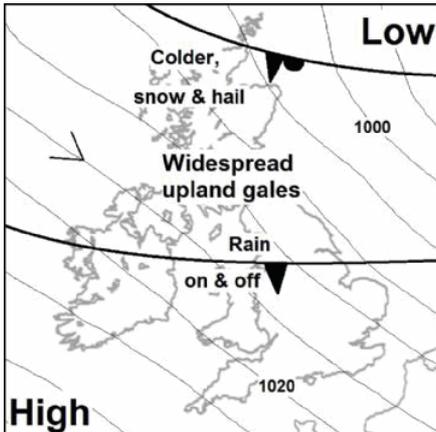
Lake District

Includes the whole of Cumbria, and also the western Pennines North from Ingleborough.



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General Summary for Sunday, 13 January, 2019



British Mountain Summary:

Based on forecast chart for noon 13 January, 2019

A cold front edges southwards, producing rain for hills of England and Wales. Colder air follows, sub-zero on Scottish Munros, coldest toward the north. Snow or hail focused toward the N & W of the Highlands, frequent precipitation in places. Winds widely gale force on hills.

Headline for Lake District

Upland gales. Rain and low cloud, improving through day.

Detailed Forecast for Sunday, 13 January, 2019

How windy? (On the summits)	West to northwesterly, 40 to 50mph, but 60mph, locally 65-70mph higher tops for a few hours in morning.
Effect of wind on you?	Walking arduous or at times difficult across higher areas with significant wind chill. Gusty in places to lower slopes.
How wet? (Precipitation and its impact)	Early rain, then a few showers Rain or drizzle on and off for a few hours from dawn, most persistent western fells, will tend to clear to leave a few brief showers for the afternoon.
Cloud on the hills?	Extensive, lifting to higher slopes. Extensive low cloud from dawn, fairly widely down to lower slopes. Will tend to lift and break into the afternoon; patches becoming confined above 700-900m.
Chance of cloud free summits?	30% rising to 60% afternoon.
Sunshine? Air clarity (below cloud)	A few glimpses of the sun, mainly across eastern areas by afternoon. Visibility fairly poor for a few hours, but improving.
How Cold? (at 750m)	4 or 5C at dawn, lowering by midday to 2C. Due to wind chill, feeling like -10 to later -15C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Monday 14 January	Tuesday 15 January
How windy? (On the summits) Effect of wind on you?	Northwest backing westerly 20-25mph, but around dawn may be nearer 35mph. Then 30-40mph overnight. Ease of walking impeded on higher areas, and particularly early morning significant wind chill where exposed.	Southwesterly, 35 to 50mph. Marked increase of speed with height, resulting in buffeting on higher terrain; significant wind chill.
How wet? (Precipitation and its impact)	Largely dry Chance of local snow flurries (rain lower slopes) from dawn, fading to leave just isolated rain showers mostly in west.	Occasional rain or drizzle A little rain from time to time, focused on west and southern fells. Some areas persistently damp, but rainfall totals generally small.
Cloud on the hills? Chance of cloud free summits?	Mostly very little until late on A few patches will come and go across the highest tops, mainly in the morning. Towards dusk, risk of blanket of cloud shrouding areas above 600-800m. 60%	Extensive higher areas Covering higher fells much of the day above 650-800m, at times patches may form to lower slopes near Irish Sea. Some breaks to higher levels, mostly N Pennines. 30%
Sunshine? Air clarity (below cloud)	Patches of sun, becoming overcast later. Visibility very good or excellent.	Glimpses of sun mostly eastern valleys, where visibility mostly good. A general slight haze, and visibility reduced at times by rain or drizzle.
How Cold? (at 750m) Freezing Level	-2C lifting to 2C, then rising further overnight to 4C. 500-700m morning, lowest toward east; lifting above summits into afternoon, but some valleys staying close to zero.	4 or 5C. Above the summits.

Planning Outlook**All mountain areas of Britain from Monday, 14 January, 2019**

Changeable westerlies early in the new week, with cycles of freeze and thaw on the mountains. Precipitation frequent on western hills, with extensive low cloud. Very wet in W/NW Scotland on Tuesday, plus gales on many mountains.

A cold front passes southwards on Wednesday, and freezing levels will drop markedly. Showers of snow or hail to increasingly low levels Weds-Thurs. A complicated picture toward next weekend as low pressure drifts across the country, with a mix of snow and rain likely. The further outlook favours generally cold conditions becoming established.

Forecast issued at 15:31 on Saturday, 12 January, 2019

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.