

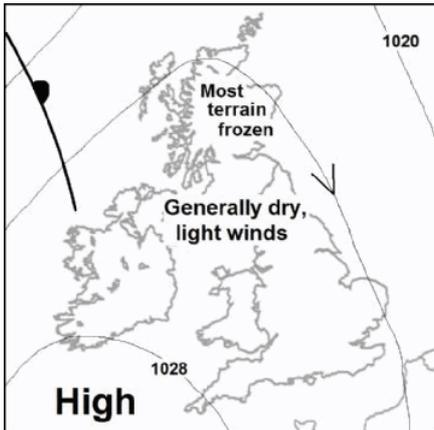
Lake District

Covers all upland areas in the region of Cumbria - including Pennine fells and thus overlaps with NW extension to Yorkshire Dales NP.



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General Summary for Monday, 11 February, 2019



**British Mountain Summary:
Based on forecast chart for noon 11 February, 2019**

A ridge of high pressure moves across the country, producing a fair, crisp winter's day. The air very clear. Sunshine weakening as cloud builds from the west. Widespread frost in the valleys and glens in the morning. Most mountain terrain frozen. Light winds much of the day.

Headline for Lake District

Dry, cold and sunny, tops clear. Light winds.

Detailed Forecast for Monday, 11 February, 2019

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Northerly 10-20mph at dawn, strongest Pennines. Soon easing and becoming variable, later southwesterly, 5-10mph. Will strengthen overnight.</p> <p>Local considerable wind chill at dawn, soon becoming negligible.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>No precipitation expected</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Very little</p> <p>Isolated patches drifting across some higher tops from time to time, mainly around dawn. Otherwise, widely clear.</p> <p>90%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Fairly extensive sunshine, but becoming increasingly hazy as high level cloud spreads in from west. Visibility excellent.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>-1 to -3C, typically coldest Pennines.</p> <p>400-500m, rising slowly to 600-700m western fells. Widespread frost in valleys around dawn.</p>

Lake District - Looking Ahead

	Tuesday 12 February	Wednesday 13 February
How windy? (On the summits) Effect of wind on you?	Southwesterly 30 to 40mph. Marked increase of speed with height. Walking arduous at times across higher areas with significant wind chill.	South to southwesterly, 30 to 40mph; strongest near/north of major Lakeland ridges and summits. Buffeting at times, in places through passes and cols and locally gusty to lower slopes. Significant wind chill.
How wet? (Precipitation and its impact)	Increasing risk of drizzle After a dry start, cloud will thicken from the west and bring with it a few patches of drizzle. The drizzle may become more constant in the afternoon.	Patchy drizzle Small amounts drizzly rain, mostly southwestern Lakeland fells. Very little reaching N Lakes and N Pennines.
Cloud on the hills? Chance of cloud free summits?	Becoming extensive A few patches some higher tops at first. However, increasingly through morning cloud will descend onto the hills and become extensive by midday. 40%	Very low cloud, some breaks Banks of cloud, at times to lower slopes near the Irish Sea. Some tops may emerge above or between cloud layers. Breaks to high tops most frequent toward N Lakes & N Pennines. 40%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly across eastern areas in morning. Visibility good, but lowering in drizzle.	Rare glimpses of sun, mostly toward N/E Lakes, where visibility at times good. A general haze across most fells, visibility reduced further in drizzle.
How Cold? (at 750m) Freezing Level	1C at first, lifting to 4C Above the summits.	3 to 5C; small change of temperature with increasing height on the fells. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 12 February, 2019**

South to southwesterly winds will dominate from Tuesday onward and through next weekend; gale force at times, particularly the Scottish Highlands, with local strong gusts to lower slopes and through passes. Low cloud will often plague western hills, with patchy rain or drizzle. Generally small amounts of precipitation; often dry away from west coasts. Highest cloud breaks toward the north/east of major upland ranges. Temperatures lifting above freezing even up to higher summits for several days, with a period of thaw across all areas. Local inversion conditions developing at times as the week progresses.

Forecast issued at 14:34 on Sunday, 10 February, 2019

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.