

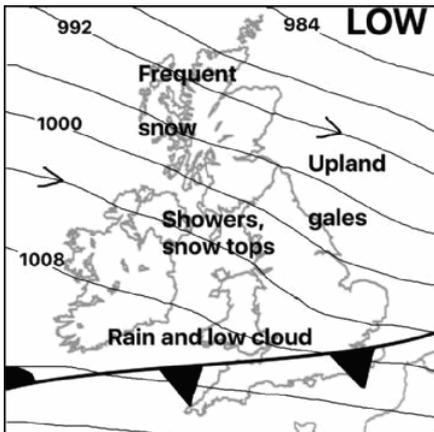
Lake District

Covers all upland areas in the region of Cumbria - including Pennine fells and thus overlaps with NW extension to Yorkshire Dales NP.



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General Summary for Friday, 15 March, 2019



British Mountain Summary: Based on forecast chart for noon 15 March, 2019

Upland gales will bring difficult conditions across the hills with significant/severe wind chill. Frequent snow/hail showers will drive across Scotland through the day, risk thunder in north. Further south, extensive low cloud and rain will edge south to become largely confined to south Wales in afternoon. Showers following to north England, snow on tops.

Headline for Lake District

Upland gales/significant chill. Showers, increasingly of snow tops.

Detailed Forecast for Friday, 15 March, 2019

How windy? (On the summits)	Westerly in the range 40-60mph, easing to 30-35mph later in the afternoon.
Effect of wind on you?	Walking widely arduous or difficult with significant buffeting and wind chill. Conditions easing later in afternoon.
How wet? (Precipitation and its impact)	Showers, snow increasingly higher tops. Rain at dawn will soon break up and clear by mid morning. Then scattered showers will spread in from the west, these increasingly falling as snow above 700m.
Cloud on the hills?	Covering higher tops Often covering the Fells above 800-900m with patches down to 500-600m in showers. However, some breaks to higher tops between showers, especially in the east.
Chance of cloud free summits?	40%
Sunshine? Air clarity (below cloud)	Occasional bursts of sun between showers. A general haze, and visibility reduced in rain/showers.
How Cold? (at 750m)	3 to 5C, dropping to 1C. Feeling closer to -15C in direct exposure to the wind.
Freezing Level	Starting above the summits, lowering later toward 800m by afternoon.

Lake District - Looking Ahead

	Saturday 16 March	Sunday 17 March
How windy? (On the summits) Effect of wind on you?	Low confidence: Perhaps a lull at first, but soon becoming southwesterly 35-45mph, risk 50mph for a time. Walking likely arduous or at times locally difficult for much of the day with significant wind chill.	Northwesterly 25-30mph, but reaching 35mph at times. Will impede walking at times across higher areas with significant wind chill and marked buffeting.
How wet? (Precipitation and its impact)	Rain/upland snow much of the day. Rain soon setting in, initially snow to lower slopes, but becoming confined to high tops and may turn to rain here for a few hours. Precipitation clearing to showers by late afternoon, these falling as snow above 400m.	Snow and hail showers Occasional snow and hail showers through the day, perhaps frequent for a time towards the coast. Increasingly rain below 600m in the afternoon. Risk of isolated lightning.
Cloud on the hills?	Extensive Cloud is likely to be extensive across the hills for much of the day; to lower slopes across western hills. However, some fleeting breaks to tops across North Pennines.	Breaks to tops, lowering in snow. Cloud bases varying: briefly below 500-600m near precipitation, but generally well scattered cloud with bases more typically around 900m or above and thus affording good breaks to highest tops.
Chance of cloud free summits?	20%	60%
Sunshine? Air clarity (below cloud)	Rare, if any, glimpses of sun; mainly in the east. Visibility mostly poor/very poor due to low cloud and rain/snow.	Occasional sunshine. Visibility often very good or excellent, but becoming very poor in snow.
How Cold? (at 750m) Freezing Level	-2C, lifting to between 2 and 4C for a few hours. 500-600m, but lifting to or above summits for a few hours.	-3C, lifting to 0 or 1C by the end of the day. 400m at first, lifting to 800m by end of the day.

Planning Outlook**All mountain areas of Britain from Saturday, 16 March, 2019**

Despite significant uncertainties on track, an area of low pressure will move in on Saturday with bring widespread precipitation, low cloud and upland gales across many hills. Snow is expected to fall across higher parts of the North Pennines/Lakes for a time, but more widely, and to low levels, across the Southern Uplands and later central/southern Highlands. By Sunday, northwest winds will bring snow showers across many hills, increasingly rain to lower slopes through day. Largely fine on Monday, but low cloud and rain will reach western hills late on. This will then herald a change to milder, cloudier and across Scotland damp conditions through the middle of the week with a period of sustained thaw.

Forecast issued at 16:37 on Thursday, 14 March, 2019

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.