

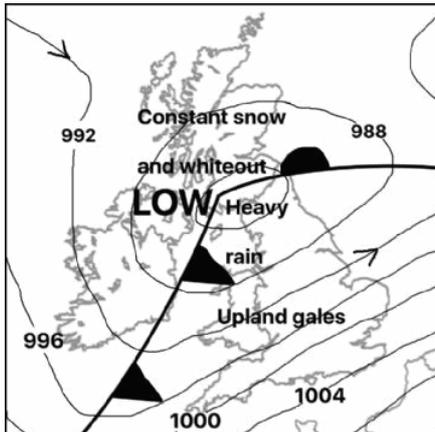
# Lake District

Covers all upland areas in the region of Cumbria - including Pennine fells and thus overlaps with NW extension to Yorkshire Dales NP.



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## General Summary for Saturday, 16 March, 2019



**British Mountain Summary:  
Based on forecast chart for noon 16 March, 2019**

Scotland: Widespread snow spreading north with sustained whiteout developing and significant accumulations. Snow turning to rain to high tops in far south for a time.

England/Wales: Severe gales, heavy rain and low cloud. Snow for a time across N Pennines/Lakes at first and again by evening.

**Headline for Lake District**

Heavy rain, initially snow higher areas. Extensive hill fog. Afternoon gales.

## Detailed Forecast for Saturday, 16 March, 2019

<b>How windy? (On the summits)</b>	Southeast 20-30mph in morning, but may be marked lull. Becoming southwest 45-65mph in afternoon, before winds veer westerly 40mph into evening.
<b>Effect of wind on you?</b>	<b>Mostly small in morning, but becoming widely difficult across higher areas by afternoon with frequent buffeting and severe wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Heavy rain, initially snow higher areas.</b> A wet day across the area with rain often heavy and rarely ceasing all day. Around dawn, the rain will fall as snow above 500m, but soon turning to rain at all levels. Into the evening, the rain will clear to be replaced by showers, these will increasingly fall as snow down to 400m.
<b>Cloud on the hills?</b>	<b>Extensive</b> Cloud will shroud the hills extensively in fog throughout the day. Bases generally around 300-500m across western hills and 500-700m towards N Pennines where some fleeting breaks may occur.
<b>Chance of cloud free summits?</b>	<b>10%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Little or no sun. Visibility often poor or very poor through the day due to constant precipitation.
<b>How Cold? (at 750m)</b>	-2C at dawn, but soon lifting to between 3 and 5C. Will lower abruptly to -2C into the evening with higher terrain becoming widely icy.
<b>Freezing Level</b>	500-600m at dawn, but soon lifting above summits by mid/late morning. Lowering abruptly to 500m again into the evening.

## Lake District - Looking Ahead

	<b>Sunday 17 March</b>	<b>Monday 18 March</b>
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Northwesterly 25-30mph, but reaching 35mph at times.  <b>Will impede walking at times across higher areas with significant wind chill and marked buffeting.</b>	Northwesterly backing westerly in the range 15 to 25mph; strongest around dawn when risk 30mph.  <b>May impede walking occasionally across higher areas with marked wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow and hail showers</b> Occasional snow and hail showers through the day, perhaps frequent for a time towards the coast. Increasingly rain below 600m in the afternoon. Risk of isolated lightning.	<b>No precipitation expected.</b>
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Breaks to tops, lowering in snow.</b>  Cloud bases varying: briefly below 500-600m near precipitation, but generally well scattered cloud with bases more typically around 900m or above and thus affording good breaks to highest tops.  <b>60%</b>	<b>Generally very little</b>  Hills largely clear through the day, other than a few patches across higher tops now and again. However, risk towards dusk of low cloud capping western hills.  <b>70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Occasional sunshine.  Visibility often very good or excellent, but becoming very poor in snow.	Occasional sunshine, clouding over from west later.  Visibility very good or excellent.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	-3C, lifting to 0 or 1C by the end of the day.  400m at first, lifting to 800m by end of the day.	-2C lifting to 0C  600m lifting to 800m, but frost in the valleys around dawn.

**Planning Outlook****All mountain areas of Britain from Sunday, 17 March, 2019**

On Sunday, north to northwesterly winds will bring hail and snow showers across many hills, increasingly rain to lower slopes through day, with risk of local thunder. Largely fine on Monday, but low cloud and patchy rain/summit snow will reach western Scotland late on. This will then herald a change to milder, cloudier and at times damp conditions across Scotland with a period of sustained thaw. Higher pressure across England and Wales into the middle of the week will result in largely dry conditions here with lighter winds, although low cloud will affect western hills at times.

**Forecast issued at 16:36 on Friday, 15 March, 2019**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.