

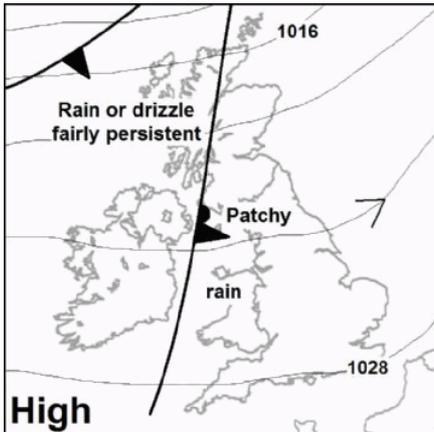
# Lake District

Covers all upland areas in the region of Cumbria - including Pennine fells and thus overlaps with NW extension to Yorkshire Dales NP.



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## General Summary for Tuesday, 19 March, 2019



### British Mountain Summary: Based on forecast chart for noon 19 March, 2019

Mild southwesterlies bring low cloud to western hills, with rain or drizzle frequent or persistent for several hours; wettest conditions focused on western Scotland. Patchier rain and higher cloud breaks toward the east. Blustery N England & Scotland, up to gale force far N/NW Highlands.

### Headline for Lake District

Low cloud, patchy rain. Blustery at times.

## Detailed Forecast for Tuesday, 19 March, 2019

<b>How windy? (On the summits)</b>	Southwesterly 20 to 25, occasionally 30-35mph, strongest middle of day into afternoon.
<b>Effect of wind on you?</b>	<b>Walking impeded at times across hills, blustery in places through passes and cols. Notable wind chill in exposure.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>A little rain</b> Patches of rain or drizzle from time to time, most common south & west Lakes, but total rainfall small. Chance of an isolated heavier burst locally.
<b>Cloud on the hills?</b>	<b>Extensive across most fells</b> Banks of low cloud shrouding hills near coast much of day from low levels up. Otherwise, cloud fairly extensive above 500-700m. Highest breaks NE Lakes and N Pennines.
<b>Chance of cloud free summits?</b>	<b>20% south/west Lakes; 40% N/E Lakes &amp; N Pennines.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Glimpses of sun mostly eastern valleys. Visibility fairly good, but a general slight haze, murky at times near coast.
<b>How Cold? (at 750m)</b>	3 to 5C, may lift a degree or so higher on Pennines. Directly in the wind on high tops feeling close to -6C.
<b>Freezing Level</b>	Above the summits. Higher terrain thawing.

## Lake District - Looking Ahead

	Wednesday 20 March	Thursday 21 March
<b>How windy? (On the summits)</b>	Southwesterly, 15 to 25mph, may strengthen later in day.	Southwesterly, 30 to 40mph, risk strengthening toward 50-55mph for a few hours.
<b>Effect of wind on you?</b>	<b>Fairly small, but may locally impede walking on higher ridges and through passes or cols.</b>	<b>Blustery on higher areas, with sudden buffeting through passes and in places to lower slopes. Notable wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Small amounts of rain</b> A little rain or drizzle now and again, but barely more than spots in the wind many areas.	<b>Light rain or drizzle</b> Drizzly rain likely to come and go much of the day, most persistent on south & western fells. Amounts generally small, and very little toward NE Lakes.
<b>Cloud on the hills?</b>	<b>Extensive, lowest south/west</b>  Fog shrouding many fells all day above 400-500m, or from lowest slopes up south and west Lakeland fells. Occasional breaks above 600m NE Lakes and N Pennines.	<b>Extensive</b>  Foggy on many fells all day above 300-500m, lowest west & south Lakes, also Pennines east of Kendal, from lower slopes up on hills near coast. Breaks to 600m NE Lakes & N Pennines.
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun, mostly eastern valleys. Often murky many areas, with brief improvements in visibility mostly toward east.	Glimpses of sun mostly eastern valleys. Generally murky, and visibility reduced further in rain/drizzle.
<b>How Cold? (at 750m)</b>	5 to 7C.	6 to 8C.
<b>Freezing Level</b>	Above the summits.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Wednesday, 20 March, 2019**

A west to southwesterly airflow continues through this week and into the weekend. A series of frontal systems will move across Scotland, bringing frequent rain to the W/NW Highlands. Small amounts of rain E/SE Scotland. Winds reaching gale or severe gale force at times across the Highlands. Low cloud often plaguing western hills, even across England & Wales, although here rainfall typically patchy and light. Temperatures above freezing up to higher tops during midweek, with a gradual thaw, then cooler by Friday and the weekend, sub-zero at times on Scottish Munros. Highest tops in England & Wales rarely dropping below freezing. Into next week, most indications favour higher pressure and generally quieter weather.

**Forecast issued at 14:38 on Monday, 18 March, 2019**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.