

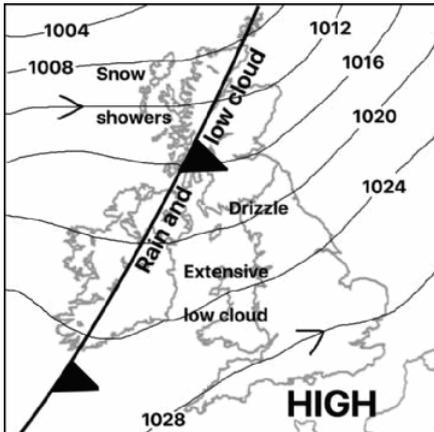
# Lake District

Covers all upland areas in the region of Cumbria - including Pennine fells and thus overlaps with NW extension to Yorkshire Dales NP.



**Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to [www.wheelwrights.com](http://www.wheelwrights.com)**

## General Summary for Friday, 22 March, 2019



**British Mountain Summary:  
Based on forecast chart for noon 22 March, 2019**

Southwest winds; gale force across Lakes/N Pennines/S Uplands and storm force over the Highlands. Extensive low cloud across the hills with patches of drizzle ahead of a cold front that will push southeast through the day bringing a period of heavier rain to all hills. Colder air into Scotland later with snow showers in west.

**Headline for Lake District**

Upland gales, extensive hill fog and drizzly. Heavier rain developing in afternoon.

## Detailed Forecast for Friday, 22 March, 2019

<b>How windy? (On the summits)</b>	Southwesterly 40-50mph, later in the afternoon veering westerly and easing towards 30-35mph.
<b>Effect of wind on you?</b>	<b>Generally difficult conditions on higher areas, with powerful gusts exposed ridges and some passes. Significant wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Drizzly, heavier rain in afternoon.</b> A damp morning with frequent or at times persistent drizzle; especially across western and southern Fells. Perhaps drier towards N Pennines. A cold front will drift down from the northwest in the afternoon and bring a period of heavier rain; easing toward dusk.
<b>Cloud on the hills?</b>	<b>Extensive</b> Widely covering the fells, from lower slopes up south and west Lakes, and extensive above 500-600m many areas in rain. Local fleeting breaks may occur NE Lakes.
<b>Chance of cloud free summits?</b>	<b>10%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Little if any sun. Murky, visibility often reduced by drizzle.
<b>How Cold? (at 750m)</b>	Around 5C, but may lower to 0 or 1C toward evening and night. Feeling closer to -10C in exposure to strongest winds.
<b>Freezing Level</b>	Above the summits, but will drop toward dusk or into night to 800m or below.

## Lake District - Looking Ahead

	<b>Saturday 23 March</b>	<b>Sunday 24 March</b>
<b>How windy? (On the summits)</b>	West to northwest 5 to 15mph.	Westerly 20 to 30mph, risk 35mph for a few hours higher tops.
<b>Effect of wind on you?</b>	<b>Mostly negligible.</b>	<b>Walking fairly arduous at times across higher areas with significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Largely dry</b> Rare, if any, showers; snow above 600m.	<b>Largely dry.</b> Very likely dry all day, but small risk of showers reaching the area towards dusk; falling as snow over highest tops.
<b>Cloud on the hills?</b>	<b>Occasionally shrouding higher tops</b>  Areas of cloud will come and go across higher slopes above 700-900m, particularly in the morning, but there will be some good breaks to the tops; especially in the east in the afternoon.	<b>Lowering onto higher slopes PM</b>  Generally very little cloud on the hills in the morning bar a few patches across higher tops; mainly in the west. However, during the afternoon, areas of low cloud will increasingly shroud higher slopes above 700-800m.
<b>Chance of cloud free summits?</b>	<b>50%</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	A patchwork of sunshine.  Visibility generally very good or excellent.	Sunny periods, becoming cloudy during the afternoon.  Visibility very good or excellent, lowering towards dusk.
<b>How Cold? (at 750m)</b>	Around 0C	0C lifting to 2C.
<b>Freezing Level</b>	700-800m, lowest in morning.	700m lifting to 900m, but frost in the valleys at dawn.

**Planning Outlook****All mountain areas of Britain from Saturday, 23 March, 2019**

Colder conditions over the weekend with freezing levels ranging between 700 and 1000m. Snow or hail showers focused on W Scotland, becoming increasingly frequent through Sunday when another swathe of gales will affect the Highlands. Drier elsewhere, with just a few showers; these mainly across the Lakes and E Scotland.

Into next week, higher pressure will extend across the UK bringing a period of quieter weather with lighter winds and occasional sunshine. Temperatures slowly rising by day, although frosts forming in the valleys/glens at night. Weak fronts may edge into W Scotland at times introducing some low cloud and drizzle here for a time.

**Forecast issued at 16:36 on Thursday, 21 March, 2019**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.