

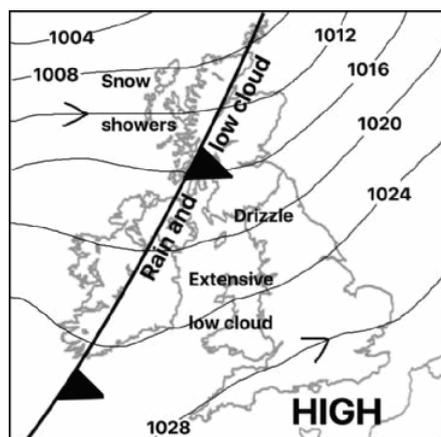
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 22 March, 2019



British Mountain Summary:

Based on forecast chart for noon 22 March, 2019

Southwest winds; gale force across Lakes/N Pennines/S Uplands and storm force over the Highlands. Extensive low cloud across the hills with patches of drizzle ahead of a cold front that will push southeast through the day bringing a period of heavier rain to all hills. Colder air into Scotland later with snow showers in west.

Headline for The Northwest Highlands

Storm force winds. Extensive hill fog. Rain clearing to snow showers PM.

Detailed Forecast for Friday, 22 March, 2019

How windy? (On the Munros)	South to southwest 60-80mph, veering westerly in the afternoon, and easing a little to between 40-60mph.
Effect of wind on you?	Walking widely very difficult through the morning with severe wind chill. Conditions easing a little in the afternoon.
How wet? (Precipitation and its impact)	Rain in morning, then snow showers. Frequent drizzle across western hills at dawn. A cold front will soon arrive from the west and bring steady rain across all parts during the morning; heavy on and near Skye. This rain will clear around lunchtime, perhaps finishing as snow tops. Snow showers following, rain below 500m.
Cloud on the hills?	Extensive, breaks to tops behind cold front. Cloud extensive across the hills from dawn, to low levels for several hours during rain. Then as rain clears in afternoon, bases lifting to 700-900m, with some higher breaks to tops forming away from the snow showers.
Chance of cloud free Munros?	10%, lifting to 50% in afternoon.
Sunshine? Air clarity (below cloud)	Occasional sunshine breaking through and visibility tending to improve as rain clears. Reduced again by showers.
How Cold? (at 900m)	3 to 5C, dropping through day, perhaps abruptly to -1C or just below during afternoon. Feeling closer to -18C in exposure to strongest winds.
Freezing Level	Above summits, but dropping sharply to 700-800m by late afternoon.

The Northwest Highlands - Looking Ahead

	Saturday 23 March	Sunday 24 March
How windy? (On the Munros)	Westerly 25 to 35mph; strongest around dawn and again towards dusk.	Westerly 45 to 65mph; strongest in the morning.
Effect of wind on you?	Will impede walking at times across higher areas with significant wind chill.	Walking widely difficult or perhaps for a time very difficult with severe buffeting and wind chill.
How wet? (Precipitation and its impact)	Occasional snow showers A scattering of snow showers, rain below 500m, will feed in from the west throughout the day. Little more than occasional flurries across eastern hills.	Rain/snow becoming frequent Rain/snow showers will become increasingly frequent through the morning and will likely merge to give a longer period of rain and snow; snow by then increasingly confined above 800-900m.
Cloud on the hills?	Frequently shrouding higher areas in west Cloud base varying, often shrouding higher areas in the west above 700-900m with only fleeting breaks to higher tops between showers. Patches down to 500m near showers. Further east, bases around 900-1100m with good breaks.	Increasingly extensive higher areas in west. Patches of cloud at dawn across higher tops at dawn. Increasingly cloud lowering from the west and becoming extensive on the hills above 700-900m; lowest bases across western coastal hills. Towards Ben Wyvis, cloud mostly confined above 900m.
Chance of cloud free Munros?	40%	30%
Sunshine? Air clarity (below cloud)	Occasional bursts of sunshine. Visibility generally very good, but very poor in snow showers.	Generally overcast, but glimpses of sun at first; mainly in the east. Visibility becoming poor as precipitation sets in; or across higher slopes very poor.
How Cold? (at 900m)	-1 or -2C	-2C lifting to 0C.
Freezing Level	700-800m	700m lifting to 900m.

Planning Outlook**All mountain areas of Britain from Saturday, 23 March, 2019**

Colder conditions over the weekend with freezing levels ranging between 700 and 1000m. Snow or hail showers focused on W Scotland, becoming increasingly frequent through Sunday when another swathe of gales will affect the Highlands. Drier elsewhere, with just a few showers; these mainly across the Lakes and E Scotland.

Into next week, higher pressure will extend across the UK bringing a period of quieter weather with lighter winds and occasional sunshine. Temperatures slowly rising by day, although frosts forming in the valleys/glens at night. Weak fronts may edge into W Scotland at times introducing some low cloud and drizzle here for a time.

Forecast issued at 16:36 on Thursday, 21 March, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.