

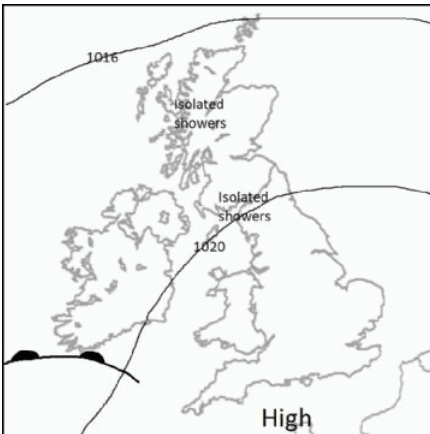
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 13 August, 2017



British Mountain Summary:
Based on forecast chart for noon 13 August, 2017

A transient ridge of high pressure will cross the UK during the day. There will be a few showers over Scottish highlands and here cloud will persist on higher western summits. Elsewhere, hills largely cloud free, patches of sun and light and.

Headline for Southern Uplands

Isolated showers, but many hills cloud free.

Detailed Forecast for Sunday, 13 August, 2017

| | |
|--------------------------------------|---|
| How windy? (On the summits) | Northwesterly 10 to locally 15mph at first, soon becoming variable less than 10mph. |
| Effect of wind on you? | Soon becoming negligible |
| How wet? | Isolated showers Isolated showers developing during the day. |
| Cloud on the hills? | Very little Any early banks of low cloud or valley fog will soon lift and disperse to leave all hills clear of cloud by midday. |
| Chance of cloud free summits? | 90% |
| Sunshine and air clarity? | Periods of sunshine with excellent visibilities. |
| How Cold? (at 750m) | 8-10C |
| Freezing Level | Above the summits |

Southern Uplands - Looking Ahead

| | Monday 14 August | Tuesday 15 August |
|--------------------------------------|---|--|
| How windy? (On the summits) | Southerly 25-30mph, occasionally 35mph. | Southwest veering westerly: 20-30mph |
| Effect of wind on you? | Becoming arduous across higher areas | Walking arduous at time on exposed higher slopes |
| How wet? | Rain setting in Becoming wet from the southwest at, or soon after dawn with rain spreading across all areas. Rain will then continue on and off for much of the day, with some heavy bursts. | Rain on and off Spells of showery rain on and off for much of the day. Heaviest and most persistent Galloways. Drier spells likely further east later. |
| Cloud on the hills? | Fairly extensive in west Cloud will tend to lower and become extensive during the morning, across the Galloways from lower slopes upwards. Hills east of M74 will be largely clear of cloud during the morning. | Fairly extensive Most if not all hills shrouded in cloud morning, especially Galloways. Bases tending to lift and perhaps break afternoon/evening outside showers, especially east of M74. |
| Chance of cloud free summits? | 20% west, 50% east. | 30% |
| Sunshine and air clarity? | Little or no sun. Visibility often poor due to rain. | Fairly extensive poor visibility in hill fog morning. Glimpses of sunshine by afternoon with very good visibility developing. |
| How Cold? (at 750m) | 10-11C | 8 to 10C |
| Freezing Level | Above the summits | Above summits |

Planning Outlook**All mountain areas of Britain from Monday, 14 August, 2017**

A continuation of the current unsettled weather pattern through next week with southwesterly winds bringing bands of low cloud and rain countrywide, although a transient ridge of high pressure will result in an improvement in conditions on Tuesday. From midweek onwards, increasing threat of upland gales and on western mountains heavy rain with areas of low pressure passing close by the UK.

Forecast issued at 7:27 on Sunday, 13 August, 2017

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2017.