

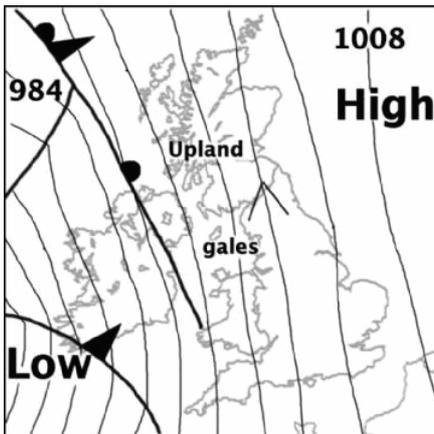
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



**Alpine Exploratory**  
**Trekking holidays in the Alps, Norway and UK based on our research**

## General Summary for Wednesday, 14 March, 2018



**British Mountain Summary:**  
**Based on forecast chart for noon 14 March, 2018**

Widespread upland gales.  
 Extensively cloudy but much of the cloud well above the summits.  
 Here and there a little rain.  
 Thaw of lying snow, except highest summits Scottish Highlands.

**Headline for Southern Uplands**

Upland gales. Isolated light rain. Summits cloud free.

## Detailed Forecast for Wednesday, 14 March, 2018

<b>How windy? (On the summits)</b>	South or southeasterly; 35-40mph Borders to 40-50mph west of M74, where particularly Galloway will gradually strengthen.
<b>Effect of wind on you?</b>	<b>Walking widely arduous on higher areas, and walking difficult where exposed higher Galloway.</b> <b>Significant wind chill.</b>
<b>How wet?</b>	<b>Rain rarely, mainly west of M74</b> West of M74, here and there briefly a 'few spots of rain in the wind'. East of M74, the rain very rare if any.
<b>Cloud on the hills?</b>	<b>Very little</b> Most or all mountains free of cloud by late morning. Just the risk of fog some slopes Galloway, mainly near Solway.
<b>Chance of cloud free summits?</b>	<b>90%</b>
<b>Sunshine and air clarity?</b>	Pockets of sun Borders, but extensive high level cloud. Visibility good, but marked haze.
<b>How Cold? (at 750m)</b>	2C. Will feel as cold as minus 11 Celsius directly in the wind.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Thursday 15 March	Friday 16 March
<b>How windy? (On the summits)</b>	Southeasterly, in the range 40 to 55mph - easing slowly through the day.	Easterly in the range 30 to 50mph; strengthening through the day. Sudden gusts reaching some lower slopes.
<b>Effect of wind on you?</b>	<b>Widely difficult walking on higher areas, and also intermittently lower slopes. Significant wind chill.</b>	<b>Walking increasingly difficult and significant wind chill developing where exposed on the hills.</b>
<b>How wet?</b>	<b>Extensive rain.</b> Rain on and off; mainly Borders with snow highest tops, mainly The Cheviot.	<b>Rain, increasingly turning to snow</b> Rain on and off, although may rarely cease Borders, particularly east. May amount to very little west of M74. Will turn to snow initially on hills in Borders, but by dusk above 300m west and into valleys east.
<b>Cloud on the hills?</b>	<b>Extensive; very low Borders</b>  Blanket of fog over North Sea will envelop Borders from lower slopes up. Progressively westwards, the cloud base will lift; toward Galloway, most cloud will be above 550m.	<b>Extensive, especially Borders</b>  Persistent fog above 300-500m Borders. The base will rise westwards: west of M74 most cloud above 600m.
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>20%</b>
<b>Sunshine and air clarity?</b>	No sunshine. Very hazy at best - widely foggy even lower slopes Borders.	Sunshine not expected. Very hazy lower slopes and extensive fog higher areas, particularly Borders.
<b>How Cold? (at 750m)</b>	2C Galloway to freezing point Borders.	3C dropping from east to -1 to -3C.
<b>Freezing Level</b>	Above the summits, but near 750m The Cheviot	Above the summits, but progressively dropping from east to 400-700m before dusk.

**Planning Outlook****All mountain areas of Britain from Thursday, 15 March, 2018**

Turning progressively colder toward and through the weekend. Extensive low cloud and rain, increasingly turning to snow concentrated more eastern mountains toward the weekend (considerable snowfall SE highlands). By the weekend, the snow lying on lower slopes, but very little will fall on western mountains.

Widespread upland gales will ease over the weekend, initially over the Scottish Highlands, to give a period of cold dry weather early next week.

**Forecast issued at 12:08 on Tuesday, 13 March, 2018**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.