

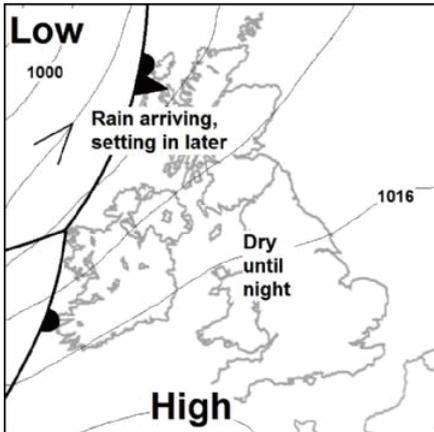
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Wednesday, 13 June, 2018



British Mountain Summary:

Based on forecast chart for noon 13 June, 2018

Fronts moving in from the west will push rain into W & NW Scotland, becoming persistent and heavy later. SE Scotland, plus England & Wales will stay substantially dry until sunset. Southwesterly winds will strengthen, reaching gale force later, then severe upland gales overnight.

Headline for Southern Uplands

Rain developing from west later. Upland gales by evening.

Detailed Forecast for Wednesday, 13 June, 2018

How windy? (On the summits)	Southwesterly, strengthening through day: 10-15mph at first, 20-25mph by midday, then 30-35mph by mid-afternoon onward, nearer 45mph toward dusk, and 50-60mph overnight.
Effect of wind on you?	Will impede walking across higher areas by late afternoon with considerable buffeting over higher slopes later in the evening.
How wet?	Dry until evening; rain setting in from the west later Dry much of the day. A chance of local patches of rain in central areas and toward the Borders by afternoon. Rain will develop more extensively from the west toward evening, setting in across Dumfries & Galloway before dark, becoming more widespread overnight.
Cloud on the hills?	Generally very little Ribbons of cloud at varying heights from dawn; but these will lift and clear by mid to late morning. Then hills likely clear for much of the day; although cloud will lower onto the higher slopes during the evening.
Chance of cloud free summits?	70%
Sunshine and air clarity?	Occasional sunshine will tend to give way through the afternoon as high cloud arrives from west. Visibility generally very good.
How Cold? (at 750m)	10C
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Thursday 14 June	Friday 15 June
How windy? (On the summits) Effect of wind on you?	Southwesterly changing abruptly westerly; 45 to 60mph morning, risk 70mph for a few hours. Easing slowly later to 30mph. Expect difficult walking on higher areas for many hours. Considerable buffeting from lower slopes up. Significant wind chill.	Southwest backing southerly later, around 20mph. Fairly small.
How wet?	Rain on and off Overnight rain should move through, but showers coming in from the west may be frequent over a few hours, occasionally heavy, but tending to fade.	Scattered showers Many hours dry, but a risk of local bursts of rain, most likely during the afternoon for areas away from the coast.
Cloud on the hills?	Extensive, base lifting Widely shrouding the hills at first, patches to low levels. Cloud base tending to lift through the day, with breaks often above 700m, or higher Borders/Cheviots PM.	Mostly very little Most cloud confined above 700m in Dumfries & Galloway, and often above higher summits Borders, Cheviots & Lothians. Patches to 600m in rain.
Chance of cloud free summits?	60%	70%
Sunshine and air clarity?	Glimpses of sun, mostly east. Visibility very good at times, but reduced significantly by rain.	Patchwork of sun, although cloud tending to fill in. Visibility mostly very good, briefly reduced by rain.
How Cold? (at 750m) Freezing Level	6 to 8C. Above the summits.	5 rising to 8 or 9C. Above the summits.

Planning Outlook**All mountain areas of Britain from Thursday, 14 June, 2018**

Changeable conditions over the next week or so as frontal systems come in from the Atlantic. Spells of rain, most persistent on western mountains, accompanied by low cloud. Rain tending to focus on western Scotland next week, whilst England, Wales and the eastern Highlands should see just small amounts. Winds varied, but at times blustery, some days up to gale force on the mountains. Temperatures close to average, but cooler than recent times for many, particularly western Scotland.

Forecast issued at 16:24 on Tuesday, 12 June, 2018

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.