

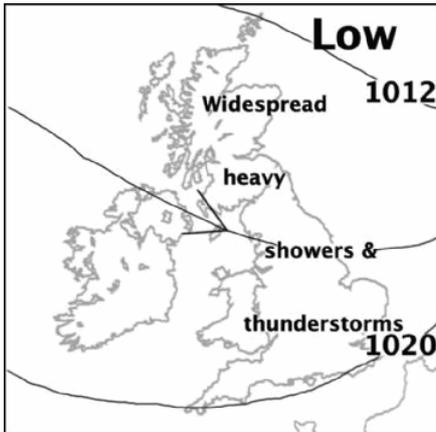
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Friday, 10 August, 2018



British Mountain Summary:
Based on forecast chart for noon 10 August, 2018

Widespread showers - generally transferring from western mountains to areas well inland where in afternoon there will be thunderstorms and in places the rain, often heavy becoming constant for an hour or two. Fairly light wind - though temporarily gusty near rain.

Headline for Southern Uplands

Cold; heavy showers becoming widespread, hail and thunder. Fairly light wind.

Detailed Forecast for Friday, 10 August, 2018

How windy? (On the summits)	Westerly 15 to occasionally 20mph.
Effect of wind on you?	Small
How wet? (Precipitation and its impact)	Heavy showers and thunderstorms, mainly afternoon Borders. Showers throughout the day. Some clusters of frequent heavy showers where rain almost constant for an hour or so. Expect hail and risk thunder.
Cloud on the hills?	Often above the summits. Nevertheless, quickly forming near rain. Cloud base will vary. Generally, the cloud above the summits. However, near rain, cloud will form quickly and widely, in places from lower slopes up.
Chance of cloud free summits?	70%
Sunshine? Air clarity (below cloud)	Occasional sunshine between showers; most extensive west of M74 afternoon, whilst cloud fills in east of M74. Visibility generally excellent but deteriorating quickly in heavy rain.
How Cold? (at 750m)	7 rising to 10C
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Saturday 11 August	Sunday 12 August
How windy? (On the summits) Effect of wind on you?	Southerly 10mph; increasing to 25 to possibly 35mph from southwest afternoon or evening. Small, before toward evening, walking may become arduous across higher areas, most likely Galloway.	Low confidence in this forecast. Southerly; 15-25mph. Fairly small.
How wet? (Precipitation and its impact)	Rain spreading in late in day Dry most or possibly throughout daylight (particularly Borders). Nevertheless, later afternoon and evening, increasing threat of rain setting in, initially near the Solway.	Rain probable Overnight heavy rain will very likely have cleared - and the day may then be substantially dry - although very wet underfoot. There is uncertainty as to whether a further band of heavy, perhaps thundery rain will follow.
Cloud on the hills?	Summits substantially cloud free Fog will increasingly shroud the hills as rain sets in late in day.	Likely to form in rain The summits often free of cloud, although in rain fog is likely to form on higher areas, or from lower slopes up near the Solway (where it could persist most of the day, even during dry periods).
Chance of cloud free summits?	60%	60%
Sunshine? Air clarity (below cloud)	Sunshine will gradually give way as high, initially thin, cloud spreads northeast and then progressively thickens. Visibility excellent, but lowering in rain.	Sunshine intermittently. Frequently excellent visibility, but deteriorating markedly in heavy rain.
How Cold? (at 750m) Freezing Level	7 rising to 12C Above the summits	13C. Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 11 August, 2018**

Colder and wetter countrywide over the next week to 10 days. Rain (either as periods of constant rain or just showers) likely at some stage most days, although there will also be dry days. Cloud will often shroud higher tops, particularly western mountains in the mornings.

Forecast issued at 7:24 on Friday, 10 August, 2018

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.