

# Southern Uplands

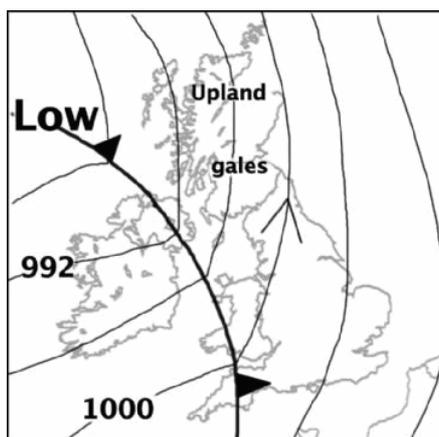
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



**Alpine Exploratory**

**Trekking holidays in the Alps, Norway and UK based on our research**

## General Summary for Thursday, 11 October, 2018



**British Mountain Summary:**

**Based on forecast chart for noon 11 October, 2018**

Pulses of rain will move northeastwards; although most mountain areas will be dry for much of the day. Cloud base will vary considerably, both through the day and region by region. The resulting fog will be most persistent SE Highlands.

**Headline for Southern Uplands**

Upland winds near gale. Occasional rain; patches of fog, particularly west.

## Detailed Forecast for Thursday, 11 October, 2018

|   |  |
|---|--|
| <p><b>How windy? (On the summits)</b></p>                                       | <p>South to southeasterly, 35 to 50mph; speeds fluctuating - generally strongest middle of day until mid afternoon.</p>  |
| <p><b>Effect of wind on you?</b></p>  | <p><b>Arduous walking widely, but often difficult where exposed, mainly on higher areas. Very strong gusts reaching lower slopes will give sudden buffeting.</b></p>   |
| <p><b>How wet?</b><br/>(Precipitation and its impact)</p>                       | <p><b>Rain occasionally, mainly afternoon</b><br/>Morning: The odd shower, although intermittently drizzly Galloway.<br/>Afternoon: rain setting in for an hour or two. Will ease back to pockets of drizzle west of M74, but clear Borders completely by early evening.</p>   |
| <p><b>Cloud on the hills?</b><br/><br/><b>Chance of cloud free summits?</b></p> | <p><b>Summits intermittently cloud free, but patches after dawn and in rain</b><br/>Expect marked variation in cloud base; After dawn, patches on lower slopes, particularly Borders. Otherwise, during and after rain, fog widely above 550m, but sometimes 350m Cheviots and in the afternoon increasingly west of M74.<br/>During dry periods, cloud will lift to or above higher summits.<br/><b>60%</b></p> |
| <p><b>Sunshine?</b><br/>Air clarity (below cloud)</p>                           | <p>Occasional sun, but skies often cloudy.<br/><br/>Visibility very good, although persistent haze west of M74.</p>  |
| <p><b>How Cold? (at 750m)</b><br/><br/><b>Freezing Level</b></p>                | <p>10C.<br/><br/>Above the summits.</p>  |

## Southern Uplands - Looking Ahead

|   | Friday 12 October   | Saturday 13 October  |
|---|---|--|
| <b>How windy? (On the summits)</b>                | Southerly, in the range 60 to 80mph. Will begin to ease slowly afternoon.   | Southerly, 40 to 55mph, although speeds may become considerably lower west of M74.   |
| <b>Effect of wind on you?</b>                     | <b>Very difficult conditions on higher terrain. Considerable buffeting from low levels up. Significant wind chill.</b>  | <b>Difficult walking conditions where exposed on higher areas.</b>   |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Rain on and off</b><br>Rain intermittently, mainly morning. Risk of the rain setting in by dusk, particularly Borders.   | <b>Rain: widely heavy, may be incessant</b><br>Rain, often heavy, in some areas torrential most or all day.<br>Burns will rise quickly to be in spate. Risk some burns flooding; very wet underfoot.                           |
| <b>Cloud on the hills?</b>                        | <b>Varied, occasional breaks</b><br><br>Cloud base changing rapidly. At times shrouding the hills extensively, but intermittently clearing higher summits, whilst banks of low cloud may linger on some lower slopes. | <b>Hills probably in constant fog</b><br><br>In rain, cloud is likely to shroud the mountains, in some areas from lower slopes up. However, the cloud may lift and possibly break from west toward or perhaps east of the M74. |
| <b>Chance of cloud free summits?</b>              | <b>40%</b>  | <b>20%</b>   |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Brief bursts of sunshine.<br><br>Persistently very hazy.  | Sunshine unlikely.<br>Widely poor visibility in rain.  |
| <b>How Cold? (at 750m)</b>                        | Around 8C.  | 11C  |
| <b>Freezing Level</b>                             | Above the summits.  | Above the summits.   |

**Planning Outlook****All mountain areas of Britain from Friday, 12 October, 2018**

Rain and upland gales will be frequent across the mountains over the next 10 days (winds widely storm force on Friday). Most rain will be on western mountains.

However, overall drier and less windy on Sunday and Monday, but still showers, mainly on western mountains. In Scotland, on the Munros, the precipitation will be of hail and snow.

**Forecast issued at 7:23 on Thursday, 11 October, 2018**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.