

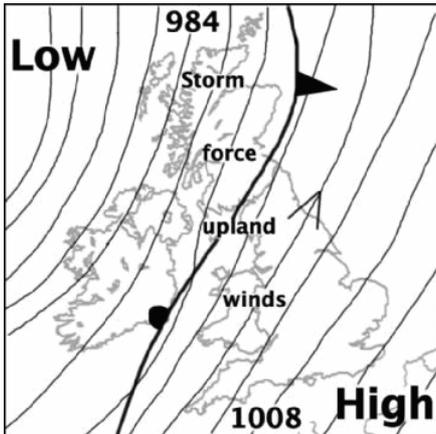
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Friday, 12 October, 2018



British Mountain Summary:
Based on forecast chart for noon 12 October, 2018

Frequent storm force upland winds around an intense low to the north west of Ireland (although winds not as extreme as anticipated earlier in the week). There will also be widespread rain, considerable falls Lakes and Wales (focussed S Wales, where some flooding).

Headline for Southern Uplands

Storm force upland winds. Rain most of daylight.

Detailed Forecast for Friday, 12 October, 2018

<p>How windy? (On the summits)</p>	<p>Southerly, 50 to 70mph. Slight easing Galloway, later Dumfriesshire afternoon.</p>
<p>Effect of wind on you?</p>	<p>Very difficult conditions on higher terrain. Considerable buffeting from low levels up. Significant wind chill.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain on and off Rain intermittently. In afternoon the rain may be heavy, except near Lothians. Streams will rise to be in spate.</p>
<p>Cloud on the hills?</p>	<p>Very extensive across the hills after temporarily breaks morning Summits clearing temporarily morning. Overall, higher areas frequently foggy, and for periods fog persistent above 200 to 450m near and west of M74, and 350 to 550m elsewhere. Summits toward Lothians often cloud free.</p>
<p>Chance of cloud free summits?</p>	<p>Less than 10% most of daylight</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Little or no sunshine. Very hazy at best; visibility extensively poor in rain.</p>
<p>How Cold? (at 750m)</p>	<p>9C. Will feel as cold as minus 4 Celsius directly in the wind.</p>
<p>Freezing Level</p>	<p>Above the summits.</p>

Southern Uplands - Looking Ahead

	Saturday 13 October	Sunday 14 October
How windy? (On the summits) Effect of wind on you?	Southerly, 40 to 65mph, although speeds may be considerably lower west of M74, particularly afternoon. Very difficult walking conditions where exposed on higher areas. Severe wind chill.	West backing southwesterly 25mph. Fairly small.
How wet? (Precipitation and its impact)	Incessant rain: widely heavy Rain, often heavy, in some areas torrential most or all day. Very wet underfoot; burns in spate, risk some flooding.	Isolated brief showers. Substantially dry. However, risk that overnight rain may take a few hours to clear after dawn. Risk of a few or isolated brief showers. Very wet underfoot; streams in spate after earlier rain.
Cloud on the hills?	Hills in constant fog In rain, cloud will quickly blanket the mountains, including many lower slopes.	Very little Cloud rare near showers below 700m, but most cloud above the summits.
Chance of cloud free summits?	10%	80%
Sunshine? Air clarity (below cloud)	Sunshine unlikely. Widely poor visibility in rain.	Bright sunshine in and out. Excellent visibility.
How Cold? (at 750m) Freezing Level	11C Above the summits.	4C Above the summits, but risk ground frost some valleys at dawn.

Planning Outlook**All mountain areas of Britain from Saturday, 13 October, 2018**

Overall drier and less windy on Sunday and Monday, but still showers, mainly on western mountains. In Scotland, on the Munros, the precipitation will be of hail and snow.

Further deep Atlantic lows will then bring further bouts of upland gales and particularly to western mountains rain and low cloud.

Forecast issued at 15:06 on Thursday, 11 October, 2018

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.