

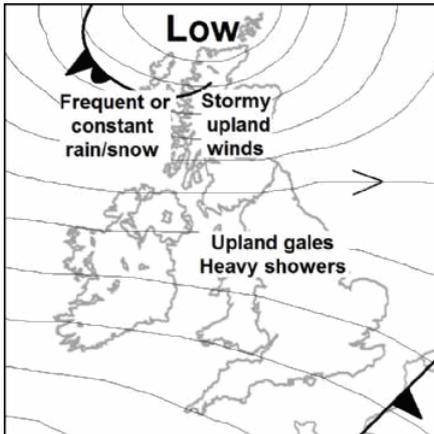
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



**Alpine Exploratory**  
**Trekking holidays in the Alps, Norway and UK based on our research**

## General Summary for Friday, 7 December, 2018



**British Mountain Summary:**  
**Based on forecast chart for noon 7 December, 2018**

A stormy day across the Scottish mountains, and severe upland gales on higher terrain of England & Wales. Sustained periods of heavy snow and whiteout across the W/NW Highlands. Elsewhere sudden heavy showers, of snow, hail or rain lower slopes. Chance of thunder.

**Headline for Southern Uplands**

Upland severe gales. Occasional showers; hail, snow tops.

## Detailed Forecast for Friday, 7 December, 2018

<b>How windy? (On the summits)</b>	Westerly, 50 to 65mph most or all of daylight, tending to strengthen; gusts at times over 75mph higher tops.
<b>Effect of wind on you?</b>	<b>Walking very difficult on the hills.</b> <b>Severe wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Snow and hail showers</b> Overnight rain soon clearing away eastwards from the Borders. Then occasional snow and hail showers, focused on Galloway and hills up to about the M74. Mostly rain below 500m.
<b>Cloud on the hills?</b>	<b>Frequently shrouding higher tops</b> Often covering the hills, cloud base varying quickly between showers. Patches below 400 or 500m near precipitation but particularly Borders intermittently clearing between showers.
<b>Chance of cloud free summits?</b>	<b>40%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Brief glimpses of sun. Very hazy, visibility very poor in snow.
<b>How Cold? (at 750m)</b>	0C (a little higher post dawn). Where exposed to the wind, will feel close to -17C.
<b>Freezing Level</b>	Soon 750m.

## Southern Uplands - Looking Ahead

	<b>Saturday 8 December</b>	<b>Sunday 9 December</b>
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Westerly in the range 25 to 40mph; a lull to lower speeds may occur over a few hours. <b>Walking frequently arduous on higher areas.</b>	Northwesterly, 20 to 30mph, typically strongest Cheviots. Risk briefly stronger post-dawn. <b>Fairly small, but significant wind chill where exposed on higher areas.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain, mainly afternoon</b> Risk of local bands of showers morning, otherwise largely or completely dry until into afternoon when rain will develop then set in from west.	<b>Largely dry</b> A chance of remnants of rain, or snow above 600m after dawn, but clearing southwards. Isolated snow or hail showers may affect western hills in Galloway. Otherwise dry.
<b>Cloud on the hills?</b>	<b>Often covering higher tops</b>  Breaks to higher tops, mainly middle of day and afternoon. Overall though, cloud often above 650m and from a few hundred metres up as rain arrives.	<b>Mostly very little</b>  Early patches of cloud on higher areas breaking up to leave most hills clear.
<b>Chance of cloud free summits?</b>	<b>50%</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Occasional sun - but turning cloudy from west afternoon. Constant haze.	Frequent sunshine. The air generally very clear.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	3C  Above the summits.	0 to 2C.  700 to 800m, lowest Borders & Cheviots; perhaps above summits in Galloway at least for a time.

**Planning Outlook****All mountain areas of Britain from Saturday, 8 December, 2018**

Becoming progressively colder and drier through the weekend as winds turn northwesterly. A few areas of snow and hail showers by Sunday, focused toward the north and west, but many areas will see sunshine.

Next week, staying below freezing on the mountains for a number of days, with hard frost in valleys early in week.

Confidence becomes low by midweek, but there is an increasing risk of unsettled conditions coming back in from the Atlantic, with gales and perhaps widespread snow on the mountains.

**Forecast issued at 15:17 on Thursday, 6 December, 2018**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.