

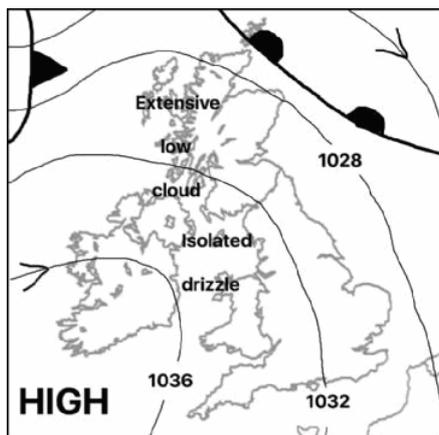
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Friday, 11 January, 2019



British Mountain Summary:
Based on forecast chart for noon 11 January, 2019

Moist and blustery westerly winds will result in extensive cloud shrouding many hills with patches of drizzle; especially across western Scotland. However, little if any drizzle will affect the Pennines where cloud will be confined to higher western tops.

Headline for Southern Uplands

Cloud shrouding higher areas, a little drizzle. Clearer in the east.

Detailed Forecast for Friday, 11 January, 2019

How windy? (On the summits)	Northwest backing westerly, 20 to 25mph.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Rare drizzle A few patches of drizzle Galloway, and rarely Dumfriesshire.
Cloud on the hills?	Mostly higher areas Most cloud confined above 700m, but may form below 600m at times west of the M74 - more so afternoon. Higher tops often cloud free Borders & Cheviots.
Chance of cloud free summits?	50%
Sunshine? Air clarity (below cloud)	Glimpses of sun, most frequent eastern areas. Visibility mostly good, or very good toward east.
How Cold? (at 750m)	3C
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Saturday 12 January	Sunday 13 January
How windy? (On the summits)	Westerly 40mph	West to northwest, 40 to 50mph, risk 60mph for a few hours.
Effect of wind on you?	Walking difficult, and wind chill significant, where exposed on higher areas.	Walking arduous or at times difficult across higher areas with significant wind chill.
How wet? (Precipitation and its impact)	Rain most of the day, mainly west Generally rain on and off most of the day, frequent near and west of M74. However, the rain may only gradually spread across the Borders, where the rain patchy resulting in total rainfall being small.	Patchy rain, then a few showers A few patches of drizzly rain from dawn, these will tend to clear to leave a few showers for the afternoon. Very little precipitation across eastern hills.
Cloud on the hills?	Extensive west Some summits initially cloud free, mainly Borders; but blanket fog from lower slopes up near the Solway, will have spread or will soon spread across Dumfries and Galloway although well inland most cloud above 450m. Gradually (timing uncertain) cloud will cap higher tops in Borders.	Extensive, lifting and breaking by afternoon Extensive low cloud from dawn, down to lower slopes across western hills. Will tend to lift and break toward midday, and by afternoon becoming confined to higher tops in the west.
Chance of cloud free summits?	30%	60%
Sunshine? Air clarity (below cloud)	Little or no sunshine. Visibility frequently reduced by rain, although visibility mostly excellent eastern and northern Borders.	A few glimpses of the sun, mainly across eastern areas. Visibility fairly poor at first, but improving.
How Cold? (at 750m)	3C.	4 or 5C, lowering to 2C.
Freezing Level	Above the summits	Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 12 January, 2019**

A gradual change this weekend and into next week as a broad band of generally westerly winds becomes established. Precipitation will fall, mainly on western mountains, as fronts come through and upland gales will be frequent, particularly Scottish Highlands.

Temperature wise, a more typical range with freeze thaw cycles on the Scottish Highlands, allowing some accumulation of snow on the Munros. Elsewhere, higher summits occasionally below freezing point, but lying snow, if any, transient.

Forecast issued at 15:32 on Thursday, 10 January, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.