

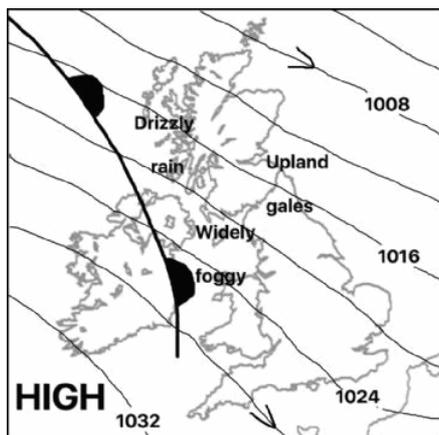
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Alpine Exploratory
Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Saturday, 12 January, 2019



British Mountain Summary:
Based on forecast chart for noon 12 January, 2019

A windy day across all hills with strong to gale force westerly winds resulting in significant chill. Extensive low cloud across many hills, highest bases and best breaks across eastern areas. Patches of drizzly rain; these frequent and later heavy across western Scotland.

Headline for Southern Uplands

Upland gales. Extensive hill fog and a few drizzly showers, mainly west.

Detailed Forecast for Saturday, 12 January, 2019

How windy? (On the summits)	Westerly 35-50mph
Effect of wind on you?	Walking difficult, and wind chill significant, where exposed on higher areas.
How wet? (Precipitation and its impact)	Drizzly showers, mainly in west Generally rain on and off most of the day, frequent near and west of M74. However, the rain may only gradually spread across the Borders, where the rain patchy resulting in total rainfall being small.
Cloud on the hills?	Extensive west Some summits initially cloud free, mainly Borders; but blanket fog from lower slopes up near the Solway, will have spread or will soon spread across Dumfries and Galloway although well inland most cloud above 450m. Gradually during afternoon cloud will cap higher tops in Borders.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Little or no sunshine. Visibility frequently reduced by rain, although visibility mostly excellent eastern and northern Borders.
How Cold? (at 750m)	3C. Feeling closer to -10C in direct exposure to the wind.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Sunday 13 January	Monday 14 January
How windy? (On the summits) Effect of wind on you?	West to northwest, 40 to 50mph, risk 60mph for a few hours. Walking arduous or at times difficult across higher areas with significant wind chill.	Low confidence in detail of forecast: Northwesterly 20-25mph, but risk 30-35mph for a few hours around dawn. Will impede walking for a few hours around dawn with significant wind chill.
How wet? (Precipitation and its impact)	Drizzly rain, then a few showers Drizzly rain from dawn, most persistent across Galloway Hills, will tend to clear to leave a few showers for the afternoon. Very little precipitation across eastern hills.	Largely dry Substantially, or completely, dry through the day.
Cloud on the hills? Chance of cloud free summits?	Extensive, lifting and breaking by afternoon Extensive low cloud from dawn, down to lower slopes across western hills. Will tend to lift and break toward midday, and by afternoon becoming confined to higher tops in the west. 60%	Mostly very little until late on A few patches will come and go across the highest tops, mainly in the morning. Towards dusk, risk of blanket of cloud shrouding western areas above 600-800m. 60%
Sunshine? Air clarity (below cloud)	A few glimpses of the sun, mainly across eastern areas. Visibility fairly poor at first, but improving.	Patches of sun, becoming overcast later. Visibility very good or excellent.
How Cold? (at 750m) Freezing Level	4 or 5C, lowering to 2C. Above the summits.	-2C lifting to 2C Around 500m, lifting above summits into afternoon, but some valleys staying close to zero into the afternoon.

Planning Outlook**All mountain areas of Britain from Sunday, 13 January, 2019**

A gradual change into next week as a broad band of generally westerly winds becomes established. Precipitation will fall, mainly on western mountains, as fronts come through and upland gales will be frequent, particularly Scottish Highlands. Temperature wise, a more typical range with freeze thaw cycles on the Scottish Highlands, allowing some accumulation of snow on the Munros. Elsewhere, higher summits occasionally below freezing point, but lying snow, if any, transient.

Forecast issued at 15:53 on Friday, 11 January, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.