

Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

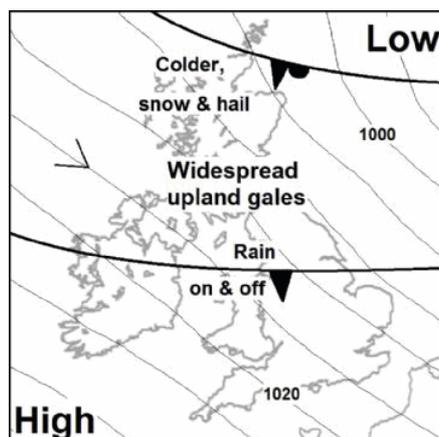


sportscotland
the national agency for sport

Alpine Exploratory

Trekking holidays in the Alps, Norway and UK based on our research

General Summary for Sunday, 13 January, 2019



British Mountain Summary:

Based on forecast chart for noon 13 January, 2019

A cold front edges southwards, producing rain for hills of England and Wales. Colder air follows, sub-zero on Scottish Munros, coldest toward the north. Snow or hail focused toward the N & W of the Highlands, frequent precipitation in places. Winds widely gale force on hills.

Headline for Southern Uplands

Upland gales. Rain fading, cloud lifting. Becoming colder.

Detailed Forecast for Sunday, 13 January, 2019

How windy? (On the summits)	West to northwesterly, 40 to 50mph, but 60mph for a few hours in morning.
Effect of wind on you?	Walking arduous or at times difficult across higher areas with significant wind chill.
How wet? (Precipitation and its impact)	Drizzly rain, then a few showers Rain or drizzle from dawn, most persistent across Galloway Hills, will tend to clear to leave a few brief showers for the afternoon. Very little precipitation across eastern hills.
Cloud on the hills?	Extensive, lifting and breaking by afternoon Extensive low cloud from dawn, down to lower slopes across Dumfries & Galloway. Will tend to lift and break toward midday, and by afternoon becoming confined to higher tops in the west.
Chance of cloud free summits?	30% rising to 70% afternoon.
Sunshine? Air clarity (below cloud)	A few glimpses of the sun, mainly across eastern areas. Visibility fairly poor at first, but improving.
How Cold? (at 750m)	4 or 5C at dawn, soon lowering to 2C. Due to wind chill, feeling like -13C.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Monday 14 January	Tuesday 15 January
How windy? (On the summits) Effect of wind on you?	Northwest backing westerly, around 20mph, at times 25mph at dawn, and again by afternoon in west. Then Fairly small, but may impede walking at times on some higher tops.	Southwesterly, 35 to 50mph. Marked increase of speed with height, resulting in buffeting on higher terrain; significant wind chill.
How wet? (Precipitation and its impact)	Local showers, often dry Chance of local snow flurries (rain lower slopes) from dawn, fading to leave just isolated rain showers mostly in west.	Occasional rain west A little rain from time to time, focused on Dumfries & Galloway, but very little further east.
Cloud on the hills? Chance of cloud free summits?	Mostly very little until late on A few patches will come and go across the highest tops, mainly in the morning. Towards dusk, risk of blanket of cloud shrouding western areas above 600-800m. 60%	Extensive higher areas Covering higher areas near and west of the M74 much of the day above 650-800m, at times patches may form to lower slopes near Solway. Some breaks to higher levels, mostly Borders. 40%
Sunshine? Air clarity (below cloud)	Patches of sun, becoming overcast later. Visibility very good or excellent.	Glimpses of sun mostly Borders, where visibility mostly good. A general slight haze, and visibility reduced at times by rain or drizzle.
How Cold? (at 750m) Freezing Level	-2C lifting to 2C, then rising further overnight to 4C. 500-700m morning, lowest toward east; lifting above summits into afternoon, but some valleys staying close to zero.	4 or 5C. Above the summits.

Planning Outlook**All mountain areas of Britain from Monday, 14 January, 2019**

Changeable westerlies early in the new week, with cycles of freeze and thaw on the mountains. Precipitation frequent on western hills, with extensive low cloud. Very wet in W/NW Scotland on Tuesday, plus gales on many mountains.

A cold front passes southwards on Wednesday, and freezing levels will drop markedly. Showers of snow or hail to increasingly low levels Weds-Thurs. A complicated picture toward next weekend as low pressure drifts across the country, with a mix of snow and rain likely. The further outlook favours generally cold conditions becoming established.

Forecast issued at 15:31 on Saturday, 12 January, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.