

Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

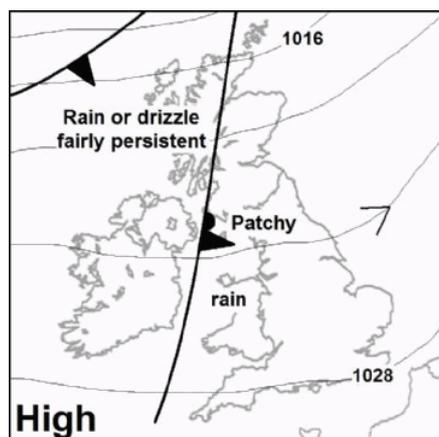


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General Summary for Tuesday, 19 March, 2019



British Mountain Summary:

Based on forecast chart for noon 19 March, 2019

Mild southwesterlies bring low cloud to western hills, with rain or drizzle frequent or persistent for several hours; wettest conditions focused on western Scotland. Patchier rain and higher cloud breaks toward the east. Blustery N England & Scotland, up to gale force far N/NW Highlands.

Headline for Southern Uplands

Patchy rain, mostly west. Blustery, gusty in places.

Detailed Forecast for Tuesday, 19 March, 2019

How windy? (On the summits)	Southwesterly 20 to 30, occasionally 35mph.
Effect of wind on you?	Walking impeded across hills, blustery in places through passes and cols. Notable wind chill in exposure.
How wet? (Precipitation and its impact)	A little rain Patches of rain or drizzle from time to time, most common west of the M74. Amounting to very little further east.
Cloud on the hills?	Most persistent west Banks of low cloud shrouding hills near Solway much of day from low levels up. Otherwise, cloud fairly extensive above 600-700m. Frequent breaks to tops toward the Lothians.
Chance of cloud free summits?	20% Dumfries & Galloway; 40% Cheviots; 60% Lothians.
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly Borders & Lothians. Visibility fairly good, but a general slight haze, locally murky Galloway.
How Cold? (at 750m)	3 to 5C, may lift a degree or so higher Borders. Directly in the wind on high tops feeling close to -6C.
Freezing Level	Above the summits. Higher terrain thawing.

Southern Uplands - Looking Ahead

	Wednesday 20 March	Thursday 21 March
How windy? (On the summits)	Southwesterly, 20 to 30mph, may strengthen later in day.	Southwesterly, 35 to 45mph, risk 55-60mph for a few hours.
Effect of wind on you?	Fairly small, but walking impeded at times on higher terrain and locally gusty through passes.	Arduous conditions across the hills, with sudden buffeting through passes and in places to lower slopes. Notable wind chill.
How wet? (Precipitation and its impact)	Small amounts of rain A little rain or drizzle now and again, mostly near/west of the M74, but barely more than spots in the wind many areas.	Rain or drizzle, mostly west Drizzly rain likely to come and go much of the day, most persistent on hills near and west of the M74. Amounts generally small, and very little toward eastern Borders.
Cloud on the hills?	Extensive, lowest west Fog shrouding many hills, particularly across Dumfries & Galloway, above 500-600m, and risk to lower slopes near Solway. Breaks to tops most common toward Lothians.	Extensive Foggy on many hills all day above 300-500m, lowest in Dumfries & Galloway, from lower slopes up on hills nearest Solway. Breaks to 600m or above toward the Lothians.
Chance of cloud free summits?	40%	20%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mostly Borders, but cloud thickening again from west through day. Murky many western areas, but visibility locally very good Borders & Lothians.	Glimpses of sun mostly Borders & Lothians. Generally murky, and visibility reduced further in rain/drizzle.
How Cold? (at 750m)	5 to 7C.	5 to 7C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Wednesday, 20 March, 2019**

A west to southwesterly airflow continues through this week and into the weekend. A series of frontal systems will move across Scotland, bringing frequent rain to the W/NW Highlands. Small amounts of rain E/SE Scotland. Winds reaching gale or severe gale force at times across the Highlands. Low cloud often plaguing western hills, even across England & Wales, although here rainfall typically patchy and light. Temperatures above freezing up to higher tops during midweek, with a gradual thaw, then cooler by Friday and the weekend, sub-zero at times on Scottish Munros. Highest tops in England & Wales rarely dropping below freezing. Into next week, most indications favour higher pressure and generally quieter weather.

Forecast issued at 14:38 on Monday, 18 March, 2019

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2019.