

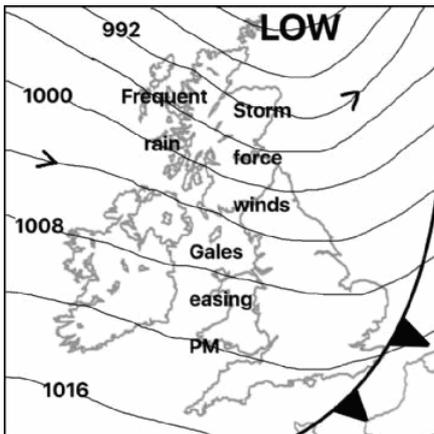
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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General Summary for Thursday, 14 June, 2018



British Mountain Summary:

Based on forecast chart for noon 14 June, 2018

A deep area of low pressure will bring a very windy day with widespread gales; storm-force winds over the hills of Scotland and Northern England. Winds gradually easing during the afternoon; most significantly England and Wales. Showers affecting many areas; these frequent across western Scotland, but easing across southern areas.

Headline for West Highlands

Very windy; storm-force winds. Frequent rain and significant wind chill.

Detailed Forecast for Thursday, 14 June, 2018

How windy? (On the Munros)	Southwesterly soon veering westerly, in the range 50-80mph; highest in the morning. Easing slowly later in the afternoon and evening.
Effect of wind on you?	Difficult walking conditions from exposed low ground upwards. Higher up any mobility difficult on some exposed areas. You could be blown over. Significant wind chill.
How wet?	Frequent rain, heavy showers Frequent showers coming in from the west will merge to give near constant and heavy bursts of rain over many hours; possible sleet high tops. Small risk of lightning.
Cloud on the hills?	Extensive, base lifting Widely shrouding the mountains at first, to low levels across many hills. Cloud base tending to lift through the day, with breaks often above 700 to 900m, or higher well inland PM.
Chance of cloud free Munros?	20-40%; highest across central Highlands
Sunshine and air clarity?	Brief glimpses of sun. Visibility very good at times, but reduced significantly by rain.
How Cold? (at 900m)	7C at first, but likely dropping, to 3 to 5C; coldest near/west of Loch Linnhe.
Freezing Level	Above the summits, but dropping close to 1300m in north.

West Highlands - Looking Ahead

	Friday 15 June	Saturday 16 June
How windy? (On the Munros) Effect of wind on you?	Southwest backing southerly, 20 to 25mph, perhaps 30mph northern tops at first. Fairly small, but may impede ease of walking some high tops.	Mostly variable in direction 5-10mph or less, but may strengthening later in the day to around 15mph coastal hills. Mostly negligible
How wet?	Occasional rain Rain on and off, perhaps frequent rain for a few hours, some heavy bursts locally, spreading increasingly further inland in the afternoon.	Scattered showers Isolated bursts of rain here and there from dawn. Scattered showers will then develop from late morning onwards; perhaps locally heavy with a risk of thunder. Some areas; especially along the coast, will stay dry.
Cloud on the hills?	Extensive higher areas Often covering the mountains, cloud base 700 to 800m, briefly lower in rain, although tending to lift through day. Well inland, especially Lochaber, breaks to 1000m or above.	Patchy fog clearing by midday Areas of low cloud will shroud the hills from dawn at varying heights, before lifting and breaking from mid morning. Most hills will become clear of cloud by midday, at least for a time, before some patches reform in and around showers.
Chance of cloud free Munros?	30%	60%
Sunshine and air clarity?	A little sun breaking through, mostly around Glen Spean. Visibility reduced by rain, but at times very good.	Occasional sunshine breaking through; perhaps becoming extensive along coast. Visibility generally becoming very good.
How Cold? (at 900m) Freezing Level	4 to 7C; coldest west. Above the summits.	5 lifting to around 8C Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 15 June, 2018**

Changeable conditions over the next week or so as frontal systems come in from the Atlantic. Spells of rain, most persistent on western mountains, accompanied by low cloud. Rain tending to focus on western Scotland next week, whilst England, Wales and the eastern Highlands should see just small amounts. Winds varied, but at times blustery, some days up to gale force on the mountains. Temperatures close to average, but cooler than recent times for many, particularly western Scotland.

Forecast issued at 16:34 on Wednesday, 13 June, 2018

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.