

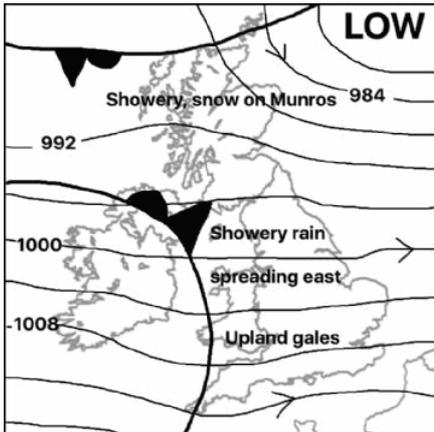
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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## General Summary for Saturday, 8 December, 2018



### British Mountain Summary:

**Based on forecast chart for noon 8 December, 2018**

Scotland: Gales easing from west. Areas of showery rain, snow over the Munros, will be most frequent in morning across the NW Highlands and N Cairngorms. Cloud extensive across higher areas.

England and Wales: Widespread gales resulting in significant wind chill. Showery rain spreading across all areas into afternoon.

### Headline for West Highlands

Gales/significant wind chill, soon easing for most. Showers, snow on Munros.

## Detailed Forecast for Saturday, 8 December, 2018

<b>How windy? (On the Munros)</b>	West to northwest 40-60mph post dawn will progressively ease to between 15 and 25mph by afternoon, but remaining near 40mph near Arran.
<b>Effect of wind on you?</b>	<b>Walking arduous or difficult from dawn with significant wind chill, but conditions will soon improve. May remain arduous on and near Arran.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Showery; snow Munros</b> Near/west of Loch Linnhe: Rain and drizzle, mostly morning, whilst snow above 900m snow will lead to patches of appalling visibility. Elsewhere, pockets of rain/snow before risk widespread precipitation spreading inland toward dusk.
<b>Cloud on the hills?</b>	<b>Never clearing most summits</b> Broadly, lowest most persistent cloud will be near/west of Loch Linnhe where banks of fog widely above 600m, perhaps lifting to 800 to 1100m afternoon. Elsewhere, fog stubbornly persisting some higher slopes but may break to or above 1100m for a few hours - but base dropping in rain.
<b>Chance of cloud free Munros?</b>	<b>30%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Occasional sun, mainly well inland. Visibility excellent away from precipitation.
<b>How Cold? (at 900m)</b>	1C
<b>Freezing Level</b>	1050m

## West Highlands - Looking Ahead

	Sunday 9 December	Monday 10 December
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	North to northwesterly, 20 to 30mph.  <b>Fairly small, but gusty around showers. Significant wind chill where exposed on higher areas.</b>	Direction likely to vary, 10-15mph or less. Will become southerly 15-20mph toward dusk.  <b>Marked wind chill developing toward dusk.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Isolated snow and hail showers</b> Scattered showers spreading from the north, mostly confined to coastal hills and northern Lochaber. Risk of hail. Rain only lower coastal slopes.	<b>Rare flurries. Risk patchy rain/snow later.</b> A few showers from dawn, particularly toward west coast, with snow falling above 700-900m. Patchy rain, snow higher tops, may develop toward dusk.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Tops occasionally clearing</b>  Patches likely to come and go above 900m in Lochaber and near west coast, briefly 700m around showers. Breaks to higher summits at times. Rarely capping tops in Loch Lomond NP.  <b>60%</b>	<b>May shroud higher areas much of day</b>  Banks of cloud on the hills from dawn, may or may not break and clear above 700-800m. Towards dusk, cloud will become increasingly extensive.  <b>40%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Frequent sunshine. The air generally very clear, but visibility briefly reduced where in snow and cloud.	A few glimpses of sun, mainly across central highlands in morning.  Visibility good for a time, but lowering in rain and more widely towards dusk.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	-1C falling to -3C from north.  850m, dropping to 650m in Lochaber.	Between -1C and 2C; highest west coast.  Around 800-1100m; highest along west coast, but some lower slopes inland remaining partially frozen after overnight

**Planning Outlook****All mountain areas of Britain from Sunday, 9 December, 2018**

Next week, a few showers/snow flurries in the west on Monday with banks of low cloud, largely fine, but cold in the east/northeast. From Tuesday onwards, unsettled conditions are likely to come back in from the Atlantic bringing bouts of gales and rain for all areas, and at times upland snow in the north as freeze-thaw cycles occur across the Scottish Highlands. Across England and Wales, temperatures occasionally below freezing.

**Forecast issued at 14:54 on Friday, 7 December, 2018**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.