

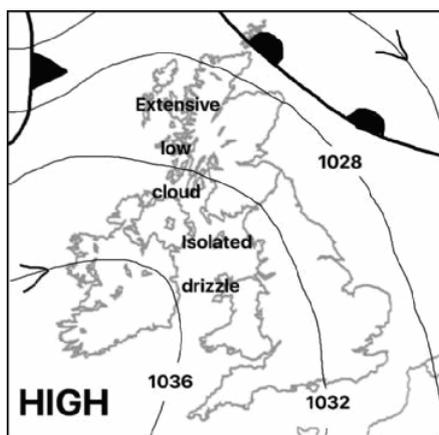
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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## General Summary for Friday, 11 January, 2019



### British Mountain Summary:

**Based on forecast chart for noon 11 January, 2019**

Moist and blustery westerly winds will result in extensive cloud shrouding many hills with patches of drizzle; especially across western Scotland. However, little if any drizzle will affect the Pennines where cloud will be confined to higher western tops.

### Headline for West Highlands

Blustery and damp with extensive hill fog and drizzle.

## Detailed Forecast for Friday, 11 January, 2019

|   |  |
|---|--|
| <b>How windy? (On the Munros)</b>                 | Westerly 25 to locally 30mph.  |
| <b>Effect of wind on you?</b>                     | <b>Will impede ease of walking on higher areas, although locally walking arduous.</b>  |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Occasional drizzle</b><br>Intermittent drizzly rain, frequent western hills, where most of the day damp, but total rainfall small. Snow or snow grains on higher slopes. On central highlands south to eastern Loch Lomond NP, light rain or drizzle only rarely. |
| <b>Cloud on the hills?</b>                        | <b>Extensive</b><br>Shrouding many mountains above 600 to 800m, lowest toward the west coast, where forming on lower slopes in places. On central highlands and eastern Loch Lomond NP, some breaks to 900m or above.  |
| <b>Chance of cloud free Munros?</b>               | <b>20%</b>   |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Little or no sun.<br>A general haze western mountains; visibility good well inland.  |
| <b>How Cold? (at 900m)</b>                        | 1 or 2C  |
| <b>Freezing Level</b>                             | 1100m or above.<br>Higher terrain widely frozen.   |

## West Highlands - Looking Ahead

|   | <b>Saturday 12 January</b>  | <b>Sunday 13 January</b>  |
|---|---|---|
| <b>How windy? (On the Munros)</b>                 | Westerly 40 to perhaps 50mph  | West veering northwest, 45 to 65mph, may ease towards dusk.   |
| <b>Effect of wind on you?</b>                     | <b>Walking difficult, and wind chill significant, where exposed on higher areas.</b>  | <b>Walking difficult across higher areas, and locally at times to lower slopes, with significant wind chill.</b>  |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Rain most of the day</b><br>A band of almost constant rain, or initially snow above 900m, will advance northeastwards. Possibly dry for several hours, and then the rain only intermittent across central highlands.   | <b>Frequent rain</b><br>Persistent rain from dawn will tend to give way to frequent showers by mid to late morning. These progressively falling as snow down to 600-700m through the day.   |
| <b>Cloud on the hills?</b>                        | <b>Extensive</b><br><br>Some summits initially cloud free, mainly central highlands; but blanket fog from lower slopes up near the coast, will spread slowly inland, although as it does, the base will lift toward 650m. | <b>Extensive</b><br><br>Cloud will shroud the hills fairly extensively through the day with bases around 600-800m, but patches lowering in the west down to 300-400m in precipitation. Best of the breaks will be across areas south of Rannoch Moor. |
| <b>Chance of cloud free Munros?</b>               | <b>20%</b>  | <b>20%</b>  |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Sunshine unlikely.<br>Visibility frequently reduced by precipitation, most significantly toward the coast.  | Rare glimpses of sun, mainly from Rannoch Moor southwards.<br><br>Visibility often reduced due to precipitation.  |
| <b>How Cold? (at 900m)</b>                        | 1C rising to 4C.  | Around 3 or 4C at dawn, lowering to 0C.   |
| <b>Freezing Level</b>                             | 1050m, rising from southwest to above the summits (although timing of the change uncertain as yet),   | Above the summits at dawn, lowering to 900m.  |

**Planning Outlook****All mountain areas of Britain from Saturday, 12 January, 2019**

A gradual change this weekend and into next week as a broad band of generally westerly winds becomes established. Precipitation will fall, mainly on western mountains, as fronts come through and upland gales will be frequent, particularly Scottish Highlands.

Temperature wise, a more typical range with freeze thaw cycles on the Scottish Highlands, allowing some accumulation of snow on the Munros. Elsewhere, higher summits occasionally below freezing point, but lying snow, if any, transient.

**Forecast issued at 15:32 on Thursday, 10 January, 2019**

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