

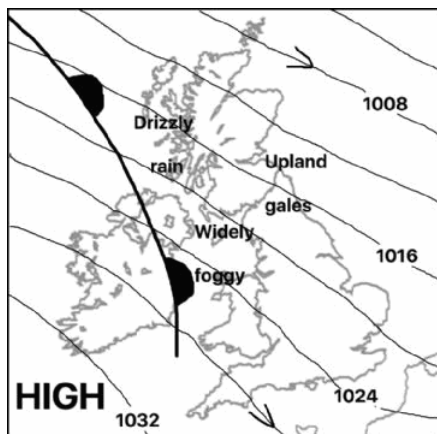
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



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General Summary for Saturday, 12 January, 2019



British Mountain Summary: Based on forecast chart for noon 12 January, 2019

A windy day across all hills with strong to gale force westerly winds resulting in significant chill. Extensive low cloud across many hills, highest bases and best breaks across eastern areas. Patches of drizzly rain; these frequent and later heavy across western Scotland.

Headline for West Highlands

Windy with rain increasingly frequent and widespread upland gales.

Detailed Forecast for Saturday, 12 January, 2019

How windy? (On the Munros)	Westerly 45-65mph
Effect of wind on you?	Walking difficult, or locally very difficult, with significant buffeting and wind chill.
How wet? (Precipitation and its impact)	Rain increasingly frequent. Frequent drizzly showers will drive in from the west through the day, snow initially above 900m, but rain to all levels during the afternoon. Towards dusk, rain will become heavy across hills near and west of Loch Linnhe.
Cloud on the hills?	Extensive Extensive low cloud will shroud the hills through the day. Through the morning, bases generally around 500-800m; highest well inland. However, into the afternoon, bases progressively lowering to around 200-500m, lowest toward coast.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Sunshine unlikely. Visibility frequently reduced by precipitation, most significantly toward the coast.
How Cold? (at 900m)	1C rising to 4C. Feeling closer to -15C in direct exposure to the wind.
Freezing Level	1050m, rising from southwest to above the summits by afternoon.

West Highlands - Looking Ahead

	Sunday 13 January	Monday 14 January
How windy? (On the Munros) Effect of wind on you?	West veering northwest, 45 to 65mph, may ease towards dusk. Walking difficult across higher areas, and locally at times to lower slopes, with significant wind chill.	Low confidence in detail of forecast: Northwesterly 15-25mph, risk 30mph around dawn. May impede walking for a few hours around dawn with significant wind chill.
How wet? (Precipitation and its impact)	Frequent rain Persistent rain from dawn will tend to give way to frequent showers by late morning. These progressively falling as snow down to 600-700m through the day.	Increasing risk of drizzly rain late in day. Largely dry morning, but increasing threat of drizzly rain, snow or snow grains above 700m, spreading in during the afternoon.
Cloud on the hills? Chance of cloud free Munros?	Extensive Cloud will shroud the hills fairly extensively through the day with bases around 600-800m, but patches lowering in the west down to 300-400m in precipitation. Best of the breaks will be across areas south of Rannoch Moor. 20%	Becoming extensive in afternoon Areas of cloud will come and go above 800-1000m in the morning, most persistent towards west coast. Through afternoon, cloud will lower and become fairly extensive above 500-700m; patches down to 200-400m by dusk. 40%
Sunshine? Air clarity (below cloud)	Rare glimpses of sun, mainly from Rannoch Moor southwards. Visibility often reduced due to precipitation.	Patches of sun from dawn will tend to give way to overcast skies by the afternoon. Visibility generally very good, but may become murky towards coast later.
How Cold? (at 900m) Freezing Level	Around 3 or 4C at dawn, lowering to 0C. Above the summits at dawn, lowering to 900m.	-3C lifting to -1c Around 500m lifting to 800m, but much of terrain remaining partially frozen after frost at dawn.

Planning Outlook**All mountain areas of Britain from Sunday, 13 January, 2019**

A gradual change into next week as a broad band of generally westerly winds becomes established. Precipitation will fall, mainly on western mountains, as fronts come through and upland gales will be frequent, particularly Scottish Highlands. Temperature wise, a more typical range with freeze thaw cycles on the Scottish Highlands, allowing some accumulation of snow on the Munros. Elsewhere, higher summits occasionally below freezing point, but lying snow, if any, transient.

Forecast issued at 15:53 on Friday, 11 January, 2019

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