

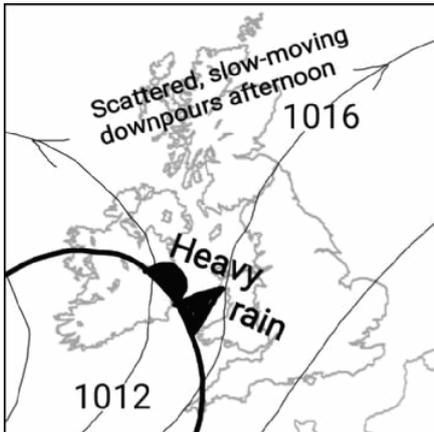
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Monday, 10 July, 2023



British Mountain Summary:

Based on forecast chart for noon 10 July, 2023

Scotland: Southerly or variable wind. Some early patchy rain near west coast. Scattered, slow-moving, showers forming, some afternoon downpours with the risk of local thunderstorms.

England and Wales: Blustery southerly wind. Heavy rain, with risk of thunderstorms, edging north through the day.

Headline for Cairngorms NP and Monadhliath

Scattered, slow-moving, showers or downpours forming. Hill fog in rain.

Detailed Forecast for Monday, 10 July, 2023

How windy? (On the Munros)	Southerly or variable, 10 to 15mph. May strengthen later in day.
Effect of wind on you?	Fairly small
How wet? (Precipitation and its impact)	Scattered downpours forming, risk lightning Local bursts of rain possible from dawn, fading for a time. Scattered showers forming, some heavy bursts by afternoon onward. May locally merge into an hour or more of rain. Risk of thunder and lightning.
Cloud on the hills?	Clearances to tops, but forming widely in scattered downpours. Varied extent of cloud, some patches on lower and middle slopes in the morning. Some breaks toward higher tops, but if rain fills in, cloud will lower extensively across the hills, patches from forest canopies up.
Chance of cloud free Munros?	70% away from rain, but 40% in rain.
Sunshine? Air clarity (below cloud)	Occasional sun, but skies filling in with cloud as showers develop. Visibility very good for periods, but poor in rain.
How Cold? (at 900m)	9C rising to 12C.
Freezing Level	Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Tuesday 11 July	Wednesday 12 July
How windy? (On the Munros) Effect of wind on you?	Speed and direction likely to vary, marked lulls, but sudden gusts around rain. Later north to northwesterly 25mph. Often small, but risk becoming increasingly blustery and feeling chilly on higher terrain.	West later northwesterly, generally 25 to 40mph, but perhaps periods around showers where lifts up to 50mph. Be prepared for arduous conditions for periods, perhaps even difficult in and around showers. Significant wind chill.
How wet? (Precipitation and its impact)	Heavy bursts, risk lightning Local detail uncertain as areas of rain rotate around a broad centre of low pressure over Scotland. Heavy bursts forming, risk merging into a few hours of rain. Localised thunderstorms possible.	Showers, afternoon thundery downpours Detail uncertain: Local drizzle/residual showers at first fading. Then dry for a time, before further showers develop; risk thundery downpours afternoon.
Cloud on the hills?	Fairly extensive Shrouding the mountains most or all day, local variations in and out of rain. Ragged patches lower slopes upward during/after heavier rain. If drier, some breaks may form to higher slopes, perhaps between cloud banks.	Varied, lowering onto hills in rain. Varied. Early patches at first within any residual drizzle will clear. Then breaks to the tops, but as showers form, ragged patches may form at varying heights.
Chance of cloud free Munros?	30%	60%
Sunshine? Air clarity (below cloud)	Mostly cloudy, brief glimpses of sun, weak due to high cloud. Visibility good away from rain, but many mountains misty, poor conditions in rain.	Skies filled in with cloud often, but some glimpses of sun. Visibility very good, but poor in rain.
How Cold? (at 900m) Freezing Level	7C, little change all day. If wind strengthens, will feel near/below freezing on higher tops. Above the summits	6 or 7C Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 11 July, 2023**

Staying unsettled through this week with low pressure dominant. Areas of rain and showers will affect all areas. Heavy bursts with a risk of thunderstorms. Temperatures on the cool side across the mountains. Wind speeds will vary, typically west or southwesterly, some lulls, but at times strong giving marked wind chill.

Indications favour unsettled weather continuing through next weekend into the start of the following week with low pressure close to Scotland. Unlikely to see any very warm weather returning in the next couple of weeks.

Forecast issued at 16:44 on Sunday, 9 July, 2023

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2023.