

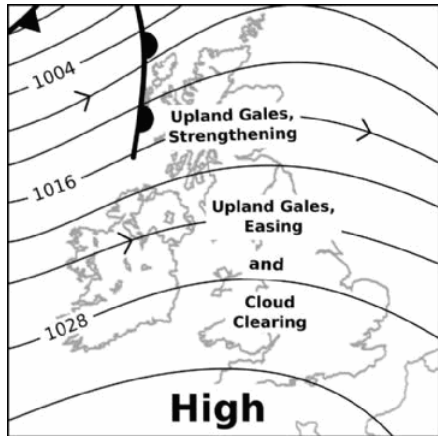
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Friday, 26 January, 2024



### British Mountain Summary: Based on forecast chart for noon 26 January, 2024

Highlands: Upland gales getting stronger through the day. Snow and hail on and off all day along the west coast but mostly dry in the east.  
England, Wales & Southern Uplands: Upland gales tending to ease and becoming dry with only very isolated showers. Many summits cloud free and bursts of sunshine. Remaining cool.

### Headline for Cairngorms NP and Monadhliath Upland gales getting stronger

## Detailed Forecast for Friday, 26 January, 2024

How windy? (On the Munros)	Westerly 45mph gradually backing to southwesterly, soon increasing to 55mph.
Effect of wind on you?	Walking increasingly difficult on higher areas; at times gusts could blow you over, particularly near precipitation. Severe wind chill.
How wet? (Precipitation and its impact)	<b>Very occasional snow and hail showers</b> Brief snow and hail showers, falling as rain on lowest slopes. Toward and east of Braemar mostly dry.
Cloud on the hills?	<b>Rarely clearing higher tops</b> Varying cloud base: patches below 700m near precipitation. Otherwise, base typically 1000 to 1200m, generally highest toward and east of Braemar where higher tops may clear at times.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Bursts of sunshine, although frequent sun near and east of Braemar. Slight haze.
How Cold? (at 900m)	-2C. Will feel as cold as -20C directly in the wind. Warming overnight.
Freezing Level	750m. Rising to 1100m overnight.

## Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 27 January	Sunday 28 January
<b>How windy? (On the Munros)</b>	Southwesterly 50 to 60mph. Possibly easing to 35 to 50mph from midday.	Southwesterly 60 to 90mph.
<b>Effect of wind on you?</b>	<b>Difficult or very difficult walking conditions at first; you may be blown over. Beware strong gusts through cols and on down slopes. Severe wind</b>	<b>Walking very challenging or impossible. Very powerful gusts will occasionally reach lower sheltered slopes. Severe wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Little or no precipitation</b>	<b>Mostly dry at first</b>  Dry in many places but risk of drizzle on Ben Alder. Rain may arrive from the west in the afternoon or evening.
<b>Cloud on the hills?</b>	<b>Cloud coming and going on higher summits</b>  Higher summits and Cairngorm plateau will be in and out of cloud through the day above around 1000m. Highest cloud base well east of the A9.	<b>Pockets of cloud, becoming extensive</b>  Pockets of cloud on higher ground. Becoming extensive when rain arrives.
<b>Chance of cloud free Munros?</b>	<b>40%</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patches of sunshine. Good visibility.	Pockets of sunshine. Very hazy.
<b>How Cold? (at 900m)</b>	1C. Feeling -15C or colder in the wind.	4C, feeling below -10C in the wind.
<b>Freezing Level</b>	1000m, rising above summits by afternoon.	Above summits

## Planning Outlook

### All mountain areas of Britain from Saturday, 27 January, 2024

Total rainfall will be very small in Wales, the Peak District and the southern Pennines over the weekend and beyond. High winds over the weekend will temporarily ease for a day to two early next week. Periods of freezing temperatures will be brief on higher summits away from the Highlands, whilst across the Scottish Highlands, there will be a series of freeze-thaw cycles. Fronts continue to move across the Highlands, particularly the north west.

### Forecast issued at 16:20 on Thursday, 25 January, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.