

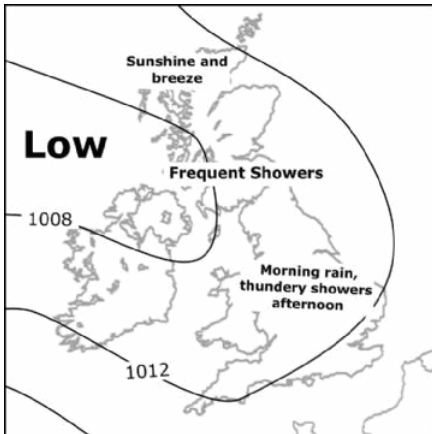
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Sunday, 26 May, 2024



British Mountain Summary:

Based on forecast chart for noon 26 May, 2024

Low pressure system drifting from the Atlantic brings unstable weather, lot of clouds, frequent showers and more than occasional thunderstorms, especially in northern England. Strong gusts are expected by thunderstorms, especially in Welsh mountains and in Peak District. Best conditions likely in Northwest Highlands.

Headline for Cairngorms NP and Monadhliath

Often dull, later showers, local thunder. Gusty on high tops.

Detailed Forecast for Sunday, 26 May, 2024

| | |
|--|--|
| How windy? (On the Munros) | East to southeasterly, 20 to 30mph, with gusts up to 40mph possible on the highest tops. |
| Effect of wind on you? | Fairly small, on the highest tops moderate at times, there walking impeded. |
| How wet? (Precipitation and its impact) | Dry start, soon showers and isolated thunder. Likely dry morning apart from few rain spots in vicinity of highest tops. Around noon widely developing showers and risk of isolated thunder. North of Ben Macdui dry for longer, there rain before noon unlikely. |
| Cloud on the hills? | Hills covered most of the day. Only some hills clear in the morning, most likely those near Strathspey. Later lowering bases and hardly any tops clear. |
| Chance of cloud free Munros? | 40% falling to 10% |
| Sunshine? Air clarity (below cloud) | Few sunbeams in the morning toward northern Cairngorms, later with dense clouds hardly any sunshine. Visibility moderate at start, worsening. |
| How Cold? (at 900m) | 6 to 9C, feeling close to freezing where exposed to strong winds. |
| Freezing Level | Above the summits. |

Cairngorms NP and Monadhliath - Looking Ahead

| | Monday 27 May | Tuesday 28 May |
|--|---|--|
| How windy? (On the Munros) Effect of wind on you? | Variable, 10 to 20mph, in the afternoon changing to westerly and strengthening, with gusts up to 35mph. Small at start, starting to affect walking in the afternoon - risk of sudden buffeting gusts near around thunderstorms. | Low confidence: South to southeasterly 10 to 20mph, but risk sudden gusts to 30mph or so in any showers that form. Mostly small, but scope for sudden gusty conditions in and around any heavy showers that develop. |
| How wet? (Precipitation and its impact) | Dry start, soon showers, north thundery. Dry at start, around noon widely developing showers, increasing risk of thunderstorms after noon, highest toward Strathspey and Deeside. | Risk of heavy showers forming From dawn, mostly dry, but risk of bursts of rain here and there edging up from south. Toward and into afternoon, potential for heavy showers to form, risk thunder. |
| Cloud on the hills? | Morning widely covered, afternoon by thunderstorms. Hills extensively covered at start, lifting during the day, mostly clearing the tops. Clouds return to the hills in locations of downpours. | Cloud banks varying, best breaks north. Be prepared for some banks of cloud at varying heights, most extensive eastern hills in morning, and during any afternoon downpours. Best breaks in the north. |
| Chance of cloud free Munros? | 10%, later 60% | 40% in south, 60% in the north. |
| Sunshine? Air clarity (below cloud) | Few sunbeams at best in the morning toward easternmost Cairngorms, later hardly any sunshine. Good visibility if below clouds, worsening by thunderstorms. | High cloud increasing from south, but scope for some patches of sun, before clouds tend to bubble up. Visibility mostly very good, poor in rain. |
| How Cold? (at 900m) Freezing Level | 6 to 9C. As wind strengthens will feel near or even below freezing on higher terrain. Above the summits. | 7C Above the summits |

Planning Outlook

All mountain areas of Britain from Monday, 27 May, 2024

Bank Holiday is likely to stay wet in Scotland and northern England, with widely spread showers from the Highlands to the Lakes. Occasional showers may also sweep across Pennines and Snowdonia. Warm front from the west coming on Tuesday brings more persistent, but usually less intense rain. Following this, a northerly flow and high pressure building from the west, brings optimism for improving conditions and sunnier end of the week, while temperatures likely staying similar or even dropping slightly.

Forecast issued at 16:14 on Saturday, 25 May, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.