

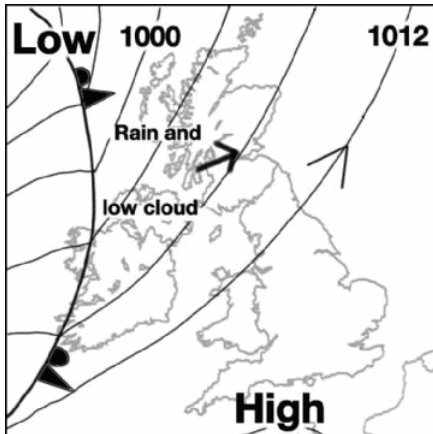
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 2 August, 2024



British Mountain Summary:

Based on forecast chart for noon 2 August, 2024

Rain and will advance gradually across Scotland from the middle of the day onwards, and in evening reach mountains close to the Irish Sea. There will also be areas of low cloud. Nevertheless, for many areas, including east Scotland extensively dry and warm. Upland wind approaching gale force western Scotland.

Headline for Cairngorms NP and Monadhliath

Increasingly windy; risk upland gales. A little rain later afternoon onwards.

Detailed Forecast for Friday, 2 August, 2024

How windy? (On the Munros)	Southerly, soon 20-30mph, strengthening during the day to 35mph, perhaps later on Cairngorm plateau 50mph.
Effect of wind on you?	Walking becoming arduous: widespread buffeting, sudden gusts, even on some lower slopes, will unbalance you.
How wet? (Precipitation and its impact)	Rain, mainly afternoon/evening west of A9 The odd burst of rain almost anywhere. More frequent rain will through afternoon start west of A9, spread east, by late afternoon a little in Deeside. Total rainfall very small Monadhliath to Cairngorms and Deeside.
Cloud on the hills? Chance of cloud free Munros?	Many summits cloud free Ben Alder east southern in Cairngorms NP east from Drumochter: fog above 600 to 800m after dawn, lifting to 1050m or above for a few hours before lowering to or below 600m in rain late in day. Elsewhere: patches toward evening above 900 to 1050m. 70% dropping to 40%
Sunshine? Air clarity (below cloud)	Occasional sun, mainly toward Deeside. Very good or excellent visibility, although more haze than recently
How Cold? (at 900m) Freezing Level	14C Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 3 August	Sunday 4 August
How windy? (On the Munros) Effect of wind on you?	West to southwesterly typically 15 to 25mph; probably strongest afternoon Fairly small, locally gusty on highest tops.	Southerly, strengthening, at first 20mph, becoming 35mph, perhaps gusty 40mph in places. Starting mostly small, but deteriorating toward the evening, walking becoming arduous. Considerable wind chill.
How wet? (Precipitation and its impact)	Shower developing From late morning or midday scattered showers, some heavy.	Starting mostly dry, rain moving in later Extensively dry morning, later in the day occasional rain moving in from the west.
Cloud on the hills? Chance of cloud free Munros?	Hills nearly all clearing during morning Cloud for a few hours on higher areas, mainly Ben Alder eastwards to summits near and east of Drumochter, where may come and go above 1050m all day. Otherwise, just patches of cloud on higher areas near showers. 70%	Hills extensively cloud-free Cloud mostly above the hills, perhaps in the morning cloud patches on various levels. 80%
Sunshine? Air clarity (below cloud)	Bright sunshine with mostly fair weather clouds. Mostly excellent or superb visibility.	Some sun in the morning, becoming covered by high and mid-level clouds in the afternoon. Visibility excellent.
How Cold? (at 900m) Freezing Level	7 rising to 12C Above the summits	8 to 11C, may feel distinctly colder in wind Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 3 August, 2024

Low pressure centres, mostly passing northwest of Scotland), and their associated fronts, will intermittently windy and wet conditions next week. Most rainfall will be on western mountains, with considerable rainfall on the W & NW highlands of Scotland. Frequently windy across Scotland. Lowest rainfall will be in eastern Scotland, the southern Pennines and easternmost Wales. Temperature wise warm and very humid on Monday, but through the week generally colder than this week.

Forecast issued at 15:32 on Thursday, 1 August, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.