

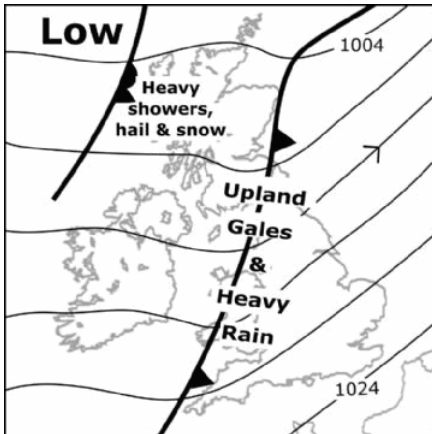
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 4 February, 2025



British Mountain Summary:

Based on forecast chart for noon 4 February, 2025

A cold front moving southeastwards brings heavy rain to southern Scotland, England & Wales, accompanied by severe gales on higher mountains. The wind moderates for periods across Scotland, but squally showers will develop increasingly, becoming heavier, with hail and snow to lowering elevations as the temperature falls.

Headline for Cairngorms NP and Monadhliath

Early gales lessen. Intermittent rain, then showers, increasingly snow.

Detailed Forecast for Tuesday, 4 February, 2025

How windy? (On the Munros)	Southwesterly 45mph up to 60mph higher Cairngorm plateau for a few hours from dawn; sudden gusts lower down at first. Lessening, becoming variable around 25mph, locally less. Gusts increase later in showers. Returning to 40-50mph into the night.
Effect of wind on you?	Walking difficult early morning on higher exposed areas with significant wind chill, but improving. By middle of day often fairly small. Deteriorating again into night.
How wet? (Precipitation and its impact)	Early rain, later snow and hail showers Rain fairly persistent from before dawn, heaviest southwest Cairngorms NP, fading. Turning to patchy sleet then snow flurries on the Munros, but amounts small for a few hours. Later in day, showers with hail, snow to 500m. Very wet underfoot where snow has melted.
Cloud on the hills?	Lifting to upper slopes, some breaks Extensive across the mountains in the morning, lowest southern areas. Bases rising to 900m or above, some higher breaks toward northern Cairngorms. Varied in and out of showers later.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Glimpses of sun developing mainly Glenmore to Lecht. Visibility improving to be often very good, locally reduced in precipitation.
How Cold? (at 900m)	+2C from before dawn, lowering during morning to 0C, then -2C later in day. Wind chill varied, below -10C in stronger speeds at first.
Freezing Level	Above the summits early in the day, dropping during morning toward 900m, by dusk 700m. Icy surfaces forming on tops.

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 5 February	Thursday 6 February
How windy? (On the Munros) Effect of wind on you?	West to southwesterly, 30mph, up to 50mph in places higher Cairngorm plateau; local downslope gusts; lessening. Blustery over higher slopes, more arduous on some exposed high tops plus buffeting gusts toward east. Significant wind chill.	Southerly 25mph, but risk gusty 40mph on some higher summits and locally downslope from northern corries. Affecting comfortable walking in places on upper slopes; sudden buffeting some mid-slopes in north; considerable wind chill.
How wet? (Precipitation and its impact)	Possible snow or hail showers briefly One or two brief showers of snow or hail passing from west to east, mainly morning. Fading out to be largely dry, particularly east and northeastern areas.	No precipitation
Cloud on the hills?	Clearing tops for periods Patches of cloud likely to come and go on higher slopes in the morning, mostly western parts of Cairngorms NP, above 900m. Breaks to most tops at times.	Very little Patches of cloud drifting around some slopes and possibly corries, mainly southern Cairngorms NP. Most summits often clear.
Chance of cloud free Munros?	60%	80%
Sunshine? Air clarity (below cloud)	Intermittent sunshine, best toward east. Visibility mostly very good.	Generally sunny. Visibility excellent.
How Cold? (at 900m) Freezing Level	-2C rising to 0C. Wind chill feeling like -10 to -15C. 600-700m, plus frost in some glens from dawn, rising slowly just above freezing point to 900m, locally higher toward east.	0 or 1C, but some slopes rising near 5C, particularly north of the Cairngorms. Wind chill feeling like -7C. Terrain frozen or part-frozen, including frost in most glens early morning. Gradual thawing at many elevations in the sun.

Planning Outlook**All mountain areas of Britain from Wednesday, 5 February, 2025**

High pressure builds from the south during Wednesday bringing often dry conditions in the extended outlook. On many higher areas, the terrain largely frozen, although air temperature on some upper slopes will rise above freezing at times, some thawing in sunlight then overnight refreezing likely. Frost common into the valleys. Gusty south to southeasterly winds toward west coast of Scotland late this week, periods of lighter winds elsewhere. Chilly east to southeasterlies prevail into mid-February, bringing some snow flurries at times to hills, mainly Pennines & Wales. West and especially northwest Scotland largely dry, often sunny.

Forecast issued at 15:40 on Monday, 3 February, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.